Institute of the Servants of Charity

Let my prayer arise before you like incense

Manual of Prayer for the Guanellian Family

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All the liturgical texts contained in this booklet have been approved by the National Conferences of Catholic Bishops of the English speaking countries and confirmed by the Apostolic See.

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# Introductory note on prayer

DISCIPLES OF A MAN OF PRAYER.

Blessed Louis Guanella left us two slogans describing our human adventure enlightened by the Divine: "It is God at work", and "Prayer and Suffering". These two short sentences give us the dimension of his spiritual life and journey in communion with God, almost like two wings raising us above human realities to go and see the heavenly ones.

Prayer is fundamental for the Christian life, for believers who live in time knowing, however, that they have to go beyond it. Through prayer they exemplify their being creatures aware that everything comes from God, Father of mercy, with whom they establish a filial relationship.

From his writings on prayer, Father Guanella shows an attitude of filial obedience to what the Lord is asking from him through his prayer.

Praying is the immersion of a Christian person into the transcendence allowing the spirit of humility and adoration to emerge and make that person receptive to the Lord.

Praying is to confess to ourselves and to others that the meaning of things, world and history should be found somewhere else. Without humility we cannot talk to God. The Catechism says that "humility is the foundation of prayer. Only when we humbly acknowledge that we do not know how to pray as we ought, we are ready to receive freely the gift of prayer. Man is a beggar before God".

#### PRAYER AS GIFT.

Jesus said to the Samaritan woman, "If only you knew the gift of God!". The wonder of prayer is revealed beside the well where we come seeking water. There, Christ comes to meet every human being. It is He who first seeks us and asks us for a drink. Jesus thirsts. His asking arises from the depths of God's desire for us. Whether we realize it or not, prayer is the encounter of God's thirst with ours. God thirsts that we may thirst for him (CCC 2560).

Prayer is a gift, a grace, but also a free answer. In fact, prayer is the place where God's grace and man's freedom are coming together to build God's kingdom and transform man's life.

Father Guanella comments, "As the Lord formed man from out of the clay of the ground and blew into his nostrils the breath of life, so it is the breath of the Holy Spirit shaping the life of the Religious and making it an extension of Christ's life who walked among us doing good to all."

DIFFERENT KINDS OF PRAYER.

Father Guanella, when talking to his Religious, used to compare their consecration to the Lord to the "...fire,

which warms up, makes the engine move, melts mineral and liquefies metals. The fire of charity of Jesus Christ gives life to a Christian Religious, makes him act with haste in the works of good, gives him strength to inspire his heart and the hearts of others...The pious exercises of the Community consist especially in vocal prayer, mental prayer, spiritual readings, and above all in adoration of the Blessed Sacrament. These practices are like instruments to build our sanctification (R 1910, XII).

# VOCAL PRAYER.

Vocal prayer expresses in an external way the feelings of our heart. God wanted to talk to man with human words and our talking to him is shaped by words coming from our heart and pronounced by our mouth. When the apostles asked Jesus to teach them how to pray, he taught them the Our Father. Jesus, model of the adorer of the Father in Spirit and Truth, did not use only prayers used in the synagogues, but many times he prays to the Father with his own words. Father Guanella says that "a well-done vocal prayer requires the thoughts of mind and the affections of the heart to help us to really unite ourselves to God and obtain graces from him". It is the first step toward con-

templation of the Lord, creator of all perfections. It is "like steel which is stricken on flint stone to develop sparks to light a fire which is good for home and social needs...People understand each other by talking to each other. However, that should not be enough. To be able to understand people we have to talk first with the Lord who is the way, the truth and the life". Vocal prayer, by its very nature, becomes manifestation of the prayer of a community gathered together before the Lord.

# MENTAL PRAYER.

Mental prayer first helps to give sense to the many questions arising from our human life and to give an answer. Secondly, to understand and accept God's will. Father Guanella compares his Servants of Charity "to little swallows, who cry with piercing screams. They cry above all when their mother comes to place little insects in their mouths".

Meditation opens mind and heart to the Word of God, to the Saints, to our life. To the Daughters of St. Mary of Providence, the Founder wrote, "Be eager for the Word of God. This sacred hunger shows what a Religious of good spirit should be. God's Word instructs the mind, strengthens the will, is an incentive to work, and stirs the heart to holiness...I repeat, be eager for the Sacred Scripture, especially for the Gospel of Jesus Christ. Why go to quench our thirst at little streams when we have the royal river flowing from that abundant and crystal clear source which never fails?... Meditation is the first and best exercise of piety because it should accompany all of your pious practices, or rather, it should be the essence of them all. As Religious you must have a thirst for the Word of God. It is precisely in meditation that God makes you realize his words, his will, the happiness of following him on the path of suffering (DSMP, Reg.XXI)".

### PRAYER OF ADORATION.

The Religious is the Christian who has put God as the ultimate and absolute value of life. Adoring Him is to recognize in words and deeds that He is the Creator, the Lord, the Savior, the Father of mercy, the only One before whom we kneel. It is to recognize our being nothing, and God our all. Through prayer the three theological virtues express the fullness of God present in the human heart. Prayer is not only an absolutely necessary act to reach the Lord (it is necessary to pray all the time without getting tired), but also to accept what He requests from us in great obedience as his true children, not as slaves.

# PRAYER IN THE TRADITION AND LIFE OF A GUANELLIAN RELIGIOUS.

The charism of Father Guanella, foundation also of his prayer, is the firm belief that God is a Father and we are his children. His prayer is all the time looking to the face of the Father. "Father, I want to come to you... I cannot stay away any longer without seeing you!" (Let us go to the Father, II). In this longing, prayer is a walking toward the Lord and let Him come to us. "I am a father to you, and you are my children...Here I am to save all... Come to me, my children, so that I can embrace you" (see above).

However, we cannot go to the Father without our brothers and sisters, especially our poor. The Constitutions of the Servants of Charity state, "We journey to the Father enriched by the presence of our brethren, especially the poorest: we share their sufferings and aspirations, we stay with them and pray with them, happy to share fraternally faith, hope, love" (C 30c).

The Guanellian prayer is totally centered on love: a love that is man's answer to the fatherly love of God. As we need air to breath and be alive, so the believer needs prayer.

"As you light the fire by the breath of your lips, so by the spiritual breath of your prayer you will light the fire of your zeal and charity... The Guanellian Religious may be a man of vocal prayer, of mental prayer, so that he may be able to ascend to God as a bird goes high in the sky".

Blessed Louis Guanella wrote, "O soul in love of God, cry with all your heart: "Abba-Father" and you will see!".

May you see and meet the Lord, helped also by this manual of prayer.

# Important dates in the life of blessed Luigi Guanella

# **DECEMBER 19, 1842:**

Luigi Guanella was born in Fraciscio di Campodolcino, province of Sondrio, a village at the feet of the Italian Alps, the ninth child of Lorenzo Guanella and Maria Bianchi. The following day he was baptized.

# APRIL 8, 1852:

On this day, Holy Thursday, Luigi received his First Communion. Later on, in the nearby Gualdera, while attending the sheep and thanking the Lord for the great gift of the Eucharist, the Blessed Mother appears showing him a vision on his future charitable works.

# MAY 26, 1866:

Luigi was ordained a priest for the Diocese of Como by Bishop Frascolla, an Italian bishop in political exile in Como City. At that time the diocese of Como had not its usual resident bishop.

# MAY 31, 1866:

Corpus Christi Solemnity. Father Luigi celebrated his First Solemn Mass of Thanksgiving in Prosto where he was appointed to serve his first year of priestly ministry.

# JANUARY 29, 1875:

Father Luigi joined the Salesians of St. John Bosco in Turin for three years because of the many persecutions from the civil authorities and incomprehensions from his brohers priests and bishop.

### **SEPTEMBER 16, 1878:**

Father Guanella returned to his diocese of Como upon his Bishop's request.

# **MARCH 1881:**

Because of his writing and preaching against the anticlerical Italian government, Father Guanella was confined to Olmo, a tiny village on the top of a mountain facing Switzerland, by his Bishop, forced to do that by the civil authorities.

### NOVEMBER 1881:

Father Guanella is appointed pastor of Pianello Lario on the Lake of Como. There he took charge of a little house just begun by his predecessor, the saintly Father Carlo Coppini, and run by four local young women. From that little seed, the new Religious Congregation of the Daughters of Saint Mary of Providence had its beginning.

# **APRIL 1886:**

Beginning of the Mother House in Como with Sister Clare Bosatta (beatified by Pope John Paul II on April 21, 1991).

# MARCH 24, 1908:

In Como, first Religious Profession of the Founder with the first Servants of Charity.

# DECEMBER 1912 - FEBRUARY 1913:

Father Guanella's journey through the United States of America.

# FEBRUARY 2, 1913:

Canonical establishment of the Pious Union of St. Joseph, a crusade of prayers for the suffering and dying, in Rome. Pope St. Pious X is its first member.

# MAY 3, 1913:

Departure of the first group of Daughters of Saint Mary of Providence for the United States of America.

### SEPTEMBER 27, 1915:

Father Guanella was struck with paralysis, which, along with other illnesses, caused his death.

# **OCTOBER 24, 1915:**

Father Luigi Guanella died in Como.

## **OCTOBER 25, 1964:**

Father Louis Guanella is beatified by Pope Paul VI in St. Peter's Basilica in Rome.

INTRODUCTORY NOTE

# Liturgical calendar proper to the Servants of Charity

	Solemnity of the Sacred Heart of Jesus.
January 31,	Saint John Bosco, memorial.
February 8,	Saint Jerome Emiliani, memorial.
March 19,	Solemnity of Saint Joseph.
April 20,	Blessed Clare Bosatta, feast.
April 30,	Saint Joseph Benedict Cottolengo,
-	memorial.
June 13,	Saint Anthony of Padua, memorial.
June 21,	Saint Aloysius Gonzaga, memorial.
July 14,	Saint Camillus De Lellis, memorial.
August 7,	Saint Cajetan of Thiene, memorial.
August 21,	Saint Pius X, memorial.
September 27,	Saint Vincent De Paul, memorial.
October 15,	Saint Theresa of Avila, memorial.
October 24,	Blessed Louis Guanella, feast.
November 12,	Mary, Mother of Divine Providence,
	solemnity.

# Prayers of Christian Tradition

Conferring with God consistently helps charity to be kindled. (Bl.Louis Guanella)

# I adore you

I adore you, my God, and I love you with all my heart. I thank you for having created me, made me a Christian, and preserved me during the night. I offer you my actions of this day, may they all be done according to your will and for your greater honor and glory. Preserve me from sin and all evil. May your grace be with me always and with all my loved ones. Amen.

### **Our Father**

Our Father, who art in heaven, hallowed be Thy name; Thy kingdom come; Thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us and lead us not into temptations, but deliver us from evil. Amen.

# Hail Mary

Hail Mary, full of grace; the Lord is with thee; blessed art thou among women and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen. 18 PRAYERS OF CHRISTIAN TRADITION

# Glorv

**G**lory to the Father and to the Son, and to the Holy Spirit, as it was in the beginning, is now, and will be forever. Amen.

### Angel of God

Angel of God, my Guardian dear, to whom God's love entrusts me here, ever this day be at my side, to light and guard, to rule and guide. Amen.

### Eternal rest

Eternal rest grant unto them, O Lord, and let perpetual light shine upon them. May they rest in peace. Amen.

### The Apostles' Creed

L believe in God, the Father almighty, creator of heaven and earth. I believe in Jesus Christ, his only Son, our Lord. He was conceived by the power of the Holy Spirit and born of the Virgin Mary. He suffered under Pontius Pilate, was crucified, died, and was buried. He descended to the dead. On the third day he rose again. He ascended into heaven, and is seated at the right hand of the Father. He will come again to judge the living and the dead. I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

# Hail. Holv Oueen

Hail, Holy Queen, Mother of Mercy, our life, our sweetness, and our hope! To thee do we cry, poor banished children of Eve. To thee do we send up our sighs, mourning and weeping in this valley of tears. Turn then, most gracious Advocate, thine eyes of mercy towards us, and after this our exile, show us the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary.

# Memorare

**R**emember, O most gracious Virgin Mary, that never was it known that anyone who fled to your protection, implored your help and sought your intercession, was left unaided. Inspired with this confidence, I fly to you, O Virgin of virgins, my Mother. To you I come: before vou I stand sinful and sorrowful. O Mother of the Incarnate Word, despise not my petition, but in your mercy hear and answer me. Amen.

# Act of Faith

**O** my God, I firmly believe that You are one God in three Divine Persons, Father, Son, and Holy Spirit. I believe that Your Divine Son became man and died for our sins, and that He will come to judge the living and the dead.

I believe these and all the truths which the Holy Catholic Church teaches, because You revealed them, who can neither deceive nor be deceived.

# Act of Hope

**O** my God, relying on Your infinite goodness and promises, I hope to obtain pardon of my sins, the help of Your grace, and life everlasting, through the merits of Jesus Christ, my Lord and Redeemer.

# Act of Love

**O** my God, I love You above all things with my whole heart and soul, because You are all-good and worthy of my love. I love my neighbor as myself for the love of You. I forgive all who have offended me, and I ask pardon of all whom I have offended.

# Act of Contrition

**O** my God, I am heartily sorry for having offended You and detest all my sins, because of your just punishments, but most of all because they offend You, my God, who are all-good and deserving of all my love. I firmly resolve, with the help of Your grace, to sin no more and to avoid the near occasions of sins. Merciful Jesus, have mercy on me.

### Act of Adoration (in the evening)

I adore You my God, and I love You with all my heart. I thank You for having created me, made me a Christian, and preserved me during this day. Pardon me for the sins and failings I have committed today, and accept the good I have accomplished. Protect me during my rest and deliver me from evil. May your MANUAL OF PRAYER 21

grace be with me always and with all my loved ones. Amen.

### THE ANGELUS

(outside Easter Season)

The Angel of the Lord declared unto Mary. - And She conceived by the Holy Spirit.

Hail Mary...

Behold the Handmaid of the Lord. - *Be it done to me according to Thy word. Hail Mary...* 

And the Word was made flesh.

- And dwelt among us. Hail Mary...

Pray for us, O Holy Mother of God. - That we may be made worthy of the promises of Christ.

#### Let us pray.

Pour forth, we beseech You, O Lord, Your grace into our hearts, that we to whom the incarnation of Christ, your Son, was made known by the message of an Angel, may by his Passion and Cross be brought to the glory of his Resurrection. Through the same Christ our Lord. Amen.

Three Glory to the Father.

### 22 PRAYERS OF CHRISTIAN TRADITION

# **REGINA COELI**

(during Easter Season)

Queen of Heaven, rejoice, alleluia. - For He whom you deserved to bear, alleluia.

Has risen as He said, alleluia. - *Pray for us to God, alleluia*.

Rejoice and be glad, O Virgin Mary, alleluia. - For the Lord is truly risen, alleluia.

# Let us pray.

O God, it was by the Resurrection of your Son, our Lord Jesus Christ, that You brought joy to the world. Grant that, through the intercession of the Virgin Mary, his Mother, we may attain the joy of eternal life. Through Christ our Lord. Amen. Three *Glory to the Father*.

# To Saint Michael, the Archangel

**S**aint Michael, the Archangel, defend us in battle; be our protection against the wickedness and snares of the devil. May God rebuke him, we humbly pray; and do you, O Prince of the heavenly host, by the power of God, thrust into hell Satan and the other evil spirits who prowl about the world seeking the ruin of souls. Amen.

# **To Saint Joseph**

**O** Saint Joseph, foster father of Jesus Christ and true Spouse of Mary ever Virgin, pray for us and for the dying of this day (night).

# Grace before meals

**B**less us, O Lord, and these your gifts which we are about to receive from your bounty. Through Christ our Lord. Amen.

Mary, Mother of Divine Providence, pray for us.

# Grace after meals

We give You thanks, Almighty God, for all your benefits, who live and reign forever and ever. Amen.

Blessed Louis Guanella, pray for us.

### 24 PRAYERS OF CHRISTIAN TRADITION

# COMMON PRAYERS IN LATIN

In nomine Patris et Filii et Spiritus Sancti. Amen.

### Pater noster

**P**ater noster, qui es in caelis: sanctificetur nomen tuum; adveniat regnum tuum; fiat voluntas tua, sicut in caelo et in terra. Panem nostrum cotidianum da nobis hodie; et dimitte nobis debita nostra, sicut et nos dimittimus debitoribus nostris; et ne nos inducas in tentationem; sed libera nos a malo. Amen.

# Ave, Maria

Ave, Maria, gratia plena; Dominus tecum: benedicta tu in mulieribus, et benedictus fructus ventris tui Jesus. Sancta Maria, Mater Dei, ora pro nobis peccatoribus, nunc et in hora mortis nostrae. Amen.

### **Gloria Patri**

**G**loria Patri et Filio et Spiritui Sancto. Sicut erat in principio, et nunc et semper, et in saecula saeculorum. Amen.

# Salve Regina

**S**alve Regina, mater misericordiae; vita dulcedo et spes nostra, salve. Ad te clamamus, exules filii Evae. Ad te suspiramus, gementes and flentes in hac lacrimarum valle. Eia ergo, advocata nostra, illos tuos misericordes oculos ad nos converte. Et Jesum, benedictum fructum ventris tui, nobis post hoc exilium ostende. O clemens, o pia, o dulcis Virgo Maria.

# **Angele Dei**

Angele Dei, qui custos es mei, me tibi commissum pietate superna, illumina, custodi, rege and guberna. Amen.

#### **Requiem aeternam**

**R**equiem aeternam dona eis, Domine. Et lux perpetua luceat eis. Requiescant in pace. Amen.

### Angelus Domini

Angelus Domini nuntiavit Mariae. Et Concepit de Spiritu Sancto. Ave Maria...

Ecce ancilla Domini. Fiat mihi secundum verbum tuum. Ave Maria...

Et Verbum caro factum est. Et habitavit in nobis. Ave Maria...

Ora pro nobis, sancta Dei Genetrix. Ut digni efficiamur promissionibus Christi.

Oremus. Gratiam tuam, quaesumus Domine, mentibus nostris infunde, ut qui, Angelo nuntiante, Christi Filii tui Incarnationem cognovimus, per Passionem Eius et Crucem, ad Resurrectionis gloriam perducamur. Per eundem Christum Dominum nostrum. Amen. Three Gloria Patris.

# **Regina Coeli**

**R**egina Coeli, laetare, alleluia. Quia Quem meruisti portare, alleluia. Resurrexit, sicut dixit, alleluia. Ora pro nobis Deum, alleluia. Gaude et laetare, Virgo Maria, alleluia. Quia surrexit Dominus vere, alleluia.

Oremus. Deus, qui per resurrectionem Filii tui, Domini nostri Jesu Christi, mundum laetificare dignatus es, praesta quaesumus, ut per Eius Genitricem Virginem Mariam, perpetuae capiamus gaudia vitae. Per eundem Christum Dominum nostrum. Amen. Three Gloria Patris.

# **COMMON PRAYERS IN ITALIAN**

Nel nome del Padre, e del Figlio, e dello Spirito Santo. Amen.

### Padre nostro

**P**adre nostro, che sei nei cieli, sia santificato il tuo nome, venga il tuo regno, sia fatta la tua volontà come in cielo così in terra. Dacci oggi il nostro pane quotidiano, e rimetti a noi i nostri debiti come noi li rimettiamo ai nostri debitori, e non ci indurre in tentazione, ma liberaci dal male.

### Ave Maria

Amen.

Ave, o Maria, piena di grazia; il Signore è con te; tu

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sei benedetta fra le donne, e benedetto è il frutto del tuo seno, Gesù. Santa Maria, Madre di Dio, prega per noi peccatori, adesso e nell'ora della nostra morte. Amen.

# Gloria al Padre

**G**loria al Padre e al Figlio e allo Spirito Santo. Come era nel principio, ora e sempre, nei secoli dei secoli. Amen.

# Salve, o Regina

**S**alve, o Regina, madre di misericordia; vita, dolcezza e speranza nostra, salve. A te ricorriamo noi esuli figli di Eva. A te sospiriamo gementi e piangenti in questa valle di lacrime. Orsù dunque, avvocata nostra, rivolgi a noi quegli occhi tuoi misericordiosi. E mostraci, dopo questo esilio, Gesù, il frutto benedetto del seno tuo. O clemente, o pia, o dolce Vergine Maria.

### Angelo di Dio

Angelo di Dio, che sei il mio custode, illumina, custodisci, reggi e governa me, che ti fui affidato dalla pietà celeste.

# Amen.

# L'eterno riposo

**L**'eterno riposo dona loro, o Signore, e splenda ad essi la luce perpetua. Riposino in pace. Amen.

# Prayers to God merciful and provident Father

The Servants of Charity are the sons of Divine Providence, and they must show their trust in our common heavenly Father. (Bl. Louis Guanella)

# Prayer for the salvation of the world

# **F**ather.

hear our prayers for the salvation of the world. Grant mercy to all souls that turned away from You. Open their hearts and minds with your light. Gather your children from the East and the West, from the North and the South. Have mercy, O God, on those who do not know You. Bring them out of darkness into your light. You are our saving God who leads us in our salvation. Protect us from evil. Bless and praise you, O Lord, hear our prayers and answer us. You, our Savior, are the hope of all the ends of the earth and the distant seas. May your way be known upon Earth; among nations your salvation. We put the world in your hands; fill us with your love. Grant us peace through Christ, our Lord. Amen.

# **Prayer of Petition**

# **O** Father

of mercy and source of all good! I offer my humble petition to You through the Most Sacred Heart of Jesus.

#### 32 TO GOD, MERCIFUL AND PROVIDENT FATHER

Grant me the grace of lively faith, firm hope, and ardent charity toward You and toward my neighbors.

Grant me the grace to be truly penitent for all my sins, and a firm purpose of never offending You again.

Grant that I may always live according to Your divine good-pleasure, and to do Your holy Will in all things with a generous and willing heart, and to persevere in Your love all the days of my life. Amen.

### Prayer for Perfection

O God, infinite Holiness, Goodness and Perfection, lead me to sanctity. Increase and refine my love. Turn it into a burning, leaping flame; a fiery furnace of love. Raise me above my worldly self. Do for me what I am unable to do for myself. Drown my pride, my selfishness and attachments in the abyss of love and humility of Your Sacred Heart. Amen.

# **A Profession of Faith**

I believe in one God. I believe that God rewards the good, and punishes the wicked. I believe that in God there are three Divine Persons. God the Father. God the Son. and God the Holy Spirit. I believe that God the Son became Man without ceasing to be God. I believe that He is my Lord and my Savior, Jesus Christ, the Redeemer of the human race. Who died on the Cross for all men: Who died for me. I believe on God's authority everything He has taught and revealed. O my God, give me strong faith. Help me to believe with lively faith. O my God, relying on your almighty power, infinite mercy and promises, I sincerely hope to be saved. Help me to do all that is necessary for my salvation. I have committed many sins in my life, but now I turn away from them, and hate them. I am sorry, truly sorry for all of them, because I have offended You, my God, Who are all good, all perfect, all holy, all merciful, my loving and kind Father.

I love You, O my God, with all my heart. Forgive me, I implore You, for having offended You. I promise, O God, that with Your help, I will never offend You again. My God, have mercy on me.

### Prayer of St. Francis of Assisi

Lord, make me an instrument of your peace. Where there is hatred, let me sow love: where there is injury, pardon; where there is doubt, faith; where there is darkness, light; and where there is sadness, joy.

O Divine Master. grant that I may not so much seek to be consoled as to console: to be understood as to understand: to be loved as to love. For it is in giving that we receive, it is in pardoning that we are pardoned, and it is in dying that we are born to eternal life.

### Petition for the Day

Grant, O Lord. that every moment of this day, in all my dealings with others I may keep in mind the words of your Son: "Whatever you do to one of these, you do to me".

Grant that I carry on all my dealings with others according to Your command: "Love one another as I have loved you". Grant that I may think of them as You think of them. Grant that I may feel about them as You would were You in my place. Grant that I may bear with them as You bear with me. Grant that I may consider it a privilege "not to be served, but to serve". Grant that I may look for opportunities of doing good to them in a kindly, humble way; seeing You, serving You in them. Place your thoughts in my mind, vour love in my heart.

your words on my lips, that I may learn to love others as You love me. Amen.

# Miserere (Psalm 51)

Have mercy on me, O God, in your kindness; in your compassion blot out my offense. O wash me more and more from my guilt; and cleanse me from my sin. My offenses truly I know them: my sin is always before me. Against you, you alone, have I sinned; what is evil in your sight I have done.

That you may be justified when you give sentence and be without reproach when you judge, O see, in guilt I was born, a sinner was I conceived. Indeed you love truth in the heart: then in the secret of my heart teach me wisdom. O purify me, then I shall be clean; O wash me. I shall be whiter than snow. Make me hear rejoicing and gladness, that the bones you have crushed may revive. From my sins turn away your face and blot out all my guilt. A pure heart create for me. O God. put a steadfast spirit within me. Do not cast me away from your presence. nor deprive me of your holy spirit. Give me again the joy of your help: with a spirit of fervor sustain me, that I may teach transgressors your ways and sinners may return to you. O rescue me, God, my helper, and my tongue shall ring out your goodness. O Lord, open my lips and my mouth shall declare your praise. For in sacrifice you take no delight, burnt offering from me you would refuse, my sacrifice, a contrite spirit. A humbled, contrite heart you will not spurn. In your goodness, show favor to Zion: rebuild the walls of Jerusalem.

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Then you will be pleased with lawful sacrifice. holocausts offered on your altar.

## Te Deum

You are God: we praise you; you are the Lord, we acclaim you; you are the eternal Father: all creation worships you. To you all angels, all the powers of heaven. Cherubim and Seraphim, sing in endless praise: Holy, holy, holy, Lord, God of power and might, heaven and earth are full of your glory. The glorious company of apostles praise you. The noble fellowship of prophets praise you. The white-robed army of martyrs praise you. Throughout the world the holy Church acclaims you: Father, of majesty unbounded, your true and only Son, worthy of all worship, and the Holy Spirit, advocate and guide. You, Christ, are the king of glory, the eternal Son of the Father. When you became man to set us free you did not spurn the Virgin's womb. You overcame the sting of death, and opened the kingdom of heaven to all believers. You are seated at God's right hand in glory. We believe that you will come and be our judge. Come then, Lord, and help your people, bought with the price of your own blood,

and bring us with your saints
to glory everlasting.
Save your people, Lord, and bless your inheritance.
Govern and uphold them now and always.
Day by day we bless you.
We praise your name for ever.
Keep us today, Lord, from all sin.
Have mercy on us, Lord, have mercy.
Lord, show us your love and mercy;
for we put our trust in you.
In you, Lord, is our hope:
and we shall never hope in vain.

(A partial indulgence is granted the Christian faithful who recite the hymn, Te Deum, as an act of thanksgiving. The indulgence will be a plenary one if this hymn is publicly recited on the last day of the year. HOI 86)

# Te Deum (in Latin)

**T**e Deum laudamus: \* te Dominum confitemur. Te aternum Patrem, \* omnis terra veneratur. Tibi omnes angeli, tibi caeli et universae potestates: tibi cherubim et seraphim \* incessabili voce proclamant: Sanctus, \* Sanctus, " Sanctus Dominus Deus Sabaoth. Pleni sunt caeli et terra \* maiestatis gloriae tuae. Te gloriosus \* Apostolorum chorus, te prophetarum \* laudabilis numerus, te martyrum candidatus \* laudat exercitus. Te per orbem terrarum \* sancta confitetur Ecclesia, Patrem \* immensae maiestatis; venerandum tuum verum \* et unicum Filium;
Sanctum quoque \* Paraclitum Spiritum.
Tu rex gloriae, \* Christe.
Tu Patris \* sempiternus es Filius.
Tu, ad liberandum suscepturus hominem, \*
non horruisti Virginis uterum.
Tu, devicto mortis aculeo, \* aperuisti credentibus regna caelorum.
Tu ad dexteram Dei sedes, \* in gloria Patris.
Iudex crederis \* esse venturus.
Te ergo, quesumus, tuis famulis subveni, \*
quos pretioso sanguine redemisti.
Eterna fac cum sanctis tuis \* in gloria numerari.

Salvum fac populum tuum, Domine, \* et benedic hereditati tuae. Et rege eos, \* et extolle illos usque in aeternum. Per singulos dies \* benedicimus te;

et laudamus nomen tuum in saculum, \* et in saeculum saeculi.

*Dignare, Domine, die isto \* sine peccato nos custodire.* 

Miserere nostri, Domine, \* miserere nostri.

Fiat misericordia tua, Domine, super nos, \*

quemadmodum speravimus in te.

In te, Domine, speravi: \* non confundar in aeternum.

# You are the God of the impossible

**F** aith in the God of the impossible has transformed my life and driven out fear, even fear of sinning. God is the

living One. God overcomes. God created heaven and earth. God led his people through the desert. God brought them safe through the Red Sea. God raised Jesus from the dead. God builds his Church out of weak stones such as we are. God gives food to the hungry. God fills the heart with joy regardless of worldly ordeals. God leads us into the kingdom. God can forgive us. God loves us in spite of our sins. God sees all. God can do all. God is the God of the impossible.

But the greatest thing of all is that God is my friend, my confidant, my brother, my father. When the relationship with him is so intimate, can I have further cause for fear? Fear that a friend will betray a friend? Fear that a brother will forsake a brother? Fear that a father will forget his child? This is why Jesus told us, when you pray, pray like this: 'Our Father who art in heaven.' He is supreme. Inspired by that sublimity,

Father, I abandon myself into your hands; do with me what you will. Whatever you may do, I thank you: I am ready for all, I accept all. Let only your will be done in me, and in all your creatures. I wish no more than this, O Lord. Into your hands I commend my soul; I offer it to you with all the love of my heart, for I love you, Lord, and so need to give myself, to surrender myself into your hands, without reserve, and with boundless confidence, for you are my Father.

(Charles de Foucauld)

It's hard to go further than that. (Carlo Carretto)

### Charity the Essence of Charity

**O** my God, make me understand, even in a small degree, Your infinite charity. You are all charity and everything in you is charity. Charity is Your Being, Your Essence, Your Life. You are that sovereign charity by which You love Yourself from all eternity.

and take pleasure in Yourself. O Father, You love the Word, the figure of Your substance. O Word, You love the Father from whom you proceed. This reciprocal charity by which You, O God, love Yourself is so perfect that it constitutes a Person, the third Person of the Most Holy Trinity, the Holy Spirit.

O my soul, reflect on the great delight and the great love which the Father has in knowing His Son and the Son in knowing His Father and the ardor with which the Holy Spirit unites with Them, and how none of These can cease from this love and knowledge since They are One and the same.

These sovereign Persons know each other, love each other and delight in each other. What need, then, have They of my love? Why do You seek it, my God, or what do You gain by it?

Yet, O Most Holy Trinity, You who are all-because You are infinite charity and enjoy from all eternity the reciprocal love of Your divine Persons-have willed, in time, to diffuse Your love, and to communicate Your infinite good to us Your creatures.

By an act of Your love You brought us out of nothing; Your love is our first principle, the first principle of all things. Everything receives life from it; it is the cause of our existence and we, like little fishes, swim and live in the ocean of Your infinite love.

But, Lord, of what use can we, poor creatures, be to You, who possess within Yourself all love, all felicity, all glory? I understand: You have created us to share with us Your infinite goodness, to bring us back to the bosom of the infinite charity which is You Yourself, from whom we have received life. You have created us for the glory of the Most Holy Trinity, to communicate to us Your life of infinite love and to give us a part in it.

O my God and my mercy! What shall I do, so as not to destroy the effect of the wonders which You deign to work in me? O Lord, how smooth are Your paths! Yet who will walk them without fear? I fear to live without serving You, vet when I set out to serve You I find no way of doing so that satisfies me or can pay any part of what I owe. I feel that I would gladly spend myself wholly in Your service, and yet when I consider my wretchedness, I realize that I can do nothing good unless You help me.

Without Your help, indeed, how can I obtain a treasure as precious as charity? O my God, if You want my whole life to be one of charity, it is absolutely necessary that You, charity itself, come to transform my poor soul. My faults ----------selfishness, pride, sensuality, coldness, avarice, sloth— all are obstacles to Your charity which should triumph in me. Give me grace to remove these obstacles with generosity, so that Your infinite charity may take entire possession of my nothingness. (St. Teresa of Avila)

### Presence of God

**G**rant, O Lord, that the purpose of my prayer may be to occupy my heart with loving You; and since I can find no better way to practice love than by this intimate recollection in silence and detachment from all creatures, I beg You, my God, to take away my life rather than deprive me of this interior exchange with You, my paradise on earth.

(St. Leonard of Port Maurice)

# My God and my All

**O** Lord, there is no profit for You in staying with us: and yet You love us enough to say that Your delight is to dwell in our company. Why do You love us so much as to give Yourself to us more freely than the things we ask of You? It is certain that I no longer desire to possess anything else; since, if I ask You properly, I can receive You, my God, and converse intimately with You. I shall adorn myself with the jewels of the virtues, and invite You to the nuptial couch of my heart where I shall rest with You. I know that You neither ask nor wish for anything else than to visit my soul, that You want to enter, and have been knocking at its door for a long time, and I regret that I have so long deprived myself of this great gift.

So I shall come near You in the secret place of my heart and say to You: 'I know that You love me more than I love myself. I shall no longer be concerned for myself, but shall have no thought save for You alone, and You will take care of me. I cannot pay attention to

You and to myself at the same time: therefore, in a loving mutual exchange, You will think of me, comforting my infirmity, and I shall think of You, finding my joy in Your goodness.' Whereas I have much to gain from You, You have nothing to gain from me; yet I know that You are with me very willingly, and more desirous of helping me than I am of remaining with You and enjoying Your goodness. When does this come? Certainly it arises from this: that I love myself poorly. and You love me well...

But if You wished, O Lord, to set before my eyes all the marks of Your love. I would faint away, for even if I had all the tongues of men and of angels, I could never express all the gifts of nature, grace, and glory which You have given me.... How then, O Lord, can I think or meditate on anything except Your love? What is sweeter than that? Why should I desire anything else? And how does it happen that I am not seized and bound by Your love? It surrounds me on all sides, and yet I do not comprehend it.

(St. Bonaventure)

### Give us grace, Lord

Give us grace, Lord, to hope in your Name, to which all creatures owe their being. Open the eyes of our heart to know you alone, the Most High in the highest heavens, the holy One, whose dwelling is in the holy. You abase the arrogance of the proud, frustrate the designs of the godless, exalt the lowly and humble the lofty. You give men wealth and take it away; you slay

them, save them and give them new life. Alone the Benefactor of spirits and God of all flesh, your gaze penetrates the depths, you observe the doings of men. Helper of those in peril, Savior of those in despair, you created and still keep watch over all that draws breath. You cause the peoples on the earth to multiply, and from them all choose those who love you through Jesus Christ, your beloved Son. Through him you have instructed us, sanctified us, honored us,

Lord, we entreat you to help us. Come to the aid of the afflicted, pity the lowly, raise up the fallen, show your face to the needy, heal the sick, convert the wayward, feed the hungry, deliver the captives, support the weak, encourage the fainthearted. Let all nations know that vou alone are God: Jesus Christ is your Son, and we are your people and the sheep of your pasture.

Lord, you created the world according to the eternal decree now revealed in your works. Faithful throughout all generations, you are just in judgment, wonderful in power and majesty. You formed your creation with wisdom, established it with prudence. Everything we see proclaims your goodness. You are kind and compassionate, and never fail those who put their trust in you. Forgive us for our failings and for our sins.

Do not hold all the transgressions of your servants against them, but purify us by your truth, and so guide our footsteps that by walking in holiness and justice and simplicity of heart we may do what is good and pleasing in your sight and in the sight of our leaders.

Lord, let the light of your face shine upon us, so that we

may enjoy your blessings in peace, protected by your strong hand, and freed from all sin by your outstretched arm; and deliver us from those who hate us unjustly.

Give peace and concord to us and to all mankind, even as you gave it to our ancestors when they devoutly called upon you in faith and truth. Lord, you alone are able to bestow these and even greater benefits upon us. We praise you through Jesus Christ, our high priest and the champion of our souls. Through him be glory and majesty to you now and throughout all generations for ever and ever. Amen.

(St. Clement I, pope)

# THE LITANY OF HOMAGE TO THE FATHER

 $\mathbf{F}$  ather, whose charity has appeared towards us, because you have sent your only-begotten Son into the world, that we may live by him,

Father, who has predestined us in your love unto the adoption of children through Jesus Christ,

Father, who has so much loved us that we should be called and should be the sons of God,

Father, who has sent the spirit of your Son into our hearts, crying: Abba, Father,

Father, who has blessed us with all spiritual blessings in heavenly places, in Christ,

Father, who has chosen us in yourself before the foundation of the world that we should be holy and unspotted in your sight, in charity, Father, who has delivered us from the powers of darkness and translated us into the kingdom of the Son of your love,

Father, who has made us worthy to be partakers of the lot of the saints in light,

Father, who has loved us, and has given us everlasting consolation and good hope in grace,

Father of Jesus, who according to your great mercy has regenerated us unto a lively hope, by the resurrection of Jesus Christ,

Father of mercies and God of all comfort,

Father, who makes your sun to rise on the good and the bad, and sends your rain upon the just and the unjust,

Father, who judges no man, but has given all judgment to the Son,

Father, who has life in yourself, and has given life also to the Son to have life in himself,

Father, who has sent your Son Jesus, that everyone who sees the Son and believes in him may have life everlasting,

Father of Jesus, who gives us the true bread from heaven,

Father who sees the secrets of our hearts,

Father, who knows all things of which we have need,

Father, who feeds the birds of the air, and has arrayed the lilies of the field in glory,

Father, without whom no sparrow shall fall to the ground,

Father, Lord of heaven and earth, who has hidden these things from the wise and prudent and revealed them unto little ones,

Father, who seeks adorers in spirit and in truth,

Father, from whom all paternity in heaven and earth is named,

Father of all people, who is above all,

Father of lights, from whom comes every perfect gift, Father, with whom is no change or shadow of alteration,

I offer you my love in the Sacred Heart of your divine Son in the light of the Spirit of Iove.

(Bishop Emile Guerry)

### **CONSECRATION**

### A Litany for Private Use

In the Name of the Father, and of the Son, and of the Holy Spirit. Amen.

Lord, have mercy. Christ, have mercy. Lord, have mercy.

Our Father...

That it may please You to grant me by Your Holy Spirit to hear ever more clearly Your voice calling me to a deeper devotion to Your service:

O Lord, hear my prayer.

For grace to respond to Your call with my whole heart: *O Lord, hear my prayer.* 

For a continual sense of Your abiding Presence and Your ever-ruling guidance in my daily life:

# O Lord, hear my prayer.

For grace so to live in the light of Your Divine Love for me, that, loving You above all, I may give to others the sunshine of love which has its source in You alone:

### O Lord, hear my prayer.

For a daily renewal of the spirit of true joy, which the sense of Your abiding Presence alone can give, that all the joys of my life may be sanctified in You:

O Lord, bear my prayer.

For a steadfast heart to meet with constant cheerfulness the anxieties and trials of my life as Your way of sanctification for me:

O Lord, bear my prayer.

For the grace so to worship You and to serve You here, that I may be ready for Your perfect service hereafter:

O Lord, hear my prayer.

For a right judgment in giving to each duty its due place and proportion, so that my days may be ordered in accordance with Your Divine Will:

O Lord, hear my prayer.

For grace to make the spirit in which I fulfill all social duties one with the spirit of my inmost life and prayers: *O Lord, hear my prayer.* 

For grace to refrain from the unkind word, and from "the unkind silence":

### O Lord, hear my prayer.

For guidance so to use the intellectual ability You have given me that I may continually go forward towards the fulness of that perfection which You have purposed for me:

O Lord, hear my prayer.

For spiritual insight to realize more fully my influence on others, and grace to use it only and always for You:

# O Lord, hear my prayer.

For a deeper love and earnestness in the act of consecration to You of myself, my soul and body, that I make anew at each Holy Communion:

O Lord, hear my prayer.

For the illuminating grace of Your Holy Spirit, that I may be guided to use for You every power and every opportunity You have given me:

O Lord, hear my prayer.

For wisdom taught of love to understand the needs of my friends, and grace to help them by prayer and sympathy:

O Lord, hear my prayer.

For a spirit of willing self-denial that I may give gladly and freely for the work of your Church, both at home and abroad:

O Lord, hear my prayer.

For inward light to see how far short I have come of Your Divine purpose for me:

O Lord, hear my prayer.

For truer contrition, firmer faith, deeper devotion, and more perfect love:

# O Lord, hear my prayer.

For a fuller understanding of Your infinite love for me, of the power of prayer, of the joy of spiritual things, of the glory that shall be revealed:

O Lord, hear my prayer.

And grant me, unworthy though I am, a clear vision of the beauty of holiness, and a sure confidence that in Your light and by Your grace I may at last attain to it, through Jesus Christ our Lord. Amen.

# THE CHAPLET OF THE DIVINE MERCY

# **O**ur Father...,Hail Mary..., The Apostles' Creed.

Then, on the Our Father beads you will say the following words: Eternal Father, I offer You the Body and Blood, Soul and Divinity of your dearly beloved Son, Our Lord Jesus Christ, in atonement for our sins and those of the whole world.

On the Hail Mary beads you will say the following words: For the sake of His sorrowful Passion have mercy on us and on the whole world.

In conclusion, three times you will recite these words:

Holy God, Holy Mighty One, Holy Immortal One, have mercy on us and on the whole world.

# LITANY OF DIVINE MERCY

Lord, have mercy,	Lord, have mercy.		
Christ, have mercy,	Christ, have mercy.		
Lord, have mercy,	Lord have mercy.		
Divine Mercy, greatest attribution	ate of God, <i>I trust in you</i> .		
Divine Mercy, incomprehensible mystery,			
Divine Mercy, fount rushing forth from the mystery of			
the Most Blessed Trinity,			
Divine Mercy, unfathomed b angelic,	y any intellect, human or		
Divine Mercy, from which w piness,	ells forth all life and hap-		
Divine Mercy, more sublime	than the heavens.		
Divine Mercy, source of mira			
Divine Mercy, encompassing			
Divine Mercy, descending to incarnate Word,			
Divine Mercy, which flowed of the Heart of Jesus,	out from the open wound		
Divine Mercy, enclosed in t and especially for sinners,	he Heart of Jesus for us,		
Divine Mercy, unfathomed	in the institution of the		
Sacred Host,			
Divine Mercy in the founding	g of Holy Church,		
Divine Mercy, in the Sacram	ent of Holy Baptism,		
Divine Mercy, in our justifica	tion through Jesus Christ,		
Divine Mercy, accompanying			
Divine Mercy, embracing us	especially at the hour of		
death,			
Divine Mercy, endowing us	with immortal life,		

Divine Mercy, accompanying us every moment of our life, Divine Mercy, shielding us from the fire of hell, Divine Mercy, in the conversion of hardened sinners, Divine Mercy, astonishment for Angels, incomprehensible to Saints. Divine Mercy, unfathomed in all the mysteries of God, Divine Mercy, lifting us out of every misery, Divine Mercy, source of our happiness and joy, Divine Mercy, in calling us forth from nothingness to existence. Divine Mercy, embracing all the works of his hands, Divine Mercy, crown of all of God's handiwork, Divine Mercy, in which we are all immersed, Divine Mercy, sweet relief for anguished hearts, Divine Mercy, only hope of despairing souls, Divine Mercy, repose of hearts, peace amidst fear, Divine Mercy, delight and ecstasy of holy souls, Divine Mercy, inspiring hope against all hope.

### Let us pray:

Eternal God, in whom mercy is endless and the treasury of compassion inexhaustible, look kindly upon us and increase your mercy in us, that in difficult moments we might not despair nor become despondent, but with great confidence submit ourselves to your holy will, which is Love and Mercy itself. Amen

(ST FAUSTINA KOWALSKA, Litany in praise of Divine Mercy" in Diary, Notebook 11, 949-950).

(On April 1998 Pope John Paul II established the second Sunday of Easter as Sunday of the Divine Mercy, to be observed by the universal Church.)

# THE CHAPLET OF THE PROVIDENCE OF GOD

(This devotion was taught by the Founder Bl. Louis Guanella:"Our Congregation was born and is still growing under Divine Providence and never will cease if we have faith".)

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

#### Instead of the mysteries, say:

Sacred Heart of Jesus,	have mercy on us.
Heart of Mary,	pray for us.
Glorious Saint Joseph,	pray for us.
Saint Cajetan,	pray for us.
Saint Joseph Cottolengo,	pray for us.
Saint John Bosco,	pray for us.
Saint Pius X,	pray for us.
Seraphic Saint Theresa,	pray for us.
Blessed Louis Guanella,	pray for us.
Blessed Clare Bosatta,	pray for us.

Using the rosary in place of the Hail Mary, say 10 times:

Most Holy Providence of God, provide for us.

At the end instead of the Hail Holy Queen, say:

Look to us, O Mary, with your merciful eyes.

- Come to help us, O Queen, with your maternal love.

#### Hail Mary ...

O Father, O Son, O Holy Spirit, O Most Holy Trinity, - we implore your graces through the Most Precious Blood of our Lord Jesus Christ, and by the intercession of the Blessed Virgin Mary, the Angels, the Saints, and all the holy souls of Purgatory. *Glory to the Father...* 

Eternal Father, come to help us;

- Son of God, provide for us; God the Holy Spirit, inspire us, intercede for us. O Sacred Heart of Jesus, opened for us, O real Tabernacle of the Holy Trinity, we present ourselves to You with confidence:grant us the graces that we are asking for. Amen.

# **INTERCESSIONS TO DIVINE PROVIDENCE**

For the sanctity of the Church, according to the intentions of the Holy Father;

Most Holy Providence of God, provide for us.

For the sanctity of all the Servants of Charity, according to the expectations of the Heart of Jesus;

Most Holy Providence of God, provide for us.

For the sanctity of all the residents, patients, staff, friends, relatives and benefactors of our facilities.

Most Holy Providence of God, provide for us.

For the Guanellian Cooperators, that they may embrace the vocation to charity, and strive to correspond to it faithfully.

Most Holy Providence of God, provide for us.

For the Daughters of Saint Mary of Providence, that

faithful to the Spirit of the Founder, they may increase in number and in holiness;

Most Holy Providence of God, provide for us.

For the Servants of Charity, that, faithful to their mission, they may obtain from God, through prayer, suffering and unity of life, numerous and holy vocations. *Most Holy Providence of God, provide for us.* 

For our Superiors, that being men of communion, they may build a community of brothers of one heart and soul, and dedicated to the mission of the Institute. *Most Holy Providence of God, provide for us.* 

For our local community, that we may form a family of

brothers around the Lord, united in the evangelical love and in the service of the poor;

Most Holy providence of God, provide for us.

**O** Saint Joseph, we beseech You that Religious Vocations to this Work of mercy be multiplied, and that those who are called for help be eager to respond for the glory and honor of God, and the relief of many who suffer in misery and abandonment. (by Fr. Mauro Mastropasqua, S.C., 1949)

Sacred Heart of Jesus, have mercy on us. Mary, Mother of Divine Providence, pray for us.

# MANUAL OF PRAYER

# **PRAYERS FOR HEALING**

Lord, look upon me with the eyes of Your mercy, may Your healing hand rest upon me, may Your life-giving powers flow into every cell of my body and into the depths of my soul, cleansing, purifying, restoring me to wholeness and strength for service in Your Kingdom. Amen.

**O** God who are the only source of health and healing, the spirit of calm and the central peace of this universe,grant to me such a consciousness of Your indwelling and surrounding presence, that I may permit You to give me health and strength and peace, through Jesus Christ our Lord. Amen.

# **Before an Operation**

Loving Father, I entrust myself to Your care this day; guide with wisdom and skill the minds and hands of those who minister in Your Name; and grant that every cause of illness being removed, I may be restored to soundness of health and learn to live in more perfect harmony with You and with my neighbor, through Jesus Christ. Amen.

Into Your hands I commend my body and my soul. Amen.

# After an Operation

**B**lessed Savior, I thank You that this operation is safely past, and now I rest in Your abiding presence, relaxing every tension, releasing every care and anxiety,

receiving more and more of Your healing life into every part of my being; in moments of pain I turn to You for strength, in times of loneliness I feel Your loving nearness; and then grant that Your life and love and joy may flow through me for the healing of others in Your name. Amen.

## **Prayer for the Sick**

**D**ear Jesus, Divine Physician and Healer of the Sick, we turn to You in this time of illness.O dearest comforter of the troubled, alleviate our worry and sorrow with Your gentle love, and grant us the grace and strength to accept this burden. Dear God, we place our worries in Your hands. We place our sick under Your care and humbly ask that You restore Your servant to health again. Above all, grant us the grace to acknowledge Your holy will and know that whatsoever You do, You do for the love of us. Amen.

# **Prayer in Time of Suffering**

**B**ehold me, my beloved Jesus, weighed down under the burden of my trials and sufferings. I cast myself at Your feet, that You may renew my strength and my courage, while I rest here in Your Presence. Permit me to lay down my cross in Your Sacred Heart, for only Your infinite goodness can sustain me; only Your love can help me bear my cross; only Your powerful hand can lighten its weight.

O Divine King, Jesus, whose heart is so compassionate to the afflicted, I wish to live in You; suffer and die in

You. During my life be to me my model and my support; at the hour of my death, be my hope and my refuge. Amen.

# In Time of Sickness

Lord grant me the grace to make good use of this time of sickness.

I may not be able to work, and it is unlikely that I shall feel well enough to give long hours to prayer.

Let me be frequently reminded by your grace to practice resignation and recollection.

Since my present sickness is designed for my spiritual health, I want instead of showing resentment, to express my gratitude. Not my will, Lord, but Yours be done.

Amen.

### For Health

**O** Sacred Heart of Jesus, I come to ask of Your infinite mercy the gift of health and strength, that I may serve You more sincerely than in the past. I wish to be well and strong if this be Your good pleasure and for Your greater glory. Filled with high resolves, and determined to perform my tasks most perfectly for love of You, I wish to be enabled to go back to my duties. If it be Your will, I will continue to bear with patience my sickness and my suffering. But if, in Your designs, I may be restored to health and strength, I will endeavor to show my gratitude by a constant and faithful service rendered to You. Amen

### In Time of Distress

Lord, affictions have multiplied, and I come to you for strength with which to endure them. My heart is heavy, and I feel hopelessly ill equipped to meet the demand. From Your Passion, grant me the grace to stand firm; From Your Cross, grant me the grace to accept. Let me bear no grudge against the people, and still less against the decrees of Providence which force this situation upon me. Into Your hands I commend my spirit. Amen

### When Depressed

Lord, my heart is heavy as lead, and I cannot see beyond this present state of depression. I do not ask, since it may not be your will to grant it, for immediate consolation. I ask for an increase of faith, hope and charity. Given more grace, I can endure this mood of passing gloom. I accept it in a spirit of penitence. Lord, turn my discouragement into true humility.

May this lowering of my spirits be to me, Lord, a reminder of my dependence upon your support. If I cannot even master a sense of dejection how can I be relied upon for the works of heroic sanctity? Show me how to trust in you from moment to moment, from mood to mood, from resolution to resolution. Thus oriented toward you, I shall be better able to rise above my periods of flagging hope. Amen.

# In Time of Trial

My God, I lay at Your feet my burden of suffering and sorrow. I offer it all through the Heart of Jesus, and

I beg You to transform these trials into joy and holiness for those I love, into graces for souls and into precious gifts for Your Church.

Into that depth of depression, of moral weariness, disgust, and darkness into which You have permitted me to sink, let there penetrate a glimmer of Your surpassing splendor. Or rather, since the darkness of Gethsemane and of Calvary is fruitful and good, grant that all this misery may promote the good of all.

Help me to hide my inner wretchedness and destitution of spirit with the wealth of a smile, and the grandeur of holy love. When the cross becomes too heavy, put Your loving hand beneath the burden You have laid upon my soul and my afflicted body. Jesus, I adore You, and I always remain indebted to You, for You have given me the Holy Eucharist and heaven itself as an antidote to my woes. Amen

### **Prayer of St. Augustine**

Watch, O Lord, with those who wake, or watch, or weep tonight, and give your angels charge over those who sleep. Tend your sick ones, O Lord Christ. Rest your weary ones. Bless your dying ones. Soothe your suffering ones. Pity your afflicted ones. Shield your joyous ones. And all for your love's sake. Amen.

# For Salvation

Let the absolving words be said over me, and the holy oil sign and seal me, and Your own Body be my food and Your Blood my sprinkling. And let my Mother Mary breathe on me, and my angel whisper peace to me, and my saints smile on me... that in them all and through them all I may receive the gift of perseverance, and die, as I desire to live, in Your faith, in Your Church, in Your service, and in Your love. Amen

### For Final Perseverance

**O** God, the Father, Son, and Holy Spirit, I beg of You by the life, passion, and death of Jesus Christ, and by the merits of our Blessed Mother, and of all the angels and saints, give me the grace of final perseverance, of a happy death, and a blessed eternity.

May the last moments of my life be the best and holiest. Provide for me a time of repentance and atonement, and the grace to be fortified at my death with Your Holy Sacraments. Protect me from yielding to temptation in my last hour, and grant me the grace of loving and serving You, even to the end of my life.

Amen

# For a Happy Death

O dearly beloved Lord Jesus, by all Your labors and sorrows, by Your precious blood and sacred wounds, by Your last words on the cross... we most earnestly beseech You to deliver us from a sudden death. Grant us, we pray, time for repentance. Grant us a happy passing in Your grace, so that we may be able to love You praise You and bless You forever. Amen

### **Prayer for the Dying**

**M**ost Merciful Jesus, lover of souls, I pray You, by the agony of Your most Sacred Heart, and by the sorrows of Your Immaculate Mother, to wash in Your Most Precious Blood, the sinners of the world who are now in their agony, and who will die today. Heart of Jesus, once in agony, have mercy on the dying. Amen.

### **Prayer for the Souls in Purgatory**

**O** gentle Heart of Jesus, ever present in the Blessed Sacrament, ever consumed with burning love for the poor captive souls in Purgatory, have mercy on them. Be not severe in Your judgments, but let some drops of Your Precious Blood fall upon the devouring flames. And, Merciful Savior, send Your angels to conduct them to a place of refreshment, light and peace. Amen.

Prayers to Jesus present in the most Blessed Sacrament

The Most Holy Eucharist is the sun of the earth, the life of the world, the true Paradise on earth for all Christians who firmly believe. (Bl.Louis Guanella)

### Act of Adoration

**O** Sacrament Most Holy, O Sacrament Divine. All praise and all thanksgiving be every moment thine.

# Act of Spiritual Communion

My Jesus, I believe You are present in the Most Holy Sacrament. I love You above all things and I desire to receive You into my soul. Since I cannot receive you sacramentally, come at least spiritually into my heart. I embrace You now that You have come and unite myself wholly to You. Never permit me to be separated from You.

# Praver by St.Alphonsus De Liguori

My Lord Jesus, who for the love you bear us, remain night and day in this Sacrament, full of compassion and of love, awaiting, calling, and welcoming all who come to visit you, I believe that you are present in the Sacrament of the Altar.

I adore you from the abyss of my nothingness and I thank you for all the graces you have given me until now, and in particular, for having given me yourself in this Sacrament, for having given me your Most Holy Mother Mary as my advocate, and for having called me to visit you in this church.

I now greet your most loving Heart, and I do so first, in thanksgiving for this great gift; secondly, to make amends to you for all the insults you have received in this Sacrament; thirdly, I intend by this visit to adore you in all the places on earth in which you are the least adored and the most abandoned.

My Jesus, I love you with all my heart. I am sorry that

I have so often offended your infinite goodness. With the help of your grace I resolve to offend you no more. And now, miserable and unworthy though I am, I consecrate myself to you without reserve. I renounce and give to you my entire will, my affections, my desires, and all that I possess. Use me and all that I have as you wish. All I ask of you and desire is your holy love, final perseverance, and the perfect fulfillment of your will. I recommend to you the souls in Purgatory, especially those who had the greatest devotion to the Most Blessed Sacrament and to the Most Blessed Virgin Mary. I also recommend to you all poor sinners. And finally, my dear Savior, I unite all my affections of your most loving Heart, and I offer them with you to your Eternal Father and beg Him, for your sake and for the love of you, graciously to accept and grant them. Amen.

# My God, I believe

My God, I believe, I adore, I hope, and I love you: I ask pardon for those who do not believe, do not adore, do not hope and do not love you.

Most Holy Trinity, Father, Son, and Holy Spirit, I adore you profoundly and I offer you the most precious Body, Blood, Soul, and Divinity of Our Lord Jesus Christ, present in all the tabernacles of the world, in reparation for the outrages, sacrileges, and indifference with which he is offended.

Through the infinite merits of His Most Sacred Heart and of the Immaculate Heart of Mary, I ask you for the conversion of all poor sinners. Amen. (Fatima)

MANUAL OF PRAYER

### Most Gentle Jesus

Most gentle Jesus, I believe that you are as truly present here in the tabernacle as when you walked in Galilee where you ministered to the sick, the lame, and the blind. Your ears of mercy were ever open to listen to the cries of the sorrowing and wounded, and your lips ever ready to speak words of sympathy, comfort and encouragement to those who trusted in your power.

As a sinner conscious of your mercy I come before you now to spend time in communion with you. Too long I have heard your plea "Could you not watch one hour with me?", and too long I have neglected to respond to it. Now at last I come to you, Jesus, my patient and faithful friend, to whom I can open my heart as someone who fully understands me.

Gentle Jesus, you know me better than I know myself. You perceive the innermost secrets of my heart and see there my longing to be totally yours. Deep down within me I want to love you, but at the same time I am aware of the prompting of my sinful nature drawing me away from you, and the unselfish service which I should render to you.

Jesus, I have asked, and now ask you again to make me love you in spite of my weaker self. Fill each day of my life with acts of love for you and make me realize what your love really means. Enlighten my understanding that I may clearly see that to love you means wealth beyond measure and to serve you reward without limit. Heart of Jesus, I implore that I may love you daily more and more. Amen.

# **EUCHARISTIC LITANY I**

Lord, have mercy	Lord, have mercy		
Christ, have mercy	Christ, have mercy		
God our Father in heaven	Have mercy on us		
God the Son, Redeemer of the wo	orld		
God the Holy Spirit			
Holy Trinity, One God			
Most Holy Eucharist,	We adore you		
Wonderful gift of the Father,	2		
Sign of the supreme love of the S	Son,		
Marvel of the charity of the Spiri	t,		
Blessed fruit of the Virgin Mary,			
Sacrament of the Body and Blood	d of Christ,		
-	Have mercy on us		
Sacrament that perpetuates the sa			
Sacrament of the new and eternal			
Memorial of the death and resurre	ection of the Lord,		
Memorial of our salvation,			
Sacrifice of expiation and atonement,			
Dwelling of God among man,			
Banquet of the marriage of the La			
Living bread that came down from	m heaven,		
Hidden manna full of sweetness,			
True Paschal lamb,			
Glory of priests,			
Treasure of the faithful,			
Viaticum for the pilgrim church,			
Remedy of our daily infidelities,			
Medicine of immortality,			

Mystery of faith, Support of hope, Bond of charity, Sign of unity and peace Source of pure joy, Sacrament that brings forth virgins, Sacrament of strength and vigor, Foretaste of the heavenly banquet, Pledge of our resurrection, Pledge of future glory, Lamb of God, you take away the sins of the world, spare us, O Lord. Lamb of God, you take away the sins of the world, graciously hear us, O Lord. Lamb of God, you take away the sins of the world, have mercy on us.

# EUCHARISTIC LITANY II

Lord, have mercy	Lord, have mercy
Christ, have mercy	Christ, have mercy
God our Father in heaven,	Have mercy on us
God the Son, Redeemer of the	world,
God the Holy Spirit,	
Holy Trinity, One God,	

Living Bread, that came down from heaven,

Have mercy on us

Hidden God and Savior, Wheat of the elect,

Wine of which virgins are the fruit, Perpetual Sacrifice, Clean oblation, Lamb without spot, Most pure feast, Food of angels, Hidden manna, Memorial of the wonders of God, Super-substantial Bread, Word made Flesh dwelling in us, Sacred Host, Chalice of benediction, Mystery of Faith, Most high and adorable Sacrament, Most holy of all sacrifices, True Reparation for the living and the dead, Heavenly protection against the poison of sin, Most wonderful of all miracles, Most holy Commemoration of the Passion of Christ, Gift transcending all fullness, Special Memorial of divine love, Superabundance of divine bounty, Most glorious and holy Mystery, Have mercy on us Medicine of immortality, Tremendous and life-giving Sacrament, Bread made Flesh by the omnipotence of the Word, Unbloody Sacrifice, Our Feast and our Guest, Sweetest Banquet at which angels minister, Sacrament of piety, Bond of charity,

Priest and Victim,	
Refreshment of holy soul	s,
Viaticum for the dying in	the Lord,
Pledge of future glory.	
Be merciful,	Spare us, O Lord
Be merciful,	Graciously hear us, O Lord
From an unworthy recept	tion of your Body and Blood,
	O Lord, deliver us
From the lust of the flesh	
From the lust of the eyes	,
From the pride of life,	
From every occasion of s	sin,
Through the desire with	which You longed to eat this
Passover with your disc	ciples,
	humility with which You
washed their feet,	
	rity by which You instituted
his Divine Sacrament,	
	Blood, which You left us on
our altars, Through the five wound	ls of Your most holy Body,
which You received for	
We sinners implore You,	<i>Hear us, O Lord</i> and increase our faith, rever-
	and this admirable Sacrament,
	through a true confession of
	ent reception of the Holy
Eucharist,	
,	from all heresy, perfidy, and
blindness of heart.	•

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That Your will impart to us the precious and heavenly fruits of this most holy Sacrament, That at the hour of our death Your will strengthen and defend us by this heavenly Viaticum. Son of God. Hear us. o Lord Lamb of God, you take away the sins of the world, spare us. O Lord. Lamb of God, you take away the sins of the world, graciously hear us, O Lord. Lamb of God, you take away the sins of the world, have mercy on us.

#### **EUCHARISTIC LITANY III**

Lord, have mercy Lord, have mercy Christ, have mercy Christ, have mercy God our Father in heaven. Have mercy on us God the Son. Redeemer of the world. God the Holy Spirit, Holy Trinity, One God, Jesus, living Bread which came down from Heaven, Have mercy on us Jesus, Bread from Heaven giving life to the world, Jesus, hidden God and Savior, Jesus, who has loved us with an everlasting love, Jesus, whose delights are to be with the children of men, Jesus, who has given Your Flesh for the life of the world, Jesus, who invites all to come to You, Jesus, who promises eternal life to those who receive You,

Jesus, who greatly desires to eat this Pasch with us. Jesus, ever ready to receive and welcome us, Jesus, who stands at our door knocking, Jesus, who has said that if we will open the door to You, You will come in and have supper with us, Jesus, who receives us into Your arms and blesses us with the little children. Jesus, who invites us to sit at Your feet with Mary, Jesus, who invites us to lean on Your chest with the beloved disciple, Jesus, who has not left us orphans, Most dear Sacrament of love. Have mercy on us Sacrament of sweetness. Life-giving Sacrament, Sacrament of strength,

My God and my All,

That our hearts may long for You as the deer after the fountain of water, Hear us, O Lord. That You may manifest Yourself to us as to the two disciples in the breaking of bread, That we may know Your voice like Mary Magdalene, That with a lively faith we may confess with the beloved disciple John, "It is the Lord", That You may bless us who have not seen and yet have believed. That we may love You in the Blessed Sacrament with all our heart, with all our soul, with all our mind, with all our strength, That the fruit of each Communion may be lively love, That our desire may be to love You and to do Your will,

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That we may ever remain in Your love,

That You may teach us to pray, and You Yourself pray with us.

That with You every virtue may come into our souls,

That throughout this day You may keep us closely united to You. Hear us.O Lord.

That You may give us grace to persevere in your will till the end.

That You may be our support and Viaticum at the hour of our death.

That our last act may be one of perfect love, and our last breath a long deep sigh to be in Our Father's house,

That your holy Face may smile upon us when we appear before You,

That our banishment from You, Lord, may not be very long,

That when time has come, we may fly up to You, and in Your Sacred Heart find our rest for ever.

Lamb of God, you take away the sins of the world, spare us. O Lord.

Lamb of God, you take away the sins of the world graciously hear us, O Lord.

Lamb of God, you take away the sins of the world, have mercy on us.

Stay with us, Lord, because it is nearly evening, - And the day is almost over.

Let us pray.

We come to You, O Lord, with the Apostles saving. "Increase our faith". Give us a strong and lively faith in the mystery of Your Real Presence among us.

Give us the splendid faith of the centurion which drew from You such praise.

Give us the faith of the beloved disciple to know You in the dark and say, "It is the Lord!".

Give us the faith of Martha to confess, You are the Christ, the Son of the living God".

Give us the faith of Magdalene to fall at Your feet crying, "Master!".

Give us the faith of all Your saints, to whom the Blessed Sacrament has been Heaven on earth.

Give us the faith of Blessed Louis Guanella who said that

You in the Eucharist are our Paradise on earth. In every Communion increase our faith: for with faith. love, humility and reverence You will come into our souls. O Lord, increase our faith. Amen.

#### LITANY OF REPARATION TO OUR LORD IN THE EUCHARIST

Lord, have mercy Lord. have mercy Christ, have mercy Christ, have mercy God our Father in heaven. have mercy on us

God the Son, redeemer of the world, God the Holy Spirit, Holy Trinity, One God,

Sacred Host, offered for the salvation of sinners,

have mercy on us

Sacred Host, offered on the altar for us and by us, Sacred Host, despised by lukewarm Catholics,

Sacred Host, mark of contradiction, Sacred Host, delivered over to persecutors, Sacred Host, insulted by blasphemers, Sacred Host, Bread of angels profaned by sacrileges, Sacred Host, flung into mud and trampled underfoot, Sacred Host, dishonored by unfaithful priests, Sacred Host, forgotten and abandoned in your churches,

Be merciful to us,	Forgive us, O Lord
Be merciful to us,	Hear us, O Lord

For the outrageous contempt of this most wonderful Sacrament, *We offer You our reparation.* 

For your extreme humiliation in your venerable Sacrament,

For all unworthy Communions,

For the irreverences of wicked Catholics,

For the profanation of your tabernacles,

For the holy ciborioums dishonored and carried away by force,

For the continual blasphemies of impious men,

For hardened and unrepenting heretics,

For the unworthy and irreverent conversations carried on in your churches,

For the profaners of your churches which they have desecrated by their sacrileges,

That it may please You to increase in all Catholics the reverence due to this adorable Mystery,

We implore You, hear us.

That it may please You to manifest the Sacrament of your love to all Christians,

That it may please You to grant us the grace to atone for the hatred of many to the Blessed Sacrament by our burning love for You,

That it may please You that the insults of those who outrage You may rather be directed against ourselves,

That it may please You to receive this our humble reparation,

That it may please You to make our adoration acceptable to You,

Pure Host,	Hear our prayer.
Holy Host,	Hear our prayer.
Immaculate Host,	Hear our prayer.

Let us pray.

**O** Lord Jesus Christ, You remain with us in your wonderful Sacrament till the end of the world, in order to give eternal glory to your Father by the memory of your Passion.

Grant us the grace to mourn with a heart full of sorrow over the sins and sacrileges You receive and have received in this adorable Mystery.

Inflame us with an ardent zeal to repair all these insults to which, in your infinite mercy, You have preferred to expose Yourself rather than deprive us of your Presence on our altars.

We adore and praise You who, with the Father and the Holy Spirit, lives and reigns for ever and ever. Amen.

#### Pange Lingua

(St. Thomas Aquinas)

**I** shall praise the Savior's glory, Of his flesh the mystery sing, And the blood, all price exceeding, Shed by our immortal King. God made man for our salvation, Who from Virgin pure did spring.

Born for us, and for us given, Born a man like us below, Christ as man with man residing, Lived the seed of truth to sow, Suffered bitter death unflinching, And immortal love did show.

On the night before he suffered, Seated with his chosen band, Jesus, when they all had feasted, Faithful to the law's command, Far more precious food provided; Gave himself with his own hand.

Word made flesh, true bread of heaven, By his word made flesh to be, From the wine his blood is taken, Though our senses cannot see, Faith alone which is unshaken Shows pure heart the mystery.

Therefore we before him falling, This great sacrament revere; Ancient forms are now departed, For new acts of grace are here, Faith our feeble senses aiding, Makes the Savior's presence clear.

To the everlasting Father and his Son who reigns on high. With the Holy Spirit proceeding forth from each eternally, Be all honor, glory, blessing, Power and endless majesty.

Amen.

# MANUAL OF PRAYER

#### Pange Lingua (in Latin)

Pange, lingua, gloriosi Corporis mysterium Sanguinisque pretiosi, quem in mundi pretium fructus ventris generosi Rex effudit gentium.

Nobis datus, nobis natus ex intacta Virgine et in mundo conversatus, sparso verbi semine, sui moras incolatus miro clausit ordine.

In supremae nocte cenae recumbens cum fratribus, observata lege plene cibis in legalibus, cibum turbae duodenae sedat suis manibus.

Verbum, caro, panem verum verbo carnem efficit fitque Sanguis Christi merum, et, si sensus deficit, ad firmandum cor sincerum sola fides sufficit.

Tantum ergo Sacramentum veneremur cernui et antiquum documentum novo cedat ritui: praestet fides supplementum sensuum defectui.

Genitori Genitoque laus et iubilatio, salus, honor, virtus quoque sit et benedictio: Procedenti ab utroque compar sit laudatio. Amen.

#### **Eucharist Sequence "Lauda Sion"** (St. Thomas Aquinas)

Laud, O Zion, your salvation, Laud with hymns of exultation, Christ, your king and shepherd true:

Bring him all the praise you know,

He is more than you bestow. Never can you reach his due. Special theme for glad thanksgiving Is the quick'ning and the living Bread today before you set: From his hands of old partaken, As we know, by faith unshaken, Where the Twelve at supper met. Full and clear ring out your chanting, Joy nor sweetest grace be wanting, From your heart let praises burst: For today the feast is holden, When the institution olden Of that supper was rehearsed. Here the new law's new oblation, By the new king's revelation, Ends the form of ancient rite: Now the new the old effaces. Truth away the shadow chases, Light dispels the gloom of night. What he did at supper seated, Christ ordained to be repeated, His memorial never to cease: And his rule for guidance taking, Bread and wine we hallow, making Thus our sacrifice of peace. This the truth each Christian learns. Bread into his flesh he turns. To his precious blood the wine:

Sight has failed, nor thought conceives. But a dauntless faith believes, Resting on a power divine. Here beneath these signs are hidden Priceless things to sense forbidden; Sign, not things are all we see: Blood is poured and flesh is broken. Yet in either wondrous token Christ entire we know to be. Who so of this food partakes, Does not rend the Lord nor breaks; Christ is whole to all that taste: Thousands are, as one, receivers, One, as thousands of believers, Eats of him who cannot waste. Bad and good the feast are sharing, Of what divers dooms preparing, Endless death, or endless life. Life to these, to those damnation, See how like participation Is with unlike issues rife. When the sacrament is broken. Doubt not, but believe 'tis spoken, That each severed outward token doth the very whole contain. Nought the precious gift divides, Breaking but the sign betides Jesus still the same abides, Still unbroken does remain.

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Lo! The angel's food is given To the pilgrim who has striven; See the children's bread from heaven, which on dogs may not be spent.

Truth the ancient types fulfilling, Isaac bound, a victim willing, Paschal lamb, its lifeblood spilling, Manna to the fathers sent.

Very bread, good shepherd, tend us, Jesus, of your love befriend us, You refresh us, you defend us, Your eternal goodness send us In the land of life to see.

You who all things can and know, Who on earth such food bestow, Grant us with your saints, though lowest, Where the heavenly feast you show, Fellow heirs and guests to be. Amen.

#### Adoro Te Devote

(St.Thomas Aquinas)

Hidden here before me, Lord, I worship you, Hidden in these symbols, yet completely true. Lord, my soul surrenders, longing to obey, And in contemplation wholly faints away.

> Adoro te devote, latens Deitas, Quae sub his figuris vere latitas: Tibi se cor meum totum subjicit, Quia te contemplans totum deficit.

Seeing, touching, tasting: these are all deceived; Only through the hearing can it be believed. Nothing is more certain: Christ has told me so; What the Truth has uttered, I believe and know.

> Visus, tactus, gustus in te fallitur; Sed auditu solo tuto creditur. Credo quidquid dixit Dei Filius: Nil hoc verbo veritatis verius.

Only God was hidden when you came to die: Human nature also here escapes the eye. Both are my profession, both are my belief: Bring me to your kingdom, like the dying thief.

> In cruce latebat sola Deitas; At his latet simul et humanitas. Ambo tamen credens atque confitens Peto quod petivit latro paenitens.

I am not like Thomas, who could see and touch; Though your wounds are hidden, I believe as much. Let me say so boldly, meaning what I say, Loving you and trusting, now and every day.

> Plagas, sicut Thomas, nos intueror; Deum tamen meum te confiteor. Fac me tibi semper magis credere, In te spem habere, te diligere.

Record of the Passion when the Lamb was slain, Living bread that brings us back to life again: Feed me with your presence, make me live on you; Let that lovely fragrance fill me through and through.

#### 86 TO JESUS PRESENT IN THE BLESSED SACRAMENT

O memoriale mortis Domini. Panis vivus vitam praestam homini, Praesta meae menti de te vivere. *Et te illi semper dulce sapere.* 

Like a tender Pelican are you, Jesus Lord, Now heal me with your blood, take away my sin, Blood that but one drop of has the world to win All the world forgiveness of its world of sin.

> Pie Pellicane, Jesu Domine, Me immundum munda tuo sanguine, Cuius una stilla salvum facere Totum mundum quit ab omni scelere.

Jesus, whom I hidden see in the bread and wine. Give me what I thirst for, give me what I ask: Let me see your glory in a blaze of light, And instead of blindness give me, Lord, my sight. Amen.

> Jesu, quem velatum nunc aspicio, Oro fiat illud quod tam sitio; Ut, te revelata cernens facie, Visu sim beatus tuae gloriae. Amen.

#### **Communion Chant**

Let us invoke Christ. The sacred body of Christ! The Lamb of God, the sacred body of him who died for our salvation!

The sacred body of him who revealed the mystery of grace of the new covenant to his disciples.

The sacred body which washed with water the feet of

the apostles, and with the Spirit washed their souls. The sacred body which pardoned the penitent woman; the sacred body whose blood makes us clean. The sacred body which received the kiss of betraval; the sacred body which loved the world so much as to accept even death on a cross.

We bless and glorify your name. Your sacrament, Lord Jesus Christ, gives life and the remission of sins; you have suffered the passion for our sake.

For us you have drunk gall to take away from us all bitterness; you have drunk a bitter wine for us to lift us from our weariness; you have been despised for us, that the dew of immortality might be poured upon us; you have been beaten with scourges to ensure to our frailty eternal life; you have been crowned with thorns that your faithful might be crowned with the evergreen laurels of love; you have been wrapped in a winding sheet that we might be clothed in your strength; you were laid in the tomb that in a new age loving kindness might again be granted to us.

He has given them a heavenly bread and man has eaten the bread of angels.

He has given them a heavenly bread, we have received a bread of blessing: the body of Christ and his precious blood. We have received the holy bread.

Let us bless the Lord who has done great things on all the earth.

All the people, praise the Lord, exult with joy in the Lord, O you just: you have received the body and blood of Christ.

We give you thanks, O Christ, our God, because you have deigned to share with us your body and your blood, O Savior; you have drawn to yourself our hearts.

You, who once spoke to Moses on Mount Sinai, have received from an immaculate Virgin flesh that is free from all sin. You who once pastured Israel, now feed on the milk of a Mother who has not known man.

O marvelous happening! You who once punished kings now save yourself from a king by flight into Egypt.

You, seated in majesty on a high throne, were laid in a manger retaining all your dignity. And now, full of faith, we praise the Mother and sing to the Son.

He who in heaven is God and has not mother, has descended to earth and lived as though motherless. To you be the glory!

(Ancient Eucharistic Liturgy)

#### **Act of Adoration**

**O** most loving Jesus in the Divine Sacrament of the altar, True God and True Man, I believe that you are personally present here under the appearance of bread consecrated by your sacred minister; I believe also that this Mystery was accomplished in memory of you and since you have revealed it I am ready if necessary to lay down my life to uphold it.

Out of the abyss of my own nothingness behold me then, prostrate before you to raise my voice in praise of you. Filled with ingratitude and sin I am unworthy to address you except that I am truly sorry for what I have done or left undone, and beg your pardon and mercy.

I beseech you O my God and my Redeemer, to strengthen my faith and my will and to give efficacy to my resolutions, for you know my weakness and instability and that I can do nothing good without your aid. All my hope is in you, for you have done and suffered so much for my redemption and salvation.

Behold me then, O my Savior, at your feet like Magdalene; grant that I may wash them with tears of repentance so that you may console me as you filled her with consolation.

Convert me entirely to you as you converted her, and do not send me away until you have blessed me and filled my soul with heavenly food. Crush my stony heart and strip it of all its sinful inclinations.

"Blot out, O Lord, blot out my iniquity. Wash me thoroughly from my iniquity and cleanse me from my sin." Strike off the chains of my sins that oppress me and that keep me from you and grant that I may be freed from them and return to you, never more to depart from you or deprive myself of your grace.

O my Jesus, I hope in you, for you are almighty and infinitely merciful; I know that you love me with an ineffable love and that you seek my eternal happiness. I offer to you, my will, all my senses and my whole being.

May you aid me and so order the rest of my days that, persevering unto death in the observance of your holy law and the counsels of your Gospel, I may be able to

#### 90 TO JESUS PRESENT IN THE BLESSED SACRAMENT

say with truth, as David said: "In you, O Lord, have I hoped, I shall not be confounded forever."

I unite O my Savior, my feeble tribute of praise to that of your holy Mother in heaven, of the angels and saints in paradise and of all fervent souls in the world, who know how to love and honor you far better than I do. that through their merits I may atone for the displeasure I have so often caused you by my sins. By this visit, O my Savior, I intend to adore you wherever no one offers you the homage of adoration you so much deserve.

I desire ardently to make you known and loved by all men and to spend myself for their souls. I beseech you to convert all sinners, to enlighten all heretics and schismatics and to spread your Holy Faith among the heathen and the infidel.

O Holy Mary, be a help to the helpless, strength to the fearful, a comfort to the sorrowful; pray for the people, plead for the clergy, make intercession for all women vowed to God; may all feel the might of your assistance.

O angels and saints in heaven, my guardian angel, St. Peter and St. Paul and my patron saints, to you I recommend myself; intercede for me and help me during this hour of adoration.

Amen.

(St. Peter Julian Evmard)

#### Act of Thanksgiving

#### I adore you Eternal Father.

I give you thanks for the infinite love with which you sent your only begotten Son to redeem me and to become the food of my soul. I offer you all the acts of adoration and thanksgiving that are offered to you by the angels and saints in heaven and by the just on earth. I praise, love and thank you with all the praise, love and thanksgiving that are offered to you by your own Son in the Blessed Sacrament; and I beg you to grant that he may be known, loved, honored, praised, and worthily received by all in this most divine Sacrament. Our Father, Hail Mary, Glory be to the Father.

I adore you Eternal Son,

and I thank you for the infinite love which caused you to become man for me, to be born in a stable, to live in poverty and to suffer hunger, thirst, heat, cold, fatigue, hardships, contempt, persecutions, the scourging, the crowning with thorns and a cruel death upon the hard wood of the Cross. With the Church militant and triumphant I thank you for the infinite love with which you instituted the most Blessed Sacrament to be the food of my soul.

I adore you in all the consecrated Hosts throughout the whole world and I return thanks for those who do not know you and who do not thank you. Would that I were able to give my life to make you known, loved, and honored by all in this Sacrament of love, and to prevent the irreverences and sacrileges that are committed against you. I love you divine Jesus, and I desire

to receive you with all the purity, love and affection of your own most pure Heart. In coming to me in this most holy Sacrament grant, O most amiable spouse of my soul, that I may receive all the graces and blessings which you come to bestow on us, and let me rather die than receive you unworthily.

Our Father. Hail Mary, Glory be to the Father.

#### I adore you Eternal Holy Spirit

and I give you thanks for the infinite love with which you worked the ineffable mystery of the Incarnation, and for the infinite love with which you formed the sacred body of our Lord Jesus Christ out of the most pure blood of the Blessed Virgin Mary, and which in this Sacrament becomes the food of my soul. I beg you to enlighten my mind and to purify my heart and the hearts of all men, that all may know the benefit of your love and worthily receive this most Blessed Sacrament.

Our Father, Hail Mary, Glory be to the Father.

(St. Peter Julian Eymard)

#### Act of Reparation

## **O** Divine Lord,

who out of the great love you bear mankind, dwells in the most Holy Sacrament of the altar and where, instead of the reverence and adoration due to you, you frequently receive only indifference, contempt and insult, I cast myself at your feet and offer reparation. I offer you reparation for all the irreverences of which I myself have been guilty in your presence, for all the bad example I may have given and for the little devotion I have shown to you in this Most Holy Sacrament. Furthermore, I offer you reparation for all the sacrileges that have been committed against you in this great Mystery since its first institution and for all that may be committed in the future ages.

Prostrate at your feet I most humbly ask your pardon, and acknowledge that hidden in this Sacrament, you are the King of heaven and earth.

I offer you my homage and adoration and I consecrate myself to you, desiring to adore you wherever you reside sacramentally throughout the world, and unite myself to the worship offered you by all creatures in eternity.

To the Lamb slain for us, be glory, honor, praise, power and blessing for ever and ever.

Amen.

(St. Peter J.Eymard)

#### Act of Petition

O Jesus, I thank you for all the graces I have received through your real presence in the tabernacle; grant me an ardent love for the Sacrament of your love; grant that my visits to you in the blessed Eucharist may sanctify and render me more pleasing and make me resemble you.

Dispose me more fittingly for the worthy and fruitful reception of holy Communion and increase in me the desire of honoring you and of causing others to love and honor you more in the Blessed Sacrament. I recommend to you the wants of my soul, those of my family, of my friends and benefactors, and of all who have asked me to pray for them. Preserve us from all deliberate sins, forgive us those that we have committed and fill us with the spirit of sincere repentance. Send your aid to the Holy Church, the Sovereign Pontiff, the bishops, priests, religious and all the faithful: direct the labors of apostolic missionaries; convert infidels, heretics and sinners, and lead them to sincere repentance.

O my Jesus, grant me the inestimable gift of final perseverance. Let me attain to that degree of virtue which is requisite for obtaining the degree of glory to which you have destined me. Preserve me from a sudden and unprovided death and let me be fortified in my departure for eternity by the grace of the Sacrament of Anointing and Holy Viaticum. Save me through the mercy of your divine Heart; at the hour of my death grant me the grace to love you with a disinterested love like that with which you loved me in your last hour on the Cross.

Amen.

(St. Peter J.Eymard)

#### **RITE OF EUCHARISTIC** EXPOSITION AND BENEDICTION

#### THE MINISTER OF EXPOSITION

The ordinary minister for exposition of the eucharist is a priest or deacon.

In the absence of a priest or deacon or if they are lawfully impeded, the following persons may publicly expose and later repose the holy eucharist for the adoration of the faithful:

a) an acolyte or special minister of communion;

b) a member of a religious community or of a lay association of men or women which is devoted to eucharistic adoration, upon appointment by the local Ordinary.

Such ministers may open the tabernacle and also, if suitable, place the ciborium on the altar or place the host in the monstrance. At the end of the period of adoration, they replace the blessed sacrament in the tabernacle. It is not lawful, however, for them to give the blessing with the sacrament.

The minister, if he is a priest or deacon, should vest in an alb, or a surplice over a cassock and a stole.

The priest or deacon should wear a white cope and humeral veil to give the blessing at the end of adoration, when the exposition takes place with the monstrance; in the case of exposition in the ciborium, the humeral veil should be worn.

#### EXPOSITION

After the people have assembled, a song may be sung while the minister comes to the altar. If the holy eucharist is not reserved at the altar where the exposition is to take place, the minister puts on a humeral veil and brings the sacrament from the place of reservation; he is accompanied by servers or by the faithful with lighted candles.

#### ADORATION

During the exposition there should be prayers, songs, and readings to

#### 96 TO JESUS PRESENT IN THE BLESSED SACRAMENT

direct the attention of the faithful to the worship of Christ the Lord. Toward the end of the exposition the priest or deacon goes to the altar, genuflects, and kneels. Then a hymn or other eucharistic song is sung. Meanwhile the minister, while kneeling, incenses the Blessed Sacrament if the exposition has taken place with the monstrance.

Afterward the minister rises and sings or says the closing prayer.

#### **O** Salutaris Hostia

**O** saving Victim op'ning wide. The gate of heaven to us below! Our foes press on from ev'ry side; your aid supply, your strength bestow.

To your great name be endless praise, Immortal Godhead, one in three: Oh, grant us endless length of days When our true native land we see. Amen.

> O Salutaris Hostia, Quae caeli pandis ostium: Bella premunt hostilia, Da robur, fer auxilium.

Uni trinoque Domino Sit sempiterna gloria, Qui vitam sine termino Nobis donet in patria. Amen.

#### **Tantum Ergo**

**B**owing low, then, offer homage To a Sacrament so great! Here is new and perfect worship; All the old must terminate; Senses cannot grasp this marvel: Faith must serve to compensate. Praise and glorify the Father, Bless his Son's life-giving name, Singing their eternal Godhead, Power, majesty and fame, Offering their Holy Spirit Equal worship and acclaim. Amen.

> Tantum ergo Sacramentum, Veneremur cernui, Et antiquum documentum Novo cedat ritui; Praestet fides supplementum Sensuum defectui.

> Genitori Genitoque Laus et jubilatio, Salus, honor, virtus quoque Sit et benedictio: Procedenti ab utroque Compar sit laudatio. Amen.

#### Let us pray.

Lord Jesus Christ, you gave us the Eucharist as the memorial of your suffering and death.

May our worship of this Sacrament of your Body and Blood help us to experience the salvation you won for us and the peace of the kingdom where you live with the Father and the Holy Spirit, one God for ever and ever.

Amen.

Lord our God, in this great sacrament we come into the presence of Jesus Christ, your Son born of the Virgin Mary and crucified for our salvation. May we who declare our faith in this fountain of love and mercy drink from it the water of everlasting life. We ask this through Christ our Lord.

**Lord** our God, may we always give due honor to the sacramental presence of the Lamb who was slain for us. May our faith be rewarded by the vision of his glory, who lives and reigns for ever and ever.

**Lord** our God, you have given us the true bread from heaven. In the strength of this food may we live always by your life and rise in glory on the last day. We ask this through Christ our Lord.

**Lord**, give to our hearts the light of faith and the fire of love, that we may worship in spirit and in truth our God and Lord, present in this sacrament, who lives and reigns for ever and ever.

Lord, may this sacrament of new life warm our hearts with your love and make us eager for the eternal joy of your kingdom. We ask this through Christ our Lord.

Lord our God, teach us to cherish in our hearts the paschal mystery of your Son by which you redeemed the world. Watch over the gifts of grace your love has given us and bring them to fulfillment in the glory of heaven. We ask this through Christ our Lord.

After the prayer the priest or deacon puts on the humeral veil, genuflects, and takes the monstrance or ciborium. He makes the sign of the cross over the people with the monstrance or ciborium, in silence.

#### REPOSITION

After the blessing the priest or deacon who gave the blessing, or another priest or deacon, replaces the blessed sacrament in the tabernacle and genuflects. Meanwhile the people may sing or say an acclamation, and the minister then leaves.

#### **THE DIVINE PRAISES**

Blessed be God.

Blessed be his holy Name.

Blessed be Jesus Christ, true God and true Man.

Blessed be the name of Jesus.

Blessed be his most sacred Heart.

Blessed be his most precious Blood.

Blessed be Jesus in the most holy Sacrament of the Altar.

Blessed be the Holy Spirit, the Paraclete.

Blessed be the great Mother of God, Mary most holy.

Blessed be her holy and immaculate conception.

Blessed be her glorious assumption.

Blessed be the name of Mary, Virgin and Mother. Blessed be Saint Joseph, her most chaste spouse.

Blessed be God in his angels and in his saints.

May the Heart of Jesus in the most Blessed Sacrament be praised, adored, and loved with grateful affection at every moment in all the tabernacles of the world even to the end of time. Amen.

### Holy God, we praise thy name

Holy God, we praise thy name! Lord of all, we bow before thee!

#### All on earth thy sceptre' claim. All in heaven above adore thee.

Infinite thy vast domain, Everlasting is thy reign.

Hark, the loud celestial hymn Angels choirs above are raising! Cherubim and Seraphim, In unceasing chorus praising, *Fill lhe heavens with sweet accord:* 

Holy, holy, holy Lord!

Holy Father, Holy Son, Holy Spirit, Three we name thee, While in essence only One, Undivided God we 'claim thee;

> And adoring bend the knee, While we own the mystery.

#### **PREPARATION FOR MASS**

#### **Prayer of St. Ambrose**

Lord Jesus Christ, I approach your banquet table in fear and trembling, for I am a sinner, and dare not rely on my own worth but only on your goodness and mercy. I am defiled by many sins in body and soul, and by my unguarded thoughts and words. Gracious God of majesty and awe, I seek your protection, I look for your healing. Poor troubled sinner that I am, I appeal to you, the fountain of all mercy. I cannot bear your judgment, but I trust in your salvation. Lord, I show my wounds to you and uncover my shame before you. I know my sins are many and great, and they fill me with fear, but I hope in your mercies, for they cannot be numbered.

Lord Jesus Christ, eternal king, God and Man, crucified for mankind, look upon me with mercy and hear my prayer, for I trust in you. Have mercy on me, full of sorrow and sin, for the depth of your compassion never ends. Praise to you, saving sacrifice, offered on the wood of the cross for me and for all mankind. Praise to the noble and precious Blood, flowing from the wounds of my crucified Lord Jesus Christ and washing away the sins of the whole world. Remember, O Lord, your creature whom you have redeemed with your blood. I repent my sins, and I long to put right what I have done.

Merciful Father, take away all my offenses and sins; purify me in body and soul, and make me worthy to taste the holy of holies. May your Body and Blood, which I intend to receive, although I am unworthy, be for me the remission of my sins, the washing away of my guilt, the end of my evil thoughts, and the rebirth of my better instincts. May it incite me to do the works pleasing to you and profitable to my health in body and soul, and be a firm defense against the wiles of my enemies.

Amen.

#### **Prayer of St. Thomas Aquinas**

Almighty and ever-living God, I approach the sacrament of your only-begotten Son, our Lord Jesus Christ. I come sick to the doctor of life, unclean to the fountain of mercy, blind to the radiance of eternal light, and poor and needy to the Lord of heaven and earth. Lord, in your great generosity, heal my sickness, wash away my defilement, enlighten my blindness, enrich my poverty, and clothe my nakedness.

May I receive the bread of angels, the King of kings and Lord of lords, with humble reverence, with purity and faith, the repentance and love, and the determined purpose that will help to bring me to salvation. May I receive the sacrament of the Lord's Body and Blood, and its reality and power.

King God, may I receive the Body of your only-begotten Son, our Lord Jesus Christ, born from the womb of the Virgin Mary, and so be received into his mystical body and numbered among his members.

Loving Father, as on my earthly pilgrimage I now receive your beloved Son under the veil of a sacrament, may I one day see him face to face in glory, who lives and reigns with you for ever. Amen.

#### Prayer from the "Imitation of Christ" (IV, 16)

**O** most sweet and loving Lord, whom I now devoutly wish to receive, you know my weaknesses and my needs. You know how many bad habits and vices I have. You know how often I am burdened, tempted, shaken and stained by sin.

I come to you for healing. I pray to you for comfort and support. I speak to you, who know all things, to whom all my inmost thoughts are evident.

You alone can adequately comfort me and help me. You know what good things I need most, and you know how poor I am in virtue. Look! I stand before you poor and naked, asking your grace and imploring your mercy.

Feed me, for I am hungry. Inflame my coldness with the fire of your love. Illuminate my blindness with the light of your presence. Turn my eyes from all that is not you; turn all oppression into patience. Make all that leads me from you not worth thinking about. Make me forget it all.

Lift up my heart to you in heaven, and let me not wander aimlessly about the world. From now on, you will be my only delight, for you alone are my food and drink, my love and joy, my sweetness and my whole good.

Oh, that by your presence you would set me fully on fire, totally consume me and transform me into you, so that through the grace of inner union and by melting in love's flames I would become one spirit with you.

Do not leave me hungry and thirsty, but treat me mercifully as you have so often treated your saints. How wonderful it would be if I were burned and wholly consumed for you, since you are a fire always burning and never consumed, a love that purifies the heart and enlightens the mind.

Amen.

#### Prayer to the Virgin Mary (for priests)

Mother of mercy and love, Blessed Virgin Mary, I am a poor and unworthy sinner, and I turn to you in confidence and love.

You stood by your Son as he hung dying on the cross. Stand also by me, poor sinner, and by all the priests who are offering Mass today here and throughout the entire Church.

Help us to offer a perfect and acceptable sacrifice in the sight of the holy and undivided Trinity, our most high God.

Amen.

#### **Statement of Intention** (for priests)

My purpose is to celebrate Mass, and to make present the Body and Blood of our Lord Jesus Christ according to the rite of the holy Roman Church to the praise of our all-powerful God and all his assembly in the glory of heaven, for my good and the good of all his pilgrim Church on earth, and for all who have asked me to pray for them in general and in particular, and for the good of the holy Roman Church.

May the almighty and merciful Lord grant us joy and peace, amendment of life, room for true repentance, the grace and comfort of the Holy Spirit, and perseverance in good works.

Amen.

#### MANUAL OF PRAYER

#### THANKSGIVING AFTER MASS

#### **Prayer of St. Thomas Aquinas**

Lord, Father all-powerful and ever-living God, I thank you, for even though I am a sinner, your unprofitable servant, not because of my worth but in the kindness of your mercy, you have fed me with the precious Body and Blood of your Son, our Lord Jesus Christ.

I pray that this holy communion may not bring me condemnation and punishment but forgiveness and salvation. May it be a helmet of faith and shield of good will.

May it purify me from evil ways and put an end to my evil passions.

May it bring me charity and patience, humility and obedience, and growth in the power to do good.

May it be my strong defense against all my enemies, visible and invisible, and the perfect calming of all my evil impulses, bodily and spiritual.

May it unite me more closely to you, the one true God, and lead me safely through death to everlasting happiness with you.

And I pray that you will lead me, a sinner, to the banquet where you, with your Son and Holy Spirit, are true and perfect light, total fulfillment, everlasting joy, gladness without end, and perfect happiness to your saints. Grant this through Christ our Lord. Amen.

#### **Prayer to our Redeemer**

Soul of Christ, make me holy. Body of Christ, be my salvation. Blood of Christ, let me drink your wine.

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Water flowing from the side of Christ, wash me clean. Passion of Christ, strengthen me. Kind Jesus, hear my prayer; hide me within your wounds and keep me close to you. Defend me from the evil enemy. Call me at my death to the fellowship of your saints, that I may sing your praise with them through all eternity. Amen.

My God and dear Jesus, I kneel before you, asking you most earnestly to engrave upon my heart a deep and lively faith, hope and charity, with true repentance for my sins and a firm resolve to make amends. As I reflect upon your five wounds, and dwell upon them with deep compassion and grief, I recall, good Jesus, the words the prophet David spoke long ago concerning yourself: they have pierced my hands and my feet, they have counted all my bones! Amen.

Lord Jesus Christ, take all my freedom, my memory, my understanding, and my will. All that I have and cherish you have given me. I surrender it all to be guided by your will. Your grace and your love are wealth enough for me. Give me these, Lord Jesus, and I ask for nothing more. Amen.

#### **The Universal Prayer**

(attributed to Pope Clement XI)

Lord, I believe in you: increase my faith. I trust in you: strengthen my trust. I love you: let me love you more and more. I am sorry for my sins: deepen my sorrow. I worship you as my first beginning, I long for you as my last end, I praise you as my constant helper, and call on you as my loving protector.

Guide me by your wisdom, correct me with your justice, comfort me with your mercy, protect me with your power.

I offer you, Lord, my thoughts: to be fixed on you; my words: to have you for their theme; my actions: to reflect my love for you; my sufferings: to be endured for your greater glory.

I want to do what you ask of me: in the way you ask, for as long as you ask, because you ask it.

Lord, enlighten my understanding, strengthen my will, purify my heart, and make me holy.

Help me to repent of my past sins and to resist temptation in the future. Help me to rise above my human weaknesses and to grow stronger as a Christian.

Let me love you, my Lord and my God, and see myself as I really am: a pilgrim in this world, a Christian called to respect and love all whose lives I touch, those in authority over me or those under my authority, my friends and my enemies.

Help me to conquer anger with gentleness, greed by generosity, apathy by fervor. Help me to forget myself and reach out toward others.

Make me prudent in planning, courageous in taking risks. Make me patient in suffering, unassuming in prosperity.

Keep me, Lord, attentive at prayer, temperate in food and drink, diligent in my work, firm in my good intentions. Let my conscience be clear, my conduct without fault, my speech blameless, my life well-ordered.

Put me on guard against my human weaknesses. Let me cherish your love for me, keep your law, and come at last to your salvation.

Teach me to realize that this world is passing, that my true future is the happiness of heaven, that life on earth is short, and the life to come eternal.

Help me to prepare for death with a proper fear of judgment, but a great trust in your goodness. Lead me safely through death to the endless joy of heaven. Grant this through Christ our Lord. Amen.

#### Prayer of St. Thomas Aquinas for leading a holy life

**G**rant, O merciful God, that I may ardently desire, carefully examine, truly know, and perfectly fulfill those things that are pleasing to You and are to the praise and glory of your holy name.

Direct my course, O my God, that I may do what You require me to do. Show me the way and grant that I may follow it as is necessary and profitable to my soul.

Grant to me, O Lord my God, that I may not be found wanting in prosperity nor adversity; that I may not be lifted up by one nor cast down by the other.

May I find joy in nothing but what leads to You; sorrow in nothing but what leads away from You.

May I seek to please no one, nor fear to displease any.

May I fear only You.

May I despise all transitory things, O Lord, and treasure all things that are eternal.

May I detest all delights without You, and not desire anything apart from You.

Let me find pleasure in all toil that is for You, and weariness in all rest where You are not.

Grant to me, O my God, that I may turn my heart to You always, and grieve for my failings with a firm purpose of amendment.

Make me, O Lord, obedient without opposition, poor without complaining, chaste without blemish, patient without murmur, humble without pretense, happy without riotousness, serious without heaviness, cheerful without frivolity, Godfearing without abjectness, truthful without duplicity, doing good without presumption, correcting my neighbor without pride, edifying him by word and example without hypocrisy.

Grant to me, O Lord God, a vigilant heart that no subtle speculation may ever lead me from You; a nobleness that no unworthy affection may draw me from You; a rectitude that no evil purpose may turn me from You. Grant me a steadfastness that no tribulation may shatter; a freedom that no violent affection may overthrow. Give me, O Lord my God, a mind to know You, diligence to seek You, wisdom to find You. Give me a way of life pleasing to You, perseverance to trust and await You, and finally faith to embrace You.

Grant that my punishments may be averted through

penance here, and your benefits used in this life through your grace, that your joys may be enjoyed in heaven in glory. Who lives and reignes, God, forever and ever. Amen.

#### Petitions of St. Augustine

Lord Jesus, may I know myself and know You. And I desire nothing save only You. May I hate myself and love You. May I do everything for the sake of You. May I humble myself and exalt You. May I think of nothing except You. May I die to myself and live in You. May I receive whatever happens as from You. May I banish self and ever desire to follow You. May I fly from myself and fly to You. May I deserve to be defended by You. May I fear for myself and fear You. That I may be among those chosen by You. May I distrust myself and trust in You. May I be willing to obey for the love of You. May I cling to nothing but You. May I be poor for the sake of You. Look upon me that I may love You. Call me that I may see You and ever and ever enjoy You. Amen.

#### Prayer to the Virgin Mary

Mary, holy virgin mother, I have received your Son, Jesus Christ.

With love you became his mother, gave birth to him, nursed him, and helped him grow to manhood.

With love I return him to you, to hold once more, to love with all your heart, and to offer to the Holy Trinity as our supreme act of worship for your honor and for the good of all your pilgrim brothers and sisters.

Mother, ask God to forgive my sins and to help me serve him more faithfully. Keep me true to Christ until death, and let me come to praise him with you for ever and ever.

Amen.

# Prayers to the Sacred Heart of Jesus

By the Altar of our church there is the divine fireplace of life and the source from which rays of heavenly bliss depart. There, like the brood of the pelican, the children of the Lord gather in hunger longing to be satiated with the Divine Blood flowing from the wounded Heart of Jesus. (Bl. Louis Guanella)

## FIRST FRIDAY DEVOTION

# The Promises of Our Lord to Saint Margaret Mary Alacoque:

- 1. I will give them all the graces necessary in their state of life.
- 2. I will establish peace in their houses.
- 3. I will comfort them in all their afflictions.
- 4. I will be their secure refuge during life and, above all, in death.
- 5. I will bestow a large blessing upon all their undertakings.
- 6. Sinners shall find in My Heart the source and the infinite ocean of mercy.
- 7. Tepid souls shall grow fervent.
- 8. Fervent souls shall quickly mount to high perfection.
- 9. *I will bless every place where a picture of My Heart shall be set up and honored.*
- 10. I will give to priests the gift of touching the most hardened hearts.
- 11. Those who shall promote this devotion shall have their names written in My Heart, never to be blotted out.
- 12. I promise you in the excessive mercy of My Heart that My all-powerful love will grant to all those who communicate on the First Friday of nine consecutive months the grace of final penitence, they shall not die in my displeasure nor without receiving the Sacraments; My Divine Heart shall be their safe refuge in this last moment.

#### **Morning Offering**

**O** Jesus, through the Immaculate Heart of Mary, Mother of the Church I offer You my prayers, works, joys and sufferings of this day in union with the Holy Sacrifice of the Mass throughout the world.

I offer them for all the intentions of your Sacred Heart: the salvation of souls, reparation for sins, the reunion of all Christians.

I offer them for the intentions of our Bishops and in particular for those recommended by our Holy Father this month.

#### Act of Reparation to the Sacred Heart (original version)

Most sweet Jesus, whose overflowing charity for us is returned by so much forgetfulness, negligence and contempt, behold us prostrate before you, eager to repair by a special act of homage the cruel indifference and injuries to which your loving Heart is everywhere subjected.

Mindful that we ourselves have had a share in such great indignities, which we now deplore from the depths of our hearts, we humbly ask your pardon and declare our readiness to atone by voluntary explation, not only for our own personal offenses, but also for the sins of those, who, straying far from the path of salvation, refuse in their obstinate infidelity to follow you, their Shepherd and Leader, or, renouncing the promises of their baptism, have cast off the sweet yoke of your law.

We are now resolved to explate each and every deplorable outrage committed against you; to make amends for the manifold offenses against Christian modesty in unbecoming dress and behavior, for all the seductions laid to ensnare the feet of the innocent, for the frequent violations of Sundays and holydays, and the shocking blasphemies uttered against you and your saints. We wish also to make amends for the insults to which your Vicar on earth and your priests are subjected, for the profanation, by conscious neglet or terrible acts of sacrilege, of the very Sacrament of Your divine love. And lastly, for the public crimes of nations and individuals who resist Your law and the teaching authority of the Church which You have founded.Would that we were able to wash away such abominations with our blood.

We now offer, in reparation for these violations of your divine honor, the satisfaction you once made to your Eternal Father on the cross and which you continue to renew daily on our altars.We offer it in union with the acts of atonement of your Virgin Mother and all the saints and the pious faithful on earth; and we sincerely promise to make recompense, as far as we can with the help of your grace, for all neglet of your great love and for the sins we and others have committed in the past. Henceforth we will live a life of unswerving faith. of purity of conduct, of perfect observance of the precepts of the Gospel and especially that of charity. We promise to the best of our power to prevent others from offending you and to bring as many as possible to follow you.

O loving Jesus, through the intercession of the Blessed Virgin Mary, our model in reparation, deign to receive the voluntary offering we make of this act of expiation; and by the crowning gift of perseverance keep us faithful unto death in our duty and the allegiance we owe to you, so that we may all one day come to that happy home where with the Father and the Holy Spirit you live and reign for ever and ever.

Amen.

#### Act of Reparation to the Sacred Heart (revised version)

Most loving Jesus, how great is the love which you have poured out upon the world.

How casual and careless is our response!

Kneeling before you, we wish to atone for the indifference and the slights which pierce you to the heart.

Praise to the Heart of Jesus, our Savior and our God.

We ask forgiveness for our own shameful neglect. We wish to make amends for those who are obstinate in their unbelief, for those who turn away from the light and wander like sheep without a shepherd; and for those who have broken their baptismal promises and reject the gentle yoke of your law.

Praise to the Heart of Jesus, our Savior and our God.

We wish to make amends for the sins of our society: for lust and degradation, for the corruption of the young, for indifference and blasphemy, for attacks against your Church, for irriverence and even sacrilege against your love in this Blessed Sacrament, and for MANUAL OF PRAYER

the public defiance of your law.

Praise to the Heart of Jesus, our Savior and our God.

These are the sins for which you died, but now we share in your atonement by offering on the altar in union with you the living sacrifice you made on the cross, joining to it the sufferings of your Virgin Mother, and those of all the saints and the whole Church

Praise to the Heart of Jesus. our Savior and our God.

We promise faithfully that by your grace we shall make reparation for our own sins and for those of others by a strong faith, by holy living, and by obedience to the law of the Gospel, whose greatest commandment is that of charity.

Praise to the Heart of Jesus, our Savior and our God.

We also promise to do our best to discourage others from insulting you and bring those we can to follow vou.

Praise to the Heart of Jesus, our Savior and our God.

Jesus, Lord, receive this loving act of homage together with the prayers of our Lady, who stood by the cross, our model in reparation.

Keep us faithful, even to the point of death, give us the gift of perseverance and lead us all to our promised land in heaven, where you, with the Father and the Holy Spirit, live and reign for ever and ever. Amen.

Praise to the Heart of Jesus, our Savior and our God.

(A partial indulgence. This indulgence will be a plenary one when this Act of Reparation is publicly recited on the solemnity of the Sacred Heart of Jesus. HofI 26)

#### **Daily Prayer to the Sacred Heart**

Sacred Heart of Jesus today I wish to live in You, in your grace, in which I desire at all costs to persevere. Keep me from sin and strengthen my will by helping me to keep watch over my senses, my imagination and my heart. Help me to correct my faults which are the source of sin. I beg you to do this, O Jesus, through Mary, Your Immaculate Mother.

Sacred Heart of Jesus, today I wish to live for You. I consecrate to you, through the hands of Mary, any good I may be able to do. Grant me to love you and to make you loved.

Make me an instrument of your glory so that I may accomplish all the good you expect from me. Make me kind toward others, patient with them, devoted to all their spiritual and temporal interests, to your little ones, and to all who suffer.

Sacred Heart of Jesus, today I wish to live with You. By recollection and by love. I shall try to say all my prayers with a deep spirit of faith.

And often during the day I will cry to you: O Jesus, would that I could love you more. O Jesus, would that I could make you more loved. O Jesus, would that I could love you for all those who do not love you.

Sacred Heart of Jesus, your kingdom come! Sacred Heart of Jesus, I put all my trust in you!

Sacred Heart of Jesus, I beseech you, through Mary, bless this day and bless my whole life. Amen.

#### Litany of Reparation

Jesus, look with mercy upon us, as we come before you in a spirit of faith, reparation and love, to express sorrow for ourselves and for all sinners.

May we move your divine Heart by the promises we are about to make to obtain pardon for ourselves, for the believing and unbelieving world, and for those who have not had the gift of evangelization. We wish to console you:

For the forgetfulness and ingratitude of men,

we will console you, Lord.

For the way you are abandoned in the tabernacles, For the offenses of sinners. For those who do not respect you. For the profanities spoken against you, For the outrages against your divinity, For the sacrileges which profane your Eucharist, For the irreverences committed in your Presence, For the injuries of which you are the victim, For the coldness of the majority of your children, For the contempt of your loving invitations, For the unfaithfulness of those who call themselves your friends. we will console you, Lord. For the misuse of your grace, For our own unfaithfulness. For the hardness of our hearts. For our long delay in loving you, For our lukewarmness in your holy service, For the sadness you experience at the loss of souls,

For the long waiting at the door of our hearts,

For the heartless contempt that grieves you,

For your loving sighs,

For your loving tears,

For your loving imprisonment in the tabernacle,

For your loving death, we will console you, Lord.

Jesus, Savior, from whose Heart came forth this bitter complaint: "I looked for one that would comfort me, and I found none", accept the meager consolation we offer you, and assist us with your powerful grace, that we may always avoid sin that displeases you.

May we prove ourselves in everything, everywhere and forever your most faithful and devoted souls. We ask this from your Sacred Heart, dear Jesus, who being God with the Father and with the Holy Spirit, lives and reigns for ever and ever.

Amen.

## Reparation before the Blessed Sacrament

(By St. Hannibal Di Francia)

Leader: Lord Jesus, you said to the paralytic man, "Have courage, son, your sins are forgiven".

Your words are words of life.

Sorry for our sins, and confident in your mercy, as your children, we have the courage to say:

All: Loving Jesus, you are the victim of our sins, and the salvation of those who hope in you. In the Eucharist you often remain unknown and forgotten, yet you continue to offer day and night the Sacrifice of Calvary all over the world. We intend to console you, O Lord, for the ingratitude and the indifference of so many people. O Lord, do not look at our unworthiness, but forgive our sins and be mindful of our good intention to be here to pray for good laborers for your harvest.

Leader: We need to ask you, O Lord, for forgiveness. As we give thanks and praise in reparation for those who offend you, we offer you our love and our life in repentance for all sins.

Let us turn in prayer to Jesus, our merciful and compassionate Lord, present in the Sacrament of the Eucharist, and say:

All:Be merciful, O Sacrament Divine.

- L: Toward those who despise your commandments.
- A: Be merciful, O Sacrament Divine.
- L: For the sins of our families, relatives, and friends.
- A: Be merciful, O Sacrament Divine.
- L: For infidelities and sacrileges.
- A: Be merciful, O Sacrament Divine.
- L: For our disobedience and infidelity to your holy Church.
- A: Be merciful, O Sacrament Divine.
- L: For lack of courage in defending our faith.
- A: Be merciful, O Sacrament Divine.
- L: For our laziness in reading and listening to your Word.
- A: Be merciful, O Sacrament Divine.
- L: For those who are hesitant and resist the inspiration of your divine grace.
- A: Be merciful, O Sacrament Divine.

- L: For our lack of cooperation in building the Christian community.
- A: Be merciful. O Sacrament Divine.
- L: For licentiousness, public corruption and scandals.
- A: Be merciful. O Sacrament Divine.
- L: For the injustices against the poor, the handicapped and minorities.
- A: Be merciful, O Sacrament Divine.
- L: For the sins of violence, and alcohol and drug abuse.
- A: Be merciful. O Sacrament Divine.
- L: For the lack of respect for the life of the unborn.
- A: Be merciful. O Sacrament Divine.
- L: For the violations of human rights in the world.
- A: Be merciful, O Sacrament Divine.
- L: For our weak dedication to religious education.
- A: Be merciful. O Sacrament Divine.
- L: For divisions and conflicts in our families.
- A: Be merciful. O Sacrament Divine.
- L: For our lack of Christian participation in the welfare of society.
- A: Be merciful. O Sacrament Divine.
- L: For the errors spread by priests, theologians, liturgists and catechists.
- A: Be merciful. O Sacrament Divine.
- L: For the sins of the Church's leaders.
- A: Be merciful, O Sacrament Divine.

- L: For the faults and imperfections of bishops,
  - priests and consecrated people in the Church.
- A: Be merciful. O Sacrament Divine.

Leader: Let us pray in adoration,

All: Lord Jesus, great is the grace we ask of you. Even though our faults are many, remember that your mercy is greater still. Let your grace abound over all sinfulness. Lord of the Harvest, hear us: send us holy vocations. We ask this in faith, through the intercession of Mary, your Mother. Out of love for her and for your glory hear our prayers! Come, Lord, do not delay. Look upon your Sanctuary and see how it has become deserted. Send, Lord, Holy Apostles to your Church. Amen.

#### LITANY OF THE MOST SACRED HEART

Lord, have mercy.	Lord, have mercy	
Christ, have mercy.	Christ, have mercy	
God our Father in Heaven,	have mercy on us	
God the Son, Redeemer of the w	orld,	
God the Holy Spirit,		
Holy Trinity, one God,		
Heart of Jesus, Son of the eternal Father,		
	have mercy on us.	
Heart of Jesus, formed by the Ho	bly Spirit in the womb	
of the Virgin Mary,		

Heart of Jesus, one with the eternal Word, Heart of Jesus, infinite in majesty,

Heart of Jesus, holv temple of God. Heart of Jesus, tabernacle of the Most High, Heart of Jesus, house of God and gate of heaven, Heart of Jesus, burning furnace of charity, Heart of Jesus, source of justice and love, Heart of Jesus, full of goodness and love, Heart of Jesus, well-spring of all virtue, Heart of Jesus, worthy of all praise, Heart of Jesus, king and center of all hearts. Heart of Jesus, treasure-house of wisdom and knowledge, Heart of Jesus, in whom there dwells the fullness of God, Heart of Jesus, in whom the Father is well pleased, Heart of Jesus, from whose fullness we have all received. have mercy on us. Heart of Jesus, desire of the eternal hills. Heart of Jesus, patient and full of mercy, Heart of Jesus, generous to all who turn to you, Heart of Jesus, fountain of life and holiness, Heart of Jesus, atonement for our sins, Heart of Jesus, overwhelmed with insults, Heart of Jesus. broken for our sins. Heart of Jesus, obedient even to death, Heart of Jesus, pierced by a lance, Heart of Jesus, source of all consolation. Heart of Jesus, our life and resurrection, Heart of Jesus, our peace and reconciliation, Heart of Jesus, victim of our sins, Heart of Jesus, salvation of all who trust in you, Heart of Jesus, hope of all who die in you, Heart of Jesus, delight of all the saints,

Lamb of God, you take away the sins of the world, spare us, O Lord. Lamb of god, you take away the sins of the world, graciously hear us, O Lord. Lamb of God, you take away the sins of the world, have mercy on us. Jesus, gentle and humble of heart. - Touch our hearts and make them like your own.

#### Let us pray.

Father, we rejoice in the gifts of love we have received from the Heart of Jesus your Son. Open our hearts to share his life and continue to bless us with his love. We ask this in the name of Jesus the Lord. Amen.

#### LITANY OF THE MOST PRECIOUS BLOOD

Lord, have mercy. *Lord, have mercy* Christ, have mercy Christ, have mercy God our Father in heaven. Have mercy on us God the Son. Redeemer of the world. God the Holy Spirit, Holy Trinity, one God, Blood of Christ, only Son of the Father, be our salvation. Blood of Christ, incarnate Word, Blood of Christ, of the new and eternal covenant. Blood of Christ, that spilled to the ground, Blood of Christ, that flowed at the scourging,

Blood of Christ, dripping from the thorns, Blood of Christ, shed on the cross, Blood of Christ, the price of our redemption, Blood of Christ, our only claim to pardon, Blood of Christ, our blessing cup, Blood of Christ, in which we are washed, Blood of Christ, torrent of mercy, *be our salvation.* 

Blood of Christ, that overcomes evil, Blood of Christ, strength of the martyrs, Blood of Christ, endurance of the saints, Blood of Christ, endurance of the saints, Blood of Christ, that makes the barren fruitful, Blood of Christ, protection of the threatened, Blood of Christ, comfort of the weary, Blood of Christ, solace of the mourner, Blood of Christ, hope of the repentant, Blood of Christ, our peace and refreshment, Blood of Christ, our pledge of life, Blood of Christ, by which we pass to glory, Blood of Christ, most worthy of honor,

Lamb of God, you take away the sins of the world, *spare us, O Lord.*Lamb of God, you take away the sins of the world, *graciously hear us, O Lord.*Lamb of God, you take away the sins of the world, *have mercy on us.*

Lord, you redeemed us by your blood, -You have made us a kingdom to serve our God.

#### Let us pray.

Father, by the blood of your Son you have set us free and saved us from death. Continue your work of love within us, that by constantly celebrating the mystery of our salvation we may reach the eternal life it promises. We ask this through Christ our Lord. Amen.

#### LITANY OF THE HOLY NAME OF JESUS

Lord, have mercy,	Lord, have mercy.
Christ, have mercy,	Christ, have mercy.
God our Father in heaven, God the Son, Redeemer of the wo God the Holy Spirit, Holy Trinity, one God,	have mercy on us. rld,
Jesus, Son of the living God, Jesus, splendor of the Father, Jesus, brightness of everlasting lig Jesus, king of glory, Jesus, dawn of justice,	have mercy on us
Jesus, Son of the Virgin Mary, Jesus, worthy of love, Jesus, mighty God,	
Jesus, father of the world to come Jesus, prince of peace, Jesus, all-powerful,	,
Jesus, pattern of patience, Jesus, model of obedience,	

Jesus, gentle and humble of heart, Jesus, lover of chastity, Jesus, lover of us all, Jesus, God of peace, Jesus, author of life, Jesus, model of goodness, Jesus, seeker of souls,	have mercy on us	From everlasting death, From neglect of your Holy Spirit, By the mystery of your incarnation, By your birth, By your childhood, By your hidden life, By your public ministry,	
Jesus, our God,		By your agony and crucifixion,	
Jesus, our refuge, Jesus, father of the poor,		By your abandonment, By your grief and sorrow,	
Jesus, treasure of the faithful,		By your death and burial,	
Jesus, Good Shepherd, Jesus, the true light, Jesus, eternal wisdom, Jesus, infinite goodness,		By your rising to new life, By your return in glory to the Father, By your gift of the Holy Eucharist, By your joy and glory,	
Jesus, our way and our life,		Christ, hear us,	Christ, hear us.
Jesus, joy of angels,		Lord Jesus, hear our prayer,	
Jesus, king of patriarchs,		Lord Jesus,	hear our prayer.
Jesus, teacher of apostles, Jesus, master of evangelists,		Lamb of God, you take away the sins <i>spare us, O Lord.</i>	of the world,
Jesus, courage of martyrs, Jesus, light of confessors,		Lamb of God, you take away the sins graciously hear us, O Lord.	of the world,
Jesus, purity of virgins, Jesus, crown of all saints,		Lamb of God, you take away the sins <i>have mercy on us.</i>	of the world,
Lord, be merciful, Jesu From all evil, From every sin, From the snares of the devil, From your anger, From the spirit of infidelity,	s, save your people.	Let us pray. Lord, may we who honor the Holy enjoy his friendship in this life and be nal joy in the kingdom where he live ever and ever. Amen.	filled with eter-

#### A praver to Christ our Savior

(From the prayers attributed to Saint Bridget)

**B**lessed are you, my Lord Jesus Christ. You foretold your death and at the Last Supper you marvelously consecrated bread which became your precious body. And then you gave it to your apostles out of love as a memorial of your most holy passion.

By washing their feet with your holy hands, you gave them a supreme example of your deep humility. Honor be to you, my Lord Jesus Christ.

Fearing your passion and death, you poured forth blood from your innocent body like sweat, and still you accomplished our redemption as you desired and gave us the clearest proof of your love for all men.

Blessed may you be, my Lord Jesus Christ. After you had been led to Caiaphas, you, the judge of all men, humbly allowed yourself to be handed over to the judgment of Pilate.

Glory be to you, my Lord Jesus Christ, for the mockery you endured when you stood clothed in purple and wearing a crown of sharp thorns. With utmost endurance you allowed vicious men to spit upon your glorious face, blindfold you and beat your cheek and neck with cruelest blows.

Praise be to you, my Lord Jesus Christ. For with the greatest patience you allowed yourself like an innocent lamb to be bound to a pillar and mercilessly scourged, and then to be brought, covered with blood, before the judgment seat of Pilate to be gazed upon by all. Honor be to you, my Lord Jesus Christ.

For after your glorious body was covered with blood, you were condemned to death on the cross, you endured the pain of carrying the cross on your sacred shoulders, and you were led with curses to the place where you will suffer. Then stripped of your garments, vou allowed vourself to be nailed to the wood of the cross.

Everlasting honor be to you, Lord Jesus Christ. You allowed your most holy Mother to suffer so much, even though she had never sinned nor ever even consented to the smallest sin. Humbly you looked down upon her with your gentle loving eyes, and to comfort her you entrusted her to the faithful care of your disciple.

Eternal blessing be yours, my Lord Jesus Christ, because in your last agony you held out to all sinners the hope of pardon, when in your mercy you promised the glory of paradise to the penitent thief.

Eternal praise be to you, my Lord Jesus Christ, for the time you endured on the cross the greatest torments and sufferings for us sinners. The sharp pain of your wounds fiercely penetrated even to your blessed soul and cruelly pierced your most Sacred Heart till finally vou sent forth vour spirit in peace, bowed vour head, and humbly commended yourself into the hands of God your Father, and your whole body remained cold in death.

Blessed may you be, my Lord Jesus Christ. You redeemed our souls with your precious blood and most holy death, and in your mercy you led them from exile back to eternal life.

#### PRAYERS TO SACRED HEART OF JESUS 134

Blessed may you be, my Lord Jesus Christ. For our salvation you allowed your side and heart to be pierced with a lance; and from that side water and your precious Blood flowed out abundantly for our redemption.

Glory be to you, my Lord Jesus Christ. You allowed your blessed body to be taken down from the cross by your friends and laid in the arms of your most sorrowing Mother, and you let her wrap your body in a shroud and bury it in a tomb to be guarded by soldiers.

Unending honor be to you, my Lord Jesus Christ. On the third day you rose from the dead and appeared to those you had chosen. And after forty days you ascended into heaven before the eyes of many witnesses, and there in heaven you gathered together in glory those you love, whom you had freed from hell.

Rejoicing and eternal praise be to you, my Lord Jesus Christ, who sent the Holy Spirit into the hearts of your disciples and increased the boundless love of God in their spirits.

Blessed are you and praiseworthy and glorious for ever, my Lord Jesus. You sit upon your throne in your kingdom of heaven, in the glory of your divinity, living in the most holy body you took from a virgin's flesh. So will you appear on that last day to judge the souls of all the living and the dead; you who live and reign with the Father and the Holy Spirit for ever and ever. Amen.

#### **Prayer of St Cyprian**

**I** beg vou. Son of the living God; you have worked so many miracles; you changed water into wine at Cana to enlighten Israel; you healed the eyes of the blind, you restored hearing to deaf ears and movement to paralyzed limbs, you corrected the stammering tongue, freed the possessed, made the lame run like the deer. raised up the dead, and taking him by the hand you made Peter walk upon the water, safe from sinking.

You have left us this saying: "Ask and you will receive, Seek and you will find knock and it will be opened to you. All that you ask of the Father, in my name, I, too, will ask of the Father, that you may have it." I ask that I may receive, seek that I may find, knock that it may be opened to me.

I ask in your name that you will ask your Father and he will hear me. I am ready to pour out my blood, as a victim, for thy name's sake, to bear any torment.

You, Lord, are the one who hears and protects me; defend me from the enemy.

May the angel of light protect me, for you have said, "What you ask of me with faith in prayer, I will grant."

May your Spirit work in me; your will be accomplished in me, that I may be wholly yours, all the days of my life.

#### **Serenity Prayer**

God grant me the serenity to accept the things I cannot change, courage to change the things I can, and the

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wisdom to know the difference. Living one day at a time; enjoying one moment at a time; accepting hardship as the pathway to peace. Taking as Jesus did this sinful world as it is, not as I would have it; trusting that he will make all things right if I surrender to his will; that I may be reasonably happy in this life and supremely happy with him forever in the next.

#### **Praver of Self-Dedication to Jesus Christ**

Lord Jesus Christ, take all my freedom, my memory, my understanding, and my will. All that I have and cherish vou have given me. I surrender it all to be guided by your will. Your grace and your love are wealth enough for me. Give me these, Lord Jesus, and I ask for nothing more.

(St. Ignatius of Loyola)

#### Act of Dedication to Christ the King

Loving Jesus, Redeemer of the world, we are yours, and yours we wish to be. To bind ourselves to you even more closely we kneel before you today and offer ourselves to your most Sacred Heart.

Praise to you, our Savior and our King. Have mercy on all who have never known you and on all who reject you and refuse to obey you: gentle Lord, draw them to yourself.

Praise to you, our savior and our King.

Reign over the faithful who have never left you, reign over those who have squandered their inheritance, the prodigal children who now are starving: bring them back to their Father's house.

#### Praise to you, our Savior and our King.

Reign over those who are misled by error or divided by discord. Hasten the day when we shall be one in faith and truth, one flock with you, the one Shepherd. Give to your Church freedom and peace, and to all nations justice and order. Make the earth resound from pole to pole with a single cry: Praise to the Divine Heart that gained our salvation; glory and honor be his for ever and ever. Amen.

#### Praise to you, our Savior and our King.

(A partial indulgence is granted the Christian faithful who devoutly recite the above Act of Dedication to Christ the King. This indulgence will be a plenary one when this Act is publicly recited on the solemnity of our Lord, Jesus Christ, the King.)

#### The Pravers of Father Guanella to the Sacred Heart of Jesus

**O** most sacred Heart of Jesus, come to me for I long to be with you. Uncover to me an opening so that I may enter your blessed Heart. I will kneel in perpetual adoration. In thanskgiving toward your Divine Heart that gave me salvation, I too will raise my merciful supplication to the Father so that the multitude of my brothers and sisters, who still wander in their way of perdition, may hear me and be prompt to receive healing and forgiveness in your divine Heart, O Jesus. Amen.

**O** most Sacred Heart of Jesus, I cannot love you as much as the Blessed Virgin Mary, and I am sorry for that. I would like to love you as the chaste Saint Joseph

loved vou. At least, O Lord, may I love vou with the simplicity and affection of the shepherds. How happy I will be when I will begin to really love you! I will be blessed when, together with the angelic hosts, I will sing and rejoice around you. Amen.

**O** Jesus, in order to better pray I would like to enter

your blessed Heart. In waiting for you, I am asking not to grow weary. I am asking this also for all my brothers and sisters. I know. I know the suffering of my soul. I know also that by your infinite goodness you lead to eternal salvation all the afflictions of my spirit. Be always praised, O Heart of Jesus. From you I receive with gratitude the days of joy, with submission the days of sorrows. Give me your help so that I may be constant in such resolution.

Amen.

**O** sacred Heart of Jesus, come and show yourself to me, your humble servant. Come with the power of your grace. Show yourself with the mercy of your holy inspirations. O good Jesus! Out of love you transfigured yourself in the crib; for love on Mount Tabor; for love you transfigured yourself on the Calvary of suffering and then into the tomb of the resurrection. For love you transfigure yourself in the Most Blessed Sacrament of the altar.

**O** Jesus, you are all the time so good toward your children. May you be always blessed, O Lord and loving Father. Send us the chalice of afflictions, together with the comfort of holy submission and patience. It is

a chalice containing every hardship of life. Your will be done, O Father. Always your will be done.

**O** Jesus, bless me again and again. I desire you. I desire you. O Sacred Heart of my Jesus, I want to enter into your Heart and never come out. Cover my soul by the Blood of your Heart and make it worthy to enter Paradise. O Paradise, O my Lord, I long for nothing else than you! O sweet Heart of Jesus, make me love you for ever and ever.

**O** adorable Heart of my Savior! I am sorry for having offended you by many sins of mine. I regret having offended you by my many foolish words. I deserved to be abandoned by you. Instead, you never left me and for that I give you glory. Always, always, may there be on my lips words of praise to your holy Name, because you saved me by the prize of your Most Precious Blood.

Prayers for vocations and for the sanctification of Clergy and Religious

> The Servants of Charity Priests and Brothers are called to be angelic men, martyrs of virtue and charity. (Bl. Louis Guanella)

#### For the Sanctification of the Clergy

Jesus, eternal shepherd of souls, listen to our prayer for priests! Recognize in it your own infinite desire! Are not priests ambassadors of your most tender and delicate love, in which are summed up all your affections for souls? We confess we are unworthy of having holy priests. But your mercy is infinitely greater than our foolishness and malice. Jesus, grant that there may ascend to your priesthood only those who are called by you. Enlighten pastors in their choice, and directors in the spirit of counsel, educators in the cultivation of vocations. Give us priests who are chaste, humble, and full of love, courageous in sacrifice, apostles of your glory, saviors and sanctifiers of souls.

Have mercy on so many uneducated people, for whom they must be the light; on so many children who call for someone, who, saving them from deceits, will redeem them in your name; on so many children and youth who call for someone to save them and lead them to you; on so many who suffer and have need of a heart which will console them in yours. Remember, how many souls will arrive at perfection through the ministry of holy priests. Jesus, take compassion once more on the multitudes who are hungry and thirsty!

Grant that the priesthood may lead all suffering humanity to you, so that the earth may once again be renewed through it, that the Church may be exalted, that the kingdom of your heart may be established in peace. Virgin Immaculate, Mother of the Eternal Priest, who had for your adopted son John, the priest

chosen by Jesus: you who resided as mistress and Queen of the Apostles in the cenacle, make our humble prayer your own; make its accents resound in the Heart of your divine Son, and with your unfailing supplication, obtain that the Church of Jesus may have a continual renewal of Pentecost. Amen.

#### **Give us Holy Priests**

Lord, to spread your honor and glory,

give us holy priests.

Lord, to increase our faith, Lord, to support your Church, Lord, to preach your gospel, Lord, to defend your cause, Lord, to combat error. Lord, to destroy evil, Lord, to support the truth, Lord, to direct our souls. Lord, to make humanity better, Lord, to eradicate vices, Lord, to enlighten the world. Lord, to make known the riches of your heart, Lord, to make us love the Holy Spirit, Lord, may your priests be the light of the world and the salt of the earth,

#### Let us pray.

Jesus, High Priest, we ask you with all the zeal of our souls to increase the number of men aspiring to the priesthood and mold them according to the plans of MANUAL OF PRAYER 145

your loving heart, so that they may work effectively in making the world one flock and one Shepherd. Amen.

#### **Praver for Priests**

Heavenly Father, pour out your grace on the priests vou have made. Let them remember that in performing their tasks they are never alone. Relying on your almighty power and believing in Christ, who called them to share his priesthood, may they devote themselves to their ministry with complete trust, knowing that you can intensify in them the ability to love.

Lord Jesus, bless all priests and give them grace to do your great work on earth. Keep them, Lord, close to your heart and under the shadow of your protection. Bless their labors for you and grant that their harvest of souls may be a source of joy and consolation to them during life and may merit an everlasting reward for them in death, that, having led many souls to you, they may see you face to face. Amen.

### **Prayer for Priests**

**O** Jesus, Eternal High Priest, keep your servants within the shelter of your sacred Heart where none may harm them. Keep unstained their consecrated hands which daily touch your sacred Body. Keep unsullied their lips purpled with your precious Blood. Keep pure and holy their hearts sealed with the sublime character of your priesthood. Let your holy love surround them and shield

them from the world's contagion. Bless their labors with abundant and lasting fruit. May they to whom they minister be their joy and consolation here on earth and their beautiful crown and everlasting glory in heaven.

O Lord, we pray for the conversion of all those who do not know you or who are held in the slavery of indifference, heresy and schism. Look down, O Lord, with favor upon the little ones of the flock that they may grow in innocence and purity of heart and in your holy grace. Protect the youth of our land that, steadfast in temptations, they may lead holy lives and make a right choice of a state of life. Bless, O Lord, our married people that they may live in Christian peace and harmony, helping one another on the road to heaven and rearing their children to a solid Christian life. Give patience and resignation to the old and infirm that they may seek the things that are above and bear with their fortitude the trials of life.

Assist, O Lord, by your mighty grace the souls struggling with the demons of temptation and aid the dying that they may conquer and win the crown of eternal life. We recommend to your tender mercy, O Blessed Jesus, the sinners of the world that moved by your mighty grace they may enter into themselves, turn away from their evil ways and return to the Father's house.

O Lord, we pray for the civil authorities of our land that guided by your wisdom they may preserve the peace. Bless, O Lord, our country and its free institutions and preserve them unto us. O Lord, we beg your tender mercy for the holy souls in purgatory. Eternal rest grant unto them, O Lord, and let the perpetual light shine upon them. May they rest in peace! Amen.

(St. Peter Julian Eymard)

#### Jesus Divine Master

Jesus, Divine Master, who said: "The harvest is great, but the laborers are few", we lovingly accept your invitation: "Pray the heavenly Father to send laborers into his harvest". Inspire a crusade for vocations. More priests! May they be the salt of the earth, the light of the world, the city placed on the mountaintop for the salvation of mankind redeemed by your Blood.

More Religious! Both men and women to promote the glory of God and the peace of men of good will. May the earth be filled with seminaries and religious houses. O Mary, God's chosen one, Mother and guardian of holy vocations, pray with us, pray for us, and for all those called by God.

Amen.

#### Intercessions

All: O Lord of the harvest, your Word finds a home in our hearts, calls us to community, and invites us to generous service of the human family. Bless with courage and spirit your priestly people, called to full participation by the one Body of Christ. May many choose to respond in public service to your call offered in Jesus' name. Leader: Let us pray with confidence that there may be an increase in the number of those who pledge themselves to live the evangelical counsels to increase the sanctity of the Church and to be witnesses of its apostolic vitality. All: Confirm us in your service, Lord.

L: Father and Lord of the universe, You sent your Son into the world to unite your people and to praise your Name.

All: Strengthen the witness of your Church in the world.

L: Watch over priests, religious, and all ministers of your Church.

All: May their lives be always in harmony with the gospel they proclaim.

L: Bless those whom you have called to perfect chastity for the sake of the Kingdom.

All: May they follow Christ your Son with generosity.

L: Grant that our youth may pledge themselves to the service of your Church.

All: May they correspond generously to the demands of a vocation.

L: Send laborers into your harvest.

All: So that your name may be glorified among all nations.

L: Confirm virgins consecrated to you in their resolution.

All: So that they may serve you with zeal and fidelity.

L: Light and salvation of the nations, guide and protect missionaries.

All: Inflame in them the fire of your Spirit.

L: You made Mary attentive to your Word and your faithful handmaid.

All: Through her intercession, make us disciples and servants of your Son.

### Let us pray.

O God, you inspire and complete every resolution, guide your people on the way of eternal salvation, and grant that your children, who have consecrated themselves to you, by leaving all things to follow Christ poor, chaste, and obedient, may serve you with faithfulness and their community of brothers and sisters. Through Christ our Lord. Amen.

# Prayer for Vocations

(by Pope John Paul II)

Most Holy Trinity, blessed and source of all blessedness, bless your sons and daughters whom you have called to praise the greatness of your love, your merciful goodness and your beauty.

Father Most Holy, sanctify the sons and daughters who have consecrated themselves to you for the glory of your name. Enfold them with your power, enabling them to bear witness that you are the origin of all things, the one source of love and freedom. We thank you for the gift of the consecrated life, which in faith seeks you, and in its universal mission invites all people to draw near to you.

Jesus our Savior, Incarnate Word, as you have entrusted your own way of life to those whom you have called, continue to draw to yourself men and women who will be, for the people of our time, dispensers of mercy, heralds of your return, living signs of the resurrection and of its treasures of virginity, poverty and obedience. May no tribulation separate them from you and from your love.

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Holy Spirit, love poured into our hearts, who grant grace and inspiration to our minds, the perennial source of life, who bring to fulfillment the mission of Christ by means of many charisms, we pray to you for all who are choosing or have already chosen to be priests and consecrated persons. Fill their hearts with the deep certainty of having been chosen to love, to praise, and to serve. Enable them to savor your friendship; fill them with your joy and consolation; help them to overcome moments of difficulty and to rise up again with trust after they have fallen; make them mirrors of the divine beauty. Give them the courage to face the challenges of our time and the grace to bring all mankind the goodness and loving kindness of our Savior Jesus Christ.

We ask this, that in everyone and in everything glory, adoration, and love may be given to the Most High Lord of all things, who is Father, Son and Holy Spirit. Amen.

# **Prayers for Confreres**

**O** God, you who wish to withdraw us from the dangers of the world, we thank you. Grant, O most merciful Father, that in gratitude for the gift of a religious

vocation we may use all our life to glorify you in the exercise of charity and in the most intimate union with you, because you are the God of our heart.

Mary, most faithful Virgin, obtain for us the gift of perseverance. To you Mary, Mother of Divine Providence, we entrust our vocation and the formation of our brothers; we place in your motherly heart our doubts, anxieties, and sufferings. We beg you to lead them on the path of perfection. We want them to speak of you, and await from you that divine touch that will renew their hearts and will give the Congregation a new look of charity that believes everything, hopes everything, supports everything and expresses itself in the loving service of our brothers and sisters in need. Amen.

# **Prayer for the Community**

Lord Jesus, you have called us to community life and have united us among ourselves and to you as branches on the vine. Make us always more fruitful branches capable of receiving and of transmitting the fullness of your life. Free us from all that confines us within the limits of our personal vision, and open our hearts so that they may always be available to all those whom you place near us.

Lord, give us a true sense of responsibility for one another: a sense so profoundly Christian that it brings us not to judge but rather to give and to receive with fraternal humility. Father, with Jesus your Son, we beg you to make us on in your love. Amen.

#### **Prayer for Superiors**

Lord, bless those that guide us here on earth. You have given them a part of your authority. Give them, O Lord, health, peace, harmony, and stability, so that they may exercise the authority which you have conferred on them. It is you, Lord, King of ages, who give the children of men glory, honor, and power. Therefore, direct their decisions to do what is right and pleasing to you, and to be able to exercise the authority you have given them with justice, peace, and forbearance, so as to be worthy of your mercy. Amen.

#### **Prayer for Priestly and Religious Vocations**

Lord, in your love for the Church, you provide bishops, priests and deacons as shepherds of your people, and you call men and women to leave all things to serve you joyfully in religious life. May those whom you have raised up as servants of the Gospel and ministers for your altars show forth dedication and campassion. May those whom you have chosen to serve you as religious provide by their way of life a convincing sign of your kingdom for the Church and the whole world. We ask this through Christ our Lord. Amen.

(From the Handbook of Indulgences, 75)

### **Prayer for Brothers**

**O** Almighty and Eternal God, look lovingly upon the face of Mary, gazing tenderly from her place beneath

the Cross upon the countenance of her Son, and, for love of this sorrowing Mother and her Son, have pity upon your other sons, the Brothers consecrated to Jesus.

They turned from every earthly possession, every passing joy, and every vain ambition, that they might dedicate themselves by the sacred bonds of poverty, chastity, and obedience to the hidden holiness of the life of Saint Joseph, their Protector. Yet, dear Lord, high as is their calling, they are but weak men, dependent at all times upon Your grace for strength in their frailty.

Take them and teach them patience in trials, resignation in weariness, and joy in labors. Give them Your love to embrace all crosses, Your courage to wipe away each tear, Your insight to appreciate the greatness of fidelity in the thousand little things of their daily life. Show them the wisdom of humility, the delight of union with You, and the greatness of man when man is lost in God.

O Jesus, I confidently plead with You for all Brothers - the faithful, ardent religious; the wavering, weakening religious. Bless them in their classroom where they labor for the youth; in their daily self-giving to the sick and the handicapped where they nurse bodies to win souls; in the mission field where they have You alone as motive and solace.

Smile upon the young Brother in the first fervor of his sacrifice; support those bearing the heavy burden of the noonday heat; deal gently with the elderly so laden

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with years and merits; guide those entrusted with the responsibility of authority; bring to heaven those Brothers still in purgatory.

O Jesus, keep all Brothers close to Your Sacred Heart and bless them abundantly now and for ever. Amen.

# **Additional Prayers for Vocations**

Lord Jesus, who were passing many nights in prayer and conversation with your Father in heaven, help us to understand more and more your gospel of charity, so that our community may be a house of fraternal joy, a house of prayer, a house of apostolic zeal for the salvation of the people you have entrusted to us. In your mercy, send more vocations to our community so that they may continue the charism and spirit you have given to Blessed Louis Guanella, and may serve the poor, the sick, the handicapped in your name. Amen.

 $\mathbf{F}$  ather, holy and merciful, your Spirit led Blessed Louis Guanella to see your face in the poor and the handicapped, and kept in his heart a constant communion with you through prayer and suffering, renew our heart so that, joyful in our vocation, we may strive to raise up more collaborators for the kingdom of God in this work of charity, and, through our religious and apostolic committment, we may walk in the footsteps of the Founder, be model of the gospel in the spirit of the Institute, and in the observance of the Rule. Amen. Prayers to God the Holy Spirit giver of life and holiness

The primary purpose of the Institute of the Servants of Charity is the sanctification of its members. (Bl. Louis Guanella)

# LITANY OF THE HOLY SPIRIT - I

Lord, have mercy Christ, have mercy	Lord, have mercy Christ, have mercy
God our Father in heaven God the Son, Redeemer of the wor God the Holy Spirit Holy Trinity, one God	<i>have mercy on us</i> rld
Holy Spirit, Who proceeds from the	e Father and the Son, enter our hearts
Holy Spirit, Who is equal to the F	ather and the Son, enter our hearts
Promise of God the Father Ray of heavenly light Author of all good Source of heavenly water Consuming Fire Ardent Charity Spirit of love and truth Spirit of wisdom and understandin Spirit of counsel and fortitude Spirit of knowledge and piety Spirit of fear of the Lord Spirit of grace and prayer Spirit of peace and meekness Spirit of modesty and innocence	have mercy on us
Holy Spirit, the Comforter Holy Spirit, the Sanctifier Holy Spirit, who leads the Church Gift of God the Most High	
Shi of Oou nie most men	

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# Spirit Who fills the universe Spirit of the adoption of the children of God

Holy Spirit,	inspire us with horror of sin
Holy Spirit,	come and renew the face of the earth
Holy Spirit,	shed your light into our souls
Holy Spirit,	engrave your law in our hearts
Holy Spirit,	inflame us with the flame of your love
Holy Spirit,	open to us the treasures of your graces
Holy Spirit,	teach us to pray well
Holy Spirit,	lead us in the way of salvation
Holy Spirit,	grant us the merits of all virtues
Holy Spirit,	make us persevere in justice
Holy Spirit,	be our everlasting reward

Lamb of God, you take away the sins of the world, - Send us your Holy Spirit.

Lamb of God, you take away the sins of the world, - Pour down into our souls the gifts of the Holy Spirit. Lamb of God, you take away the sins of the world, - Grant us the Spirit of wisdom and piety.

## LITANY OT THE HOLY SPIRIT - II

Lord, have mercy	Lord, have mercy
Christ, have mercy	Christ, have mercy
God our Father in heaven God the Son, Redeemer of the w God the Holy Spirit Holy Trinity, One God	<i>have mercy on us</i> oorld

**Divine** Essence have mercy on us Spirit of truth and wisdom Spirit of holiness and justice Spirit of understanding and counsel Spirit of love and joy Spirit of peace and patience Spirit of temperance and meekness Spirit of tenderness and goodness Love substantial of the Father and the Son Love and life of souls Fire ever burning Living water to quench the thirst of hearts

From all evil deliver us, O Holy Spirit From all impurity of soul and body From all gluttony and sensuality From all attachments to the things of the earth From all hypocrisy and pretence From all imperfections and deliberate faults From self-love and self-judgement From our own will From slander From deceiving our neighbors From all passions and disorderly desires From not being attentive to your inspirations From love of comfort and luxury From our malice and intemperance From wishing to seek or desire other than You From everything that displeases You

Most loving Father, forgive us Divine Word. have pity on us

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Holy and Divine Spirit, *fill us with your gifts.* 

Come, Holy Spirit, fill the hearts of your faithful, *- and kindle in them the fire of your love.* 

#### Let us pray.

O God, who by the light of the Holy Spirit did instruct the hearts of the faithful, grant us by the same Spirit to be truly wise and to rejoice in his consolation for ever. Through Christ our Lord. Amen.

#### Invocation

Come, Holy Spirit, fill the hearts of your faithful, - and kindle in them the fire of your love. Send forth your Spirit and they shall be created. - And you will renew the face of the earth.

#### Let us pray.

Lord, by the light of the Holy Spirit you have taught the hearts of your faithful. In the same Spirit help us to know what is right and always rejoice in your consolation. We ask this through Christ our Lord. Amen.

(Partial indulgence. HOI 87)

#### Veni Creator Spiritus (English)

O Holy Spirit, by whose breath life rises vibrant out of death; come to create, renew, inspire; come, kindle in our hearts your fire. You are the seeker's sure resource, of burning love the living source, protector in the midst of strife, the giver and Lord of life.

In you God's energy is shown, to us your varied gifts made known. Teach us to speak, teach us to hear; yours is the tongue and yours the ear.

> Flood our dull senses with your light; in mutual love our hearts unite. Your power the whole creation fills; confirm our weak, uncertain wills.

From inner strife grant us release; turn nations to the ways of peace. To fuller life your people bring that as one body we may sing:

> Praise to the Father, Christ, his Word, and to the Spirit: God the Lord, to whom all honor, glory be both now and for eternity. Amen.

(A partial indulgence is granted the Christian faithful who devoutly recite the hymn, Veni Creator. The indulgence will be a plenary one when this hymn is recited publicly on the first day of January and on the solemnity of Pentecost. HOI 87)

### Veni, Creator Spiritus (Latin)

Veni, Creator Spiritus Mentes tuorum visita, Imple superna gratia, Quae tu creasti pectora.

Qui diceris Paraclitus Altissimi donum Dei, Fons vivus, ignis charitas, Et spiritalis unctio.

Tu septiformis munere, Digitus paternae dexterae, Tu rite promissum Patris, Sermone ditans guttura.

> Accende lumen sensibus: Infunde amorem cordibus; Infirma nostri corporis, Virtute firmans perpeti.

Hostem repellas longius, Pacemque dones protinus: Ductore sic te praevio, Vitemus omne noxium.

> Per te sciamus da Patrem, Noscamus atque Filium, Teque utriusque Spiritum, Credamus omni tempore.

Deo Patri sit gloria, Et Filio, qui a mortuis, Surrexit, ac Paraclito, In saeculorum saecula. Amen.

**Veni, Sancte Spiritus** (Sequence of Pentecost)

Come, Holy Spirit, come! And from your celestial home shed a ray of light divine! Come, source of all our store! Come, within our bosoms shine! You, of comforters the best; You, the soul's most welcome guest; sweet refreshment here below; In our labor, rest most sweet; grateful coolness in the heat; solace in the midst of woe. O most blessed Light divine, shine within these hearts of yours, and our inmost being fill! Where you are not, we have naught, nothing good in deed or thought,

Come, Father of the poor!

nothing free from taint of ill. Heal our wounds, our strength renew; on our dryness pour your dew;

wash the stains of guilt away:

Bend the stubborn heart and will; melt the frozen, warm the chill; guide the steps that go astray.

On the faithful, who adore and confess you, evermore in your sevenfold gift descend;

> Give them virtue's sure reward; give them your salvation, Lord; give them joys that never end. Amen.

#### To implore the Gifts of the Holy Spirit

**O** Jesus, who before ascending to heaven, promised to your apostles and disciples to send them the Holy Spirit to console, comfort and fortify them, make descend also to us this Spirit, the Fortifier and Sanctifier.

Come. Spirit of Wisdom, detach us from the things of the earth and instill in us a love and taste for the things of heaven.

-Send us your Spirit and renew the face of the earth.

Come, Spirit of Understanding, enlighten our mind with the light of eternal truth and enrich it with holy thoughts.

- Send us your Spirit and renew the face of the earth.

Come. Spirit of Counsel, make us docile to your inspirations and guide us on the way of eternal salvation. - Send us your Spirit and renew the face of the earth.

Come, Spirit of Fortitude, and give us strength, constancy, and victory in the battles against our spiritual enemies. - Send us your Spirit and renew the face of the earth.

Come, Spirit of Knowledge, be the teacher of our souls and help us to put your teachings into practice.

- Send us your Spirit and renew the face of the earth.

Come, Spirit of Piety, dwell in our hearts, bless and sanctify all its affections.

- Send us your Spirit and renew the face of the earth.

Come, Spirit of Holy Fear, reign over our will and grant that we may always be willing to suffer rather than sin. - Send us your Spirit and renew the face of the earth.

#### **Come Holy Ghost**

Come, Holy Ghost, Creator blest, And in our hearts take up thy rest; Come with thy grace and heavenly aid To fill the hearts which thou hast made. To fill the hearts which thou hast made.

> O Comforter, to thee we cry, Thou heavenly Gift of God most High: Thou Font of life, and Fire of love, And sweet Anointing from above, And sweet Anointing from above.

Praise be to thee. Father and Son. And Holy Spirit, Three in One; And may the Son on us bestow The gifts that from the Spirit flow, The gifts that from the Spirit flow

#### **Before Meditation**

(The purpose of meditation is to kindle the fire of divine charity in the hearts of Religious by reflection. The Servant of Charity is obliged by the Rule to converse with the Lord for at least a half hour every day in meditation. Bl.Louis Guanella)

**I** adore, O Lord, your infinite majesty, before which we come. We humbly ask forgiveness for our sins and the grace of a fruitful meditation for your honor and glory and for the sanctification of our soul.

Let us place ourselves before the presence of the Lord. - Let us invoke his holy and divine help!

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#### or

Come, Holy Spirit, fill the hearts of your faithful, - and kindle in them the fire of your love.

or

Send us your Spirit, and they shall be created, - and you shall renew the face of the earth.

Mary, Mother of good counsel prav for us

# After Meditation

**B**lessed are they whose life is blameless. - and walk in the law of the Lord.

or

Blessed are they who observe his decrees, - and seek him with all their heart.

### Let us pray.

O Lord, may the Spirit who lives in our hearts be the voice of our prayer.

May he lead us to see the riches of your love. May he transform our life making us strong and faithful in living our baptismal and religious consecration. May he help us to be faithful to our mission of service to the poor in the Church and in the world. Through Christ our Lord. Amen.

Mary, seat of wisdom,

pray for us

# **Community Meeting**

Let us strive to preserve the unity of the Spirit through the bond of peace.

# - Let us grow in mutual love, sign of God's charity.

Lord, pour out on us the spirit of understanding, truth and peace. Help us to strive with all our hearts to know what is pleasing to you, and when we know your will make us determined to do it. Through Christ our Lord. Amen.

or

May the word of God live in our hearts so that we may serve the Lord in joy.

- May the Lord instill in our hearts charity and wisdom.

God our Father, your Son promised to be with all who gather in his name. Make us aware of his presence among us and fill us with his grace, mercy, and peace, so that we may live in truth and love. Through Christ our Lord.

Amen. or

### Adsumus

We stand before you, Holy Spirit, conscious of our sinfulness, but aware that we gather in your name. Come to us, remain with us, and enlighten our hearts. Give us light and strength to know your will, to make it our own, and to live it in our lives.

Guide us by your wisdom, support us by your power, for you are God, sharing the glory of Father and Son. You desire justice for all: enable us to uphold the rights of others; do not allow us to be misled by ignorance or corrupted by fear or favor.

Unite us to yourself in the bond of love and keep us

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faithful to all that is true. As we gather in your name may we temper justice with love, so that all our decisions may be pleasing to you, and earn the reward promised to good and faithful servants. Amen.

(Partial indulgence. HOI 42)

# After a Meeting

We give you thanks for all your gifts, almighty God, living and reigning now and for ever. Amen.

or

Lord, fill our hearts with the spirit of your charity, that we may please you by our thoughts and deeds, and love you in our brothers and sisters. Amen.

or

God our Father, source of unity and love, make us your faithful people one in heart and mind that our Community may live in harmony; be steadfast in its profession of faith, and secure in unity. Amen.

# For a Provincial Meeting, General Assembly or Chapter

Father, you guide and govern everything with order and love.

Look upon the assembly of our confreres and fill them with the spirit of your wisdom.

May they always act in accordance with your will and their decision be for the peace and well-being of all. We ask this through Christ our Lord. Amen. Prayers to the blessed Virgin Mary Mother of God

After placing our trust in the Divine Heart, we put our confidence in the Immaculate Heart of the Virgin, Mother of Jesus Christ, whom we will invoke as our Mother, all good and clement. (Bl. Louis Guanella)

# THE HOLY ROSARY

A plenary indulgence is granted when the rosary is recited in a church or oratory or when it is recited in a family, a religious community, or a pious association. A partial indulgence is granted for its recitation in all other circumstances.

The recitation of a third of the rosary is sufficient for obtaining the plenary indulgence, but these five decades must be recited without interruption. (HofI 48)

# The Apostles' Creed

I believe in God, the Father almighty, creator of heaven and earth. I believe in Jesus Christ, his only Son, our Lord. He was conceived by the power of the Holy Spirit and born of the Virgin Mary. He suffered under Pontius Pilate, was crucified, died, and was buried. He descended to the dead. On the third day he rose again. He ascended into heaven, and is seated at the right hand of the Father. He will come again to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

Our Father...Three Hail Marys... Glory...

O my Jesus, forgive us our sins, save us from the fire of hell, lead all souls into heaven, especially those who are most in need of your mercy.

#### MYSTERIES OF JOY (Monday - Thursday)

- 1. The Annunciation of Our Lord. Mary said, "Behold, I am the handmaid of the Lord. May it be done to me according to your word." Then the angel departed from her.
- 2. The Visitation of Mary to her cousin Elizabeth. "Most blessed are you among women, and blessed is the fruit of your womb."
- 3. The Nativity of our Lord Jesus Christ. "Today in the city of David a savior has been born for you who is Messiah and Lord."
- 4. The Presentation of the infant Jesus in the Temple. "Now, Lord, you may let your servant go in peace, for my eyes have seen your salvation."
- 5. The Finding of the child Jesus in the Temple. "Son, why have you done this to us? Your father and I have been looking for you with great anxiety."

#### MYSTERIES OF LIGHT (Sunday)

- 1. Christ's baptism in the Jordan River. The heavens opened and the Spirit descended upon him like a dove.
- 2. Christ's self-revelation at the marriage of Cana. *Jesus manifested his glory and his disciples believed in him.*
- 3. Christ's proclamation of the Kingdom of God. *Repent, for the Kingdom of heaven is at hand.*
- 4. The Transfiguration of Jesus on Mount Tabor. *This is my beloved Son; listen to him.*
- 5. The institution of the Eucharist at the Last Supper. *Love one another as I have loved you.*

#### MYSTERIES OF SORROW (Tuesday - Friday)

1. The Agony of Jesus in the Garden.

"Father, if you are willing, take this cup away from me; still, not my will but yours be done."

- 2. The Scourging of Jesus at the Pillar. "The men who held Jesus in custody were ridiculing and beating him, saying, "Prophesy! Who is it that struck you?"
- 3. The Crowning with Thorns. *"The soldiers wove a crown out of thorns and placed it on his head, and clothed him in a purple cloak, and they came to him and said, "Hail, King of the Jews!"*
- 4. Jesus carries the Cross to Calvary. "Daughters of Jerusalem, do not weep for me; weep instead for yourselves and for your children."
- 5. The Crucifixion and Death of Jesus. "Father, into your hands I commend my spirit."

#### MYSTERIES OF GLORY (Wednesday - Saturday)

- 1. The Resurrection of our Lord. "Why do you seek the living one among the dead? He is not here, but he has been raised."
- 2. The Ascension of our Lord into Heaven. "Jesus blessed them and parted from them and was taken up to heaven."
- 3. The Descent of the Holy Spirit upon Mary and the Apostles.

"There appeared to them tongues as of fire, which parted and came to rest on each one of them."

4. The Assumption of the Blessed Virgin Mary into Heaven.

"He has cast down the mighty from their thrones, and has lifted up the lowly."

5. Mary crowned Queen of Heaven and Earth. "From this day all generations will call me blessed."

# Hail, Holy Queen

Hail, Holy Queen, Mother of mercy, our life, our sweetness and our hope!

To thee do we cry, poor banished children of Eve. To thee do we send up our sighs, mourning and weeping in this valley of tears.

Turn then, most gracious advocate, thine eyes of mercy toward us, and after this our exile, show unto us the blessed fruit of thy womb, Jesus.

O clement, O loving, O sweet Virgin Mary. (A partial indulgence)

# Litany of the Blessed Virgin Mary

(Litany of Loreto)

Lord, have mercy Christ, have mercy
have mercy on us vorld
pray for us

Sinless Mother Dearest of mothers Model of motherhood Mother of good counsel Mother of our Creator Mother of our Savior Mother of Divine Providence Virgin most wise Virgin rightly praised Virgin rightly renowned Virgin most powerful Virgin gentle in mercy Faithful Virgin Mirror of justice Seat of wisdom Cause of our joy Shrine of the Spirit Glory of Israel Vessel of selfless devotion **Mystical Rose** Tower of David Tower of ivory House of gold Ark of the covenant Gate of heaven Morning Star Health of the sick Refuge of sinners Comfort of the afflicted Help of Christians

#### TO THE BLESSED VIRGIN MARY 176

MANUAL OF PRAYER 177

Queen of angels	pray for us	Litany of Bl. Louis Gua	nella to Our Lady
Queen of patriarchs and prophets			
Queen of apostles and martyrs		Lord, have mercy	Lord, have mercy
Queen of confessors and virgins		Christ, have mercy	Christ, have mercy
Queen of all saints		God, our Father in heaven	have mercy on us
Queen conceived without original sin		God the Son, Redeemer of the	
Queen assumed into heaven		God the Holy Spirit	worra
Queen of the most holy Rosary		Holy Trinity, one God	
Queen of the family		5 57	C
Queen of peace.		Example of divine love	pray for us
Lamb of God, you take away the sins	of the world	Mediatrix of salvation	
spare us, O Lord.	or the world,	Center of every virtue	
Lamb of God, you take away the sins	of the world,	Hope of health and life Virgin, veiled with the Sun of	Instiga
graciously hear us, O Lord.	,	Untiring pilgrim	Justice
Lamb of God, you take away the sins of the world,	Giver of divine graces		
have mercy on us.		Voice of the Most High	
Devention of United Mothem of Cont		Virgin Immaculate, spiritual m	other
Pray for us, O Holy Mother of God.	nominan of Christ	Humble maiden	
- That we may be made worthy of the promises of Christ.	Mary, who cared for the Author	or of Charity	
Let us pray.		Mary, who modeled the examp	
	nis life death and	Mary, whose will was to pleas	
O God, whose only-begotten Son, by his life, death and resurrection, has purchased for us the rewards of eter-	Mary, who lived by faith		
nal life; grant, we beseech you, that,		Mary, who stood at the foot of	the cross
upon these mysteries of the most ho		Mary, who magnifies the Most	tHigh
Blessed Virgin Mary, we may imitat		Mary, patient woman	
tain and obtain what they promise.	j.	Mary, strong in trials	
Grant this through Christ our Lord.		Mary, full of the gifts of the S	
Amen.		Mary, who keeps secret her digni	ty of Mother of the Savior
		Mother of Divine Providence	
		Mother of the eternal Word	

Mother of all men and women Mother of the universe Mother of Jesus and our mother Mother of the Sacred Heart Mother of kindness Mother of mercy Mother who seeks her lost children Mother, Oueen of all Saints

Lamb of God, you take away the sins of the world, spare us. O Lord. Lamb of God, you take away the sins of the world, graciously hear us, O Lord. Lamb of God, you take away the sins of the world, have mercy on us.

#### Let us pray.

O God, whose ever watchful Providence rules all things, we humbly implore you through the prayer of the Blessed Virgin Mary. Mother of Divine Providence, to remove from us whatever is harmful and to bestow on us only that which will be helpful.We ask this through Christ our Lord. Amen.

## Mary, Help of Those in Need

Holy Mary, help of those in need, give strength to the weak, comfort the sorrowful, pray for God's people, assist the clergy, intercede for religious. May all who seek your help experience your unfailing protection. Amen.

(A partial indulgence)

#### **Praver to our Lady of Divine Providence**

**O** Mary, Immaculate Virgin and Mother of Divine Providence, keep my soul in the fullness of God's grace: govern my life and direct it in the way of virtue to the fulfillment of the divine will.

Obtain for me the pardon and remission of all my sins; be my refuge, my protection, my defense, and my guide in my pilgrimage through the world; comfort me in danger; in the storms of adversity afford me your sure protection.

Obtain for me, O Mary, the renewal of my heart within me, that it may become a worthy dwelling place for your divine Son Jesus; keep far from me every kind of sin and negligence.

Dear Mother of Divine Providence, turn your motherly gaze upon me, and, if through weakness or malice I have provoked the threats of the eternal Judge and saddened the Sacred Heart of my dear Jesus, cover me with the mantle of your protection and I shall be safe. You are the Mother of Providence; you are the Virgin of pardon; you are my hope on earth. Grant that I may have you as my Mother in the glory of heaven. Amen.

Hail Mary . . .

## Litany of Our Lady of Providence

Let us ask our Lady of Providence, Mary most holy, who is the refuge of sinners, the consolation of the afflicted, and the help of Christians, to assist us in all our necessities.

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God, our Father in heaven. have mercy on us God, the Son, Redeemer of the world, God, the Holy Spirit, Holy Trinity, Divine Providence, Our Lady of Providence, mother of grace and mercy, pray for us Our Lady of Providence, help of the sick, Our Lady of Providence, hope of the oppressed, Our Lady of Providence, star of the sea, Our Lady of Providence, tower of David, Our Lady of Providence, gate of heaven, Our Lady of Providence, queen of the home, Our Lady of Providence, model of disciples, Our Lady of Providence, mother of the Church, Lamb of God, you take away the sins of the world, spare us O Lord. Lamb of God, you take away the sins of the world, graciously hear us O Lord. Lamb of God, you take away the sins of the world, have mercy on us. Pray for us, Our Lady of Providence, - that we may be made worthy of the promises of Christ. O God, whose ever watchful Providence rules all

things, we humbly implore you through the prayer of the Blessed Virgin Mary, Mother of Divine Providence, to remove from us whatever is harmful and to bestow on us only that which will be helpful. We ask this through Christ, our Lord. Amen.

#### **Alternate Litany**

Lord, have mercy Christ, have mercy Lord, have mercy	Lord, have mercy Christ, have mercy Lord, have mercy
Our Lady of Providence,	protect us
Chosen One, Beloved daughter, Spouse filled with grace, House of the Lord,	pray for us pray for us pray for us pray for us pray for us
Mount of holiness, Abyss of perfection,	pray for us pray for us
Our Lady of Providence,	protect us
Enclosed garden, Sealed fountain, Flame of divine love, Immaculate Conception, Full of grace, Mary, all beautiful and holy, <i>Our Lady of Providence</i> ,	pray for us pray for us pray for us pray for us pray for us pray for us protect us
Descendant of the royal race of D Virgin of Nazareth, Dawn of salvation, Woman who saves, Our life and our salvation, <i>Our Lady of Providence,</i>	David, pray for us pray for us pray for us pray for us pray for us pray for us protect us
Handmaid of the Lord, Blessed one who gave us the Sav Disciple of the Lord, Heavenly image of divine fervor,	pray for us

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pray for us
pray for us
protect us
pray for us
pray for us
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pray for us

Mother trusting in the Providence of G	God, <i>pray for us</i>
Our Lady of Providence,	protect us
Omnipotent by grace,	pray for us
Co-redemptrix of the human race,	pray for us
Mediatrix of salvation,	pray for us
Mother who consented to the death of Je	sus, pray for us
Mother who followed Jesus to the Cross	s, pray for us
Queen of martyrs,	pray for us
Our Lady of Providence,	protect us
Mary, you let yourself be guided	by the
Spirit,	pray for us
Mary, sign of predestination,	pray for us
Mary, glorious in the Church,	pray for us
Mary, gate of heaven,	pray for us
Mary, who sits on a throne of pe	eace in
Paradise,	pray for us
Our Lady of Providence,	protect us
Lord, Savior of all,	have mercy on us
Christ, light that illumines the	world,
-	have mercy on us
Lord, bread that sustains the life of h	
ity,	have mercy on us

# Litaniae Lauretanae (Latin)

Kyrie, eleison	Kyrie, eleison
Christe, eleison	Christe, eleison
Kyrie, eleison	Kyrie, eleison
Christe, audi nos	Christe, audi nos
Christe, exaudi nos	Christe, exaudi nos

Pater de coelis, Deus, Fili, Redemptor mundi Deus, Sancta Trinitas, unus Deus,	Miserere nobis Miserere nobis Miserere nobis	Rosa mystica Turris Davidica Turris eburnea
Sancta Maria Sancta Dei Genitrix Sancta Virgo Virginum Mater Christi Mater Ecclesiae Mater divinae gratiae Mater purissima Mater castissima	ora pro nobis	Domus aurea Foederis arca Janua coeli Stella matutina Salus infirmorum Refugium peccato Consolatrix afflict Auxilium Christia
Mater Casussina Mater intemerata Mater amabilis Mater admirabilis Mater boni consilii Mater Creatoris Mater Salvatoris Mater Divinae Providentiae		Regina angelorum Regina patriarchai Regina prophetaru Regina apostoloru Regina martyrum Regina confessoru Regina virginum Regina sanctorum Regina sine labe c
Virgo prudentissima Virgo veneranda Virgo praedicanda Virgo potens Virgo clemens		Regina in coelum Regina sacratissin Regina familiae Regina pacis
Virgo fidelis Speculum justitiae Sedes sapientiae Causa nostrae laetitiae Vas spirituale Vas honorabile Vas insigne devotionis		Agnus Dei qui toli Parce nob Agnus Dei qui toli Exaudi no Agnus Dei qui toli Miserere d

n torum ctorum ianorum m arum rum rum n rum m omnium originali concepta m assumpta imi rosarii ollis peccata mundi, obis Domine!

Agnus Dei qui tollis peccata mundi, Exaudi nos, Domine! Agnus Dei qui tollis peccata mundi, Miserere nobis!

#### Ora pro nobis sancta Dei Genitrix,

- Ut digni efficiamur promissionibus Christi.

#### Oremus:

Concede nos famulos tuos, quaesumus, Domine Deus, perpetua mentis et corporis sanitate gaudere: et gloriosae beatae Mariae semper Virginis intercessione, a praesenti liberari tristitia et aeterna perfrui laetitia. Per Christum Dominum nostrum. Amen.

#### **Biblical Litany of Mary**

Lord, have mercy Christ, have mercy	Lord, have mercy Christ, have mercy
God our Father in heaven, God, the Son, Redeemer of the wo God the Holy Spirit, Holy Trinity, one God,	Have mercy on us rld,
Virgin, daughter of Zion, Descendant of Abraham, Glory of Jerusalem, Joy of Israel, Honor of our People, Ark of the Covenant, Tabernacle of the Most High, Virgin of Nazareth, Spouse of Joseph the Worker, Full of grace, Spouse of the Just,	Pray for us
Mother of the Son of the Most Hig	gh,

Mother of the Son of David. Mother of the King of Israel, Mother by virtue of the Holy Spirit, Handmaid of the Lord. Blessed among all women, Mother of the Lord. Mother of the Messiah. Virgin, who kept all in her heart, Mother, who presented Jesus in the Temple, Mother, who the Magi found with the child, Mother, who Joseph brought into Egypt, Mother, who searched for Jesus three days, Mother, who found Jesus in the temple,

Virgin, to whom Jesus was subject, You who hastened the first miracle of Jesus in Cana. O Mary, you who chose the better part, O Blessed, who listened to the Word of God, O Blessed, who lived the Word of God. O Mother, who stood firm beneath the cross, O Mother, who persevered with the Apostles in prayer, O Woman, clothed with the Sun, O Woman, crowned with twelve stars, Sorrowful Mother of the Church. Image of the heavenly Jerusalem, The new Eve, who with her Son crushed the head of the ancient serpent,

Lamb of God, you take away the sins of the world, spare us, O Lord, Lamb of God, you take away the sins of the world, graciously hear us, O Lord,

Lamb of God, you take away the sins of the world, *have mercy on us.* 

Pray for us, O holy mother of God.

- That we may be made worthy of the promises of Christ.

Leader: Let us pray: (After the Joyful Mysteries)

O God, you willed that at the Annunciation, Your Son would become incarnate in the womb of the Virgin Mary; grant us your help through the intercession of her whom we believe to be the true Mother of God. Through Christ our Lord.

Amen.

Leader: Let us pray: (After the Luminous Mysteris) Father in heaven, the light of Jesus has scattered the darkness of hatred and sin. Called to that light we ask for your guidance. Form our lives in your truth, our hearts in your love. We ask this through Christ our Lord. Amen.

Leader: Let us pray: (After the Sorrowful Mysteries)

O Lord, look on us your family, for whom our Lord Jesus Christ did not hesitate to give Himself over to the hands of criminals and to undergo the sufferings of the cross. Through the same Christ our Lord. Amen.

Leader: Let us pray: (After the Glorious Mysteries) Have mercy on us, O Lord, and grant us eternal life together with the Blessed Virgin Mary the Mother of God, with the Apostles and all the Saints, who in every age were pleasing to you, and in Jesus Christ we will sing your glory, forever and ever. Amen.

# MARIAN ANTIPHONS

#### Salve regina

Hail, Holy Queen, Mother of Mercy, our life, our sweetness and our hope!

To thee do we cry, poor banished children of Eve. To thee do we send up our sighs, mourning and weeping in this valley of tears. Turn then, most gracious Advocate, thine eyes of mercy toward us, and after this our exile, show us the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary.

Salve regina, Mather misericordiae; vita, dulcedo et spes nostra, salve.

Ad te clamamus, exules filii Evae. Ad te suspiramus, gementes and flentes in hac lacrimarum valle. Eia ergo, advocata nostra, illos tuos misericordes oculos ad nos converte. Et Iesum, benedictum fructum ventris tui nobis post hoc exsilium ostende. O clemens, o pia, o dulcis Virgo Maria.

#### **Alma Redemptoris Mater**

Loving Mother of the Redeemer, gate of heaven, star of the sea, assist your people who have fallen yet strive to rise again. To the wonderment of nature you bore vour Creator, vet remained a virgin after as before. You who received Gabriel's joyful greeting, have pity on us poor sinners.

> Alma redemptoris Mater, quae pervia caeli porta manes, et stella maris, succurre cadenti, surgere qui curat, populo: tu quae genuisti, natura mirante, tuum sanctum Genitorem, Virgo prius ac posterius, Gabrielis ab ore sumens illus Ave, peccatorum miserere.

#### Ave Regina Caelorum

Queen of the heavens, we hail you, Queen of angel hosts, we honor you. You the root and You the portal, You the font of light immortal. Hail, You Virgin robed in glory, crown of all creation's story! Beauty excelling, we greet You, Oh beseech your Son for us, we pray You.

> Ave, regina Caelorum, ave, Domina angelorum, salve, radix, salve, porta, ex qua mundo lux est orta. Gaude, Virgo gloriosa, super omnia speciosa; vale, o valde decora, et pro nobis Christum exora.

# **Regina** Caeli

**O**ueen of heaven, rejoice, alleluia. The Son whom you merited to bear, alleluia. has risen as he said, alleluia. Pray for us to God, alleluia.

**R**egina caeli, laetare, alleluia, quia quem meruisti portare, alleluia, resurrexit sicut dixit. alleluia: ora pro nobis Deum, alleluia.

#### Sub Tuum Praesidium

Under your protection we find refuge, O holy Mother of God: despise not the petitions of us who are under trial, but free us from every danger. O glorious and blessed Virgin.

> Sub tuum praesidium confugimus, sancta Dei Genetrix; nostra deprecationes ne despicias in necessitatibus; sed a periculis cunctis libera nos semper; Virgo gloriosa et benedicta.

#### **Invocation of the Blessed Virgin Mary** (by Pope John Paul II)

Mary, image of the Church, the Bride without spot or wrinkle, which by imitating you preserves with virginal purity an integral faith, a firm hope and a sincere charity, sustain consecrated persons on their journey towards the sole and eternal blessedness.

To you, Virgin of the Visitation, do we entrust them, that they may go forth to meet human needs, to bring help, but above all to bring Jesus.

Teach them to proclaim the mighty things which the Lord accomplishes in the world, that all peoples may extol the greatness of his name.

Support them in their work for the poor, the hungry,

#### 192 TO THE BLESSED VIRGIN MARY

those without hope, the little ones and all who seek your Son with a sincere heart.

To you, our Mother, who desire the spiritual and apostolic renewal of your sons and daughters in a response of love and complete dedication to Christ, we address our confident prayer. You who did the will of the Father, ever ready in obedience, courageous in poverty and receptive in fruitful virginity, obtain from your divine Son that all who have received the gift of following him in the consecrated life may be enabled to bear witness to that gift by their transfigured lives, as they joyfully make their way with all their brothers and sisters towards our heavenly homeland and the light which will never grow dim.

We ask you this through Christ, the Lord and your Son, who lives and reigns for ever and ever. Amen.

Prayers to the Saints

A virtuous example is like the sun that illumines and warms so as to make flowers grow and fruits ripen in the spiritual garden of virtue and sanctity. (Bl. Louis Guanella)

# LITANIES OF SAINT JOSEPH

Ι

Lord, have mercy Lord, have mercy Christ, have mercy *Christ, have mercy* God our Father in heaven have mercy on us God the Son, Redeemer of the world God the Holy Spirit Holy Trinity, one God Holy Mary pray for us Saint Joseph Noble son of the House of David Light of patriarchs Husband of the Mother of God Guardian of the Virgin Foster father of the Son of God Faithful guardian of Christ Head of the holy family Joseph, chaste and just Joseph, prudent and brave Joseph, obedient and loyal Pattern of patience Lover of poverty Model of workers Example to parents Guardian of virgins Pillar of family life Comfort of the troubled Hope of the sick Patron of the dying

## Terror of evil spirits Protector of the Church

Lamb of God, you take away the sins of the world, spare us, O Lord. Lamb of God, you take away the sins of the world, graciously hear us, O Lord. Lamb of God, you take away the sins of the world, have mercy on us.

God made him master of his household. - And put him in charge of all that he owned.

#### Let us pray.

Almighty God, in your infinite wisdom and love you chose Joseph to be the husband of Mary, the mother of your Son. As we enjoy his protection on earth may we have the help of his prayers in heaven. We ask this through Christ our Lord.

Amen. (HoI 66)

# Π

Lord, have mercy	Lord, have mercy
Christ, have mercy	Christ, have mercy
God our Father in heaven	have mercy on us
God the Son, Redeemer of the we	orld
God the Holy Spirit	
Holy Trinity, one God	
Holy Mary, spouse of St. Joseph	pray for us
Saint Joseph, confirmed in grace	
Saint Joseph, guardian of the Wo	rd incarnate

Saint Joseph, ruler of the family of Nazareth Saint Joseph, spouse of the ever-blessed Virgin Saint Joseph, foster father to the Son of God Saint Joseph, example of humility and obedience Saint Joseph, mirror of silence and resignation Saint Joseph, patron of innocence and youth Saint Joseph, exiled with Jesus into Egypt Saint Joseph, intercessor for the afflicted Saint Joseph, advocate of the humble Saint Joseph, model of every virtue Saint Joseph, honored among men Saint Joseph, in whom is the union of all Christian perfection

Lamb of God, you take away the sins of the world, *spare us, O Lord.* 

Lamb of God, you take away the sins of the world, *graciously hear us, O Lord.* 

Lamb of God, you take away the sins of the world, *have mercy on us.* 

Pray for us, O holy Saint Joseph,

- That we may be made worthy of the promises of Christ.

### Let us pray.

Assist us, O Lord, we beseech You, by the merits of the spouse of your most holy Mother, that what our unworthiness cannot obtain, may be given us by his intercession with You, who lives and reigns with the God the Father in the unity of the Holy Spirit, one God, forever and ever. Amen.

# **PRAYER TO SAINT JOSEPH**

**O** Saint Joseph. whose protection is so great, so strong, so prompt before the throne of God, I place in you all my interests and desires. Assist me by your powerful intercession, and obtain for me from your divine Son all spiritual blessings; so that, having engaged here below your heavenly power, I may offer my thanksgiving and homage to the most loving of fathers.

O Saint Joseph, I never weary contemplating you, and Jesus asleep in your arms; I dare not approach while He reposes near your heart. Press Him in my name and kiss his fine head for me, and ask Him to return the kiss when I draw my dying breath. Saint Joseph, patron of departing souls, pray for me. Amen.

#### Prayer to St.Joseph by Pope Leo XIII (original version)

To you, O blessed Joseph, do we come in our tribulation, and having implored the help of your most holy spouse, we confidently invoke also your patronage. Through that charity which bound you to the Immaculate Virgin Mother of God and through the paternal love with which you embraced the Child Jesus, we humbly beg you graciously to regard the inheritance which Jesus Christ has purchased by his Blood, and with your power and strength to aid us in our necessities. O most watchful Guardian of the Holy Family, defend the chosen children of Jesus Christ. O most loving father, ward off from us every contagion of error and corrupting influence. O our most mighty protector, be propitious to us and from heaven assist us in our struggle with the power of darkness; and, as once you rescued the Child Jesus from deadly peril, so now protect God's holy Church from the snares of the enemy and from all adversity.Shield too each one of us by your constant protection, so that, supported by your example and your aid, we may also be able to live piously, to die holily, and to obtain eternal happiness in heaven.

Amen.

# Prayer to Saint Joseph by Pope Leo XIII (revised version)

**B**lessed Joseph, husband of Mary, be with us this day. You protected and cherished the Virgin; loving the Child Jesus as your Son, you rescued him from danger of death. Defend the Church, the household of God, purchased by the blood of Christ. Guardian of the holy family, be with us in our trials.

May our prayers obtain for us the strength to flee from error and wrestle with the powers of corruption, so that in life we may grow in holiness and in death rejoice in the crown of victory.

Amen.

(A partial indulgence)

# **Prayer to Saint Joseph**

**O** blessed Joseph, on whom God bestowed the name

and dignity of foster-father of Jesus; and gave Mary ever Virgin to be your most pure spouse; head of the Holy Family on earth; finally chosen by the Vicar of Christ as Patron and Protector of the Universal Church established by the Lord Jesus Christ, with the greatest confidence I implore for that same Church militant on earth, your most powerful assistance.

Keep, I beseech you, in the special care of the paternal love with which you burn forever, the Roman Pontiff, all the bishops and priests united to the See of Peter. Be the defender of all who labor for the salvation of souls among the sorrows and trials of this life.

Bring all peoples of their own free will to submit themselves to the Church, which is everywhere the necessary means of salvation.

Accept, most holy Joseph, the offering of myself, whole and entire, which I make to you, freely and will-ingly.

I consecrate myself wholly to you, to be always my father, protector, and leader in the way of salvation. Obtain for me exceedingly great cleanliness of heart

and a burning love of the interior life.

Grant that, following your footsteps, I may direct all my actions to the greater glory of God, in union with the love of the Divine Heart of Jesus and the Immaculate Heart of the Virgin Mary. Finally, pray that I may share in the peace and joy that was yours in your most holy death.

Amen.

# PRAYERS TO BLESSED LOUIS GUANELLA

**O** Blessed Louis Guanella, apostle of charity, who spread the treasures of your heart to the poor and suffering, whom you dearly loved, in a world filled with hatred and selfishness, obtain for us from Divine Providence an ever increasing love of God and our neighbor. Obtain for us also the favor we are now asking for..., and the grace of final perseverance.Amen. or

Lord Jesus, Redeemer of mankind and our brother, grant that in imitation of your saint, Blessed Louis Guanella, we may share everything in life with the most needy.

May our relationships with others be warm and loving so that our lives may cause them to feel loved.

May Blessed Guanella obtain for us from your goodness that daily sanctity that consists in loving you and our neighbor by doing ordinary things in an extraordinary way. Amen.

#### or

**O** merciful God, you have given to the community of believers Blessed Louis Guanella as an image of your fatherly love. Light within our hearts the spirit of your love so that we may always work according to your will at the service of our least brothers and sisters.

Through the intercession of Blessed Louis Guanella, bestow upon us, O Lord, the grace we now ask for with filial trust... Grant us perseverance in the Christian life as we love you, hope in your providence, and believe in your mercy which is revealed in Jesus, your Son and our Savior. Amen.

# Prayer for the sanctification of Bl. Louis Guanella

Lord Jesus, who came down to earth to bring us the love of the Father and to be the support and comfort of the lowly and the afflicted, we ask you to glorify on earth your faithful servant Blessed Louis Guanella. May the example of his holiness shine forth throughout the world for the glory of God the Father and the salvation of Christians.

Grant us to be able to imitate his virtues: his ardent devotion to the Eucharist, his serene trust in Providence, his tender charity with the poorest, especially the most destitute, his passionate pastoral care for your people, so that we may receive along with him the Kingdom you have prepared for us in the house of the Father.

Amen.

### Litany of Blessed Louis Guanella

Lord, have mercy Christ, have mercy	Lord, have mercy Christ, have mercy
God our Father in heaven God the Son, Redeemer of the world God the Holy Spirit Holy Trinity, one God	have mercy on us
Holy Mary Our Lady of Providence Saint Joseph Blessed Claire Bosatta Blessed Louis Guanella	pray for us

Our Father and Founder Chosen soul of Jesus and Mary Humble servant of our Lady Lover of the Eucharist Zealous apostle of Christ Lover of the Sacred Heart of Jesus Priest of prayer Ardent adorer of the Eucharist Teacher of Truth Defender of the Church Loyal son of the Popes Director of souls Example of poverty Angel of chastity Model of obedience Instrument of God's Providence Dispenser of our Lady's gifts Soul of charity Recourse of the afflicted Hope of the hopeless Father of the abandoned Shelter of the homeless Provider of the poor and needy Support of the handicapped Champion of the helpless Penniless provider Comforter of the suffering

Lamb of God, you take away the sins of the world, spare us, O Lord. Lamb of God, you take away the sins of the world, graciously hear us, O Lord. Lamb of God, you take away the sins of the world, have mercy on us.

He who does charity to the poor, *- lends to the Lord*.

#### Let us pray.

O God, you have made Blessed Louis Guanella glorious for his remarkable love toward the poor, grant us, we beseech you, to serve you continually in the exercise of charity, and to receive through your paternal providence the inheritance of your children. We ask this through Christ our Lord. Amen.

#### Prayer to Blessed Clare Dina Bosatta, DSMP

Lord our God, who made Blessed Clare Bosatta a living image of your Son Jesus Christ, adorer of the Father and humble servant of men, we pray that we may be able to follow her example and to obtain through her intercession the grace... that we ask of you trustingly. Through Christ our Lord. Amen.

# Prayer to Bl. Louis Guanella and Bl. Clare Bosatta

With joyful heart we look to you, O Louis Guanella and Clare Bosatta.Your lives, lived with enthusiasm and heroism in faithfulness to God, our provident Father, and to the suffering humanity, urge us on doing good. pray for us

You are now in the glory of the Father, and are our intercessors before the Holy Trinity with Mary, Mother of grace, so that the will of God be done in each of us. Amen.

# LITANY OF THE SAINTS

Lord, have mercy	Lord, have mercy
Christ, have mercy	Christ, have mercy

Holy Mary, Mother of God Saint Michael Holv angels of God Saint John the Baptist Saint Joseph Saint Peter and Saint Paul Saint Andrew Saint John Saint Mary Magdalene Saint Stephen Saint Ignatius of Antioch Saint Lawrence Saint Perpetua and Saint Felicity Saint Agnes Saint Gregory Saint Augustine Saint Athanasius Saint Basil Saint Martin Saint Benedict

Saint Francis and Saint Dominic Saint Francis Xavier Saint John Vianney Saint Catherine Saint Teresa of Jesus

(other names of saints may be added)

All holy men and women

pray for us

Lord, be merciful Lord, save your people From all evil From every sin From everlasting death By your coming as man By your death and rising to new life By your gift of the Holy Spirit

Be merciful to us sinners *Lord, hear our prayer* Guide and protect your holy Church Keep the Pope and all the clergy in faithful service to your Church Bring all peoples together in trust and peace

Strengthen us in your service

Jesus, Son of the living God

- Lord, hear our prayer Christ, hear us Lord Jesus, hear our prayer - Lord Jesus, hear our prayer

#### Let us pray.

God of our ancestors who set their hearts on you, of those who fell asleep in peace, and of those who won the martyrs' violent crown: we are surrounded by these witnesses as by clouds of fragrant incense. In this age we would be counted in this communion of all saints; keep us always in their good and blessed company.

In their midst we make every prayer through Christ who is our Lord for ever and ever. Amen.

# **RITE OF BLESSING OF THE THROAT** February 3

# **Blessing outside mass**

In the name of the Father, and of the Son, and of the Holy Spirit. R. *Amen.* 

The grace and peace of God the Father and the Lord Jesus Christ be with you. R. *And also with you.* 

#### Celebrant:

Today we celebrate the feast of Saint Blase who was bishop of Sebaste in Armenia in the fourth century. Before dying as a martyr to the Christian faith, he healed a boy who was choking. Since the eighth century he has been venerated as the patron of those who suffer from diseases of the throat. Part of the plan laid out by God's providence is that we should fight strenuously against all sickness and carefully seek the blessings of good health, so that we may fulfill our role in human society and in the Church. We pray, therefore, in a special way today for protection from afflictions of the throat and all other illnesses.

### Let us pray:

Father, through your bishop and martyr, Saint Blase, you healed the sick. As we celebrate his feast today, grant us health of mind and body in the days to come. Grant this through Christ our Lord. Amen.

# Celebrant:

Let us now pray for those who are sick and suffering, for those who care for the sick, and for all who seek the blessing of good health.

For those who suffer from sickness and disease that they may receive healing, we pray to the Lord. R. Lord, hear our prayer.

For the mentally ill and for their families, we pray to the Lord.

R. Lord, hear our prayer.

For those with physical disabilities, that Christ may be glorified in their weakness, we pray to the Lord. R. Lord, hear our prayer.

For doctors and nurses, and for all who care for the sick, we pray to the Lord. R. Lord, hear our prayer.

For those who seek the prayers of Saint Blase today, that they may be protected from afflictions of the throat and all forms of illness, we pray to the Lord. R. Lord, hear our prayer.

God our Father, your Son Jesus Christ looked upon the sick and healed them. Through the intercession of

Saint Blase protect us from all sickness and disease. We ask this through Christ our Lord. R. Lord, hear our prayer. Amen.

The minister touches the crossed candles to the throat of each person and says the following blessing:

Through the intercession of Saint Blase, bishop and martyr, may God deliver you from every disease of the throat and from every other illness: In the name of the Father, and of the Son, + and of the Holy Spirit.

R. Amen.

# The salvific value of Suffering

To do good, one must ascend Mount Calvary. The Christian who suffers for the love of God is blessed indeed. (Bl. Louis Guanella)

# THE WAY OF THE CROSS

A plenary indulgence can be gained once a day for making the Way of the Cross and praying for the intentions of the Holy Father the Pope.

In the name of the Father, and of the Son, and of the Holy Spirit. *Amen*.

**O** Merciful Jesus, with a contrite heart and penitent spirit I undertake this devotion of the Way of the Cross in honor of your bitter sufferings and death.

I give humble thanks for the boundless love which impelled you to carry the cross for me, an unworthy sinner, and to die for my redemption.

Lord Jesus, help me to be open to your closeness and presence as I begin this journey to Calvary with you. Help me to find in your Passion and death the strength to take up my cross and follow you.

Lord Jesus, crucified and risen, - have mercy on us.

#### FIRST STATION **Pilate condemns Jesus to die**

We adore you, O Christ, and we praise you.

- Because by your holy cross you have redeemed the world.

Lord Jesus, often I judge others and fail to be understanding and loving.

Help me to see the people in my life through your eyes, not the eyes of a Pontius Pilate.

Glory...

Lord Jesus, crucified and risen, - have mercy on us.

#### 214 The salvific value of Suffering

#### SECOND STATION Jesus takes up his cross

We adore you, O Christ, and we praise you. Because by your holy cross you have redeemed the world.

Lord Jesus, you embraced your cross to redeem the world. Help me to embrace the crosses of my life, the hardships, struggles, disappointments, pain. Only by recognizing my own weakness, can I discover your strength. *Glory*...

Lord Jesus, crucified and risen, - have mercy on us.

# THIRD STATION

# Jesus falls the first time under the cross

We adore you, O Christ, and we praise you. Because by your holy cross you have redeemed the world.

Lord Jesus, you know how often I fall trying to follow you. Yet you are always there to lift me up. Help me always to trust in your loving care for me. *Glory*...

Lord Jesus, crucified and risen, - have mercy on us.

#### FOURTH STATION Jesus meet his afflicted Mother

We adore you, O Christ, and we praise you. Because by your holy cross you have redeemed the world.

Lord Jesus, your mother Mary's grief was surpassed by

her love for you. So often you come to me in others and their love gives me new life. Help me to see how often you love me through the people in my life. *Glory*...

Lord Jesus, crucified and risen, - have mercy on us.

### FIFTH STATION Simon of Cyrene helps carry the cross

We adore you, O Christ, and we praise you. Because by your holy cross you have redeemed the world.

Lord Jesus, sometimes I am indifferent to the needs of others in my life. I even neglect those whom I love. Help me to see that loving others is the surest way to find you in my life.

Glory...

Lord Jesus, crucified and risen, - have mercy on us.

#### SIXTH STATION Veronica wipes the face of Jesus

We adore you, O Christ, and we praise you. Because by your holy cross you have redeemed the world.

Lord Jesus, at times I am afraid to reach out to others. I do nothing when I should act, I say nothing when I should speak out. Give me a deeper and stronger faith. Help me to trust that you are with me. *Glory*...

Lord Jesus, crucified and risen, - have mercy on us.

## 216 The salvific value of Suffering

# SEVENTH STATION Jesus falls a second time

We adore you, O Christ, and we praise you. Because by your holy cross you have redeemed the world.

Lord Jesus, failure and disappointment sometimes lead me to despair. I hide behind my pride and self-pity, withdrawing from you and others. Give me the hope I need and help me never to be afraid to begin again. *Glory*...

Lord Jesus, crucified and risen, - have mercy on us.

# EIGHTH STATION Jesus meets the women of Jerusalem

We adore you, O Christ, and we praise you. Because by your holy cross you have redeemed the world.

Lord Jesus, your great compassion for others overwhelms me. I feel petty and selfish when I think of you and the way you love. Help me to pour out my love, that you might fill me with your love.

Glory...

Lord Jesus, crucified and risen, - have mercy on us.

# NINTH STATION Jesus falls a third time

We adore you, O Christ, and we praise you. Because by your holy cross you have redeemed the world. Lord Jesus, your failing strength makes me see how helpless I am. Without you, I can do nothing. Help me to rely on your strength, to see how much I need you. *Glory*...

Lord Jesus, crucified and risen, - have mercy on us.

# TENTH STATION Jesus is stripped of his garments

We adore you, O Christ, and we praise you.

Because by your holy cross you have redeemed the world.

Lord Jesus, seeing you so cruelly humiliated makes me realize how I cling to my accomplishments, my possessions, my way. Help me to let go of those things in my life that prevent me from growing closer to you and others.

Glory...

Lord Jesus, crucified and risen, - have mercy on us.

# ELEVENTH STATION Jesus is nailed to the cross

We adore you, O Christ, and we praise you.

Because by your holy cross you have redeemed the world.

Lord Jesus, I can never doubt your great love for me when I see you crucified. Help me to see your cross as the sign of your love for me.

Glory...

Lord Jesus, crucified and risen, - have mercy on us.

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# Twelfth Station Jesus dies on the cross

We adore you, O Christ, and we praise you. Because by your holy cross you have redeemed the world.

Lord Jesus, your broken and lifeless body calls me to deeper faith. You chose death, even death on the cross, to save me. Help me to see my crosses as ways of loving you more and more.

Glory...

Lord Jesus, crucified and risen, - have mercy on us.

# THIRTEENTH STATION **The body of Jesus is taken from the cross**

We adore you, O Christ, and we praise you. Because by your holy cross you have redeemed the world.

Lord Jesus, seeing your body taken from the cross reminds me how fearful I am of letting go of my own life. I am frightened when I think of being unimportant, useless, helpless. Help me to place my life in your hands. *Glory*...

Lord Jesus, crucified and risen, - have mercy on us.

# FOURTEENTH STATION Jesus is laid in the tomb

We adore you, O Christ, and we praise you. Because by your holy cross you have redeemed the world. Lord Jesus, when I see the great stone sealing your tomb, I feel alone and abandoned. Even though you sometimes seem distant or absent in my life, help me always to believe in your closeness and loving presence. *Glory*...

Lord Jesus, crucified and risen, - have mercy on us.

# CONCLUDING PRAYER

Lord Jesus, help me to walk with you each day of my life, even to Calvary.

The sorrow and joy, the pain and healings, the failures and triumphs of my life are truly small deaths and resurrections that lead me closer to you. Give me faith and trust. I need to walk with you always. Amen.

# STABAT MATER

(by Fra Jacopone da Todi)

At the cross her station keeping, Mary stood in sorrow, weeping, When her Son was crucified.

> While she waited in her anguish, Seeing Christ in torment languish, Bitter sorrow pierced her heart.

With what pain and desolation, With what noble resignation, Mary watched her dying Son.

> Ever patient in her yearning, Though her tear-filled eyes were burning, Mary gazed upon her Son.

Who, that sorrow contemplating, On that passion meditating, Would share the Virgin's grief?

> Christ she saw, for our salvation, Scourged with cruel acclamation, Bruised and beaten by the rod.

Christ she saw with life-blood failing, All her anguish unavailing, Saw him breathe his very last.

> Mary, fount of love's devotion, Let me share with true emotion, All the sorrow you endured.

Virgin, ever interceding, Hear me in my fervent pleading; Fire me with your love of Christ.

> Mother, may this prayer be granted; That Christ's love may be implanted In the depths of my poor soul.

At the cross, your sorrow sharing, All your grief and torment bearing, Let me stand and mourn with you.

> Fairest maid of creation, Queen of hope and consolation, Let me feel your grief sublime.

Virgin, in your love befriend me, At the Judgement Day defend me, Help me by your constant prayer.

> Savior, when my life shall leave me, Through your mother's prayers receive me With the fruits of victory.

Let me to your love be taken, Let my soul to death awaken, To the joys of Paradise. Amen.

# **NEW STATIONS OF THE CROSS**

Not all of the traditional Stations are based on Scripture. During the Holy Year of 1975, Pope Paul VI approved a new series of Stations which are based on the Gospel. These Stations begin with the Last Supper and conclude with the Resurrection.

# **Opening Prayer**

Heavenly Father, we pause from the cares and concerns of our daily lives to spend a few moments reflecting upon the events surrounding the death and resurrection of our Lord Jesus. Send your Spirit into our hearts. Increase our faith and deepen our hope in the resurrection. We ask this in the name of Jesus. Amen.

> At the cross her station keeping, Mary stood in sorrow, weeping, When her Son was crucified.

## FIRST STATION The Last Supper

Y. We adore you, O Christ, and we bless you. *R. Because by your holy Cross you have redeemed the world.* 

While they were eating, Jesus took bread, said the blessing, broke it, and giving it to his disciples said, "Take and eat; this is my body." Then he took a cup, gave thanks, and gave it to them, saying, "Drink from it, all of you, for this is my blood of the covenant, which will be shed on behalf of many for the forgiveness of sins. I tell you, from now on I shall not drink this fruit of the vine until the day when I drink it with you new in the kingdom of my Father." Mt. 26:26-29

# Let us pray:

Heavenly Father, will we ever understand all that Jesus has done for us? As he gathered with his disciples for the last time before he died, he washed their feet to teach us that we must serve each other. And then while at table, breaking bread and sharing the cup, Jesus offered the gift of himself to his disciples - and to us. In the midst of the problems and pains of our lives, it is easy to forget that we must serve as Jesus did. As he gives himself to us in the Eucharist, nourish and sustain us that we might share his life and his love with others. We ask this in the name of Jesus. Amen.

Glory...

Have mercy on us, O Lord, - Have mercy on us.

While she waited in her anguish, Seeing Christ in torment languish, Bitter sorrow pierced her heart.

# SECOND STATION The Agony In The Garden

Y. We adore you, O Christ, and we bless you. *R. Because by your holy Cross you have redeemed the world.*  Then going out, he went, as was his custom, to the Mount of Olives, and the disciples followed him. When he arrived at the place he said to them, "Pray that you may not undergo the test." After withdrawing about a stone's throw from them and kneeling, he prayed, saying, "Father, if you are willing, take this cup away from me; still, not my will but yours be done." And to strengthen him an angel from heaven appeared to him. He was in such agony and he prayed so ferevently that his sweat became like drops of blood falling on the ground. When he rose from prayer and returned to his disciples, he found them sleeping from grief. He said to them, "Why are you sleeping? Get up and pray that you may not undergo the test. Lk 22: 40-46

# Let us pray:

Gracious God, while the disciples slept, Jesus alone and in anguish, prayed for deliverance from death. You did not turn a deaf ear to his plea, but through his resurrection, made him victorious over death. Our future is often frightful and difficult to accept. We pray for deliverance from pain, from sickness, and from the loneliness that seems to separate us even from you. Listen to our prayers. Send your Spirit to comfort us and to help us trust in your will.

We ask this in the name of Jesus. Amen.

# Glory...

Have mercy on us, O Lord, - Have mercy on us.

With what pain and desolation,

With what pair and desolation With what noble resignation, Mary watched her dying Son. 224 The salvific value of Suffering

# THIRD STATION Jesus is arrested

Y. We adore you, O Christ, and we bless you. *R. Because by your holy Cross you have redeemed the world.* 

While Jesus was still speaking, Judas, one of the Twelve, arrived, accompanied by a crowd with swords and clubs who had come from the chief priests, the scribes and the elders. His betrayer had arranged a signal with them, saying, "The man I shall kiss is the one; arrest him and lead him away securely." He came and immediately went over to him and said, "Rabbi." And he kissed him. Jesus said to him, "Judas, are you betraying the Son of man with a kiss?"

At this they laid hands on him and arrested him and brought him to the house of the high priest, while Peter followed at a distance. Luke 22:47-54

Let us pray:

Father in heaven, because they were afraid of his power and message, they came armed with swords and clubs to arrest Jesus. The disciples, fearful that they too would be arrested, abandoned Jesus and fled into the darkness.

Armed with hatred, prejudice, and suspicion, we often reject those who are different from us because of their color, nationality or opinions. Our lack of acceptance and understanding betrays Jesus and his command to love, while our fears imprison us and each other. Dispel tha darkness from our eyes that we may recognize your presence in the people around us. We ask this in the name of Jesus. Amen.

Glory... Have mercy on us, O Lord, - Have mercy on us.

> Ever patient in her yearning, Through her tear filled eyes were burning, Mary gazed upon her Son.

# FOURTH STATION Jesus brought before the Sanhedrin

Y. We adore you, O Christ, and we bless you. *R. Because by your holy Cross you have redeemed the world.* 

The high priest rose before the assembly and questioned Jesus, saying, "Have you no answer? What are these men testifying against you?" But he was silent and answered nothing. Again the high priest asked him and said to thim, "Are you the Christ, the son of the Blessed One?" Then Jesus answered, "I am; and you will see the Son of Man seated at the right hand of the Power and coming with the clouds of heaven." At that the high priest tore his garments and said, "What further need have we of witnesses? You have heard the blasphemy. What do you think?" They all condemned him as deserving to die. Mark 14:60-62

Let us pray:

Merciful Father, the chief priests, having judged Jesus

guilty, sought testimony that would lead to his death. Many testified falsely against him.

So often we judge others, and, like the chief priests, seek reasons to verify our judgements. Remove from our hearts the desire to stand in judgement, and banish from our minds the temptation to speak falsely about others. Give us the wisdom to seek the goodness in all people. We ask this in the name of Jesus. Amen.

Glory...

Have mercy on us, O Lord, - Have mercy on us.

Who, that sorrow contemplating, On that passion meditating, Would share the Virgin's grief?

# FIFTH STATION Peter denies Jesus

Y. We adore you, O Christ, and we bless you. *R. Because by your holy Cross you have redeemed the world.* 

While Peter was below in the courtyard, one of the high priest's maids came along. Seeing Peter warming himself, she looked intently at him and said, "You too were with the Nazorean, Jesus." But he denied it saying, "I neither know nor understand what you are talking about!" Then the cock crowed. A little later the bystanders said to Peter once more, "Surely you are one of them; for you too are a Galilean." He began to curse and to swear, "I do not know this man about whom you are talking." And immediately a cock crowed a second time. Then Peter remembered the word that Jesus had said to him, "Before the cock crows twice you will deny me three times. " He broke down and wept." Mark 14:66-72

# Let us pray:

Lord God, not wishing to abandon his teacher, Peter followed the crowd from a distance and entered the courtyard. But out of fear that he would be arrested or called upon to testify against Jesus, Peter denied ever knowing him. How often, through words and actions, we also deny knowing Jesus and his way of love. Fearful of not being accepted, we speak and act in ways contrary to his teaching. Give us courage to follow Jesus no matter how difficult the journey may be. May all our words and actions proclaim our faith in him. We ask this in the name of Jesus. Amen.

# Glory...

Have mercy on us, O Lord, - Have mercy on us.

Mary, fount of love's devotion, Let me share with true emotion, All the sorrow you endured.

# SIXTH STATION Jesus is brought before Pilate

Y. We adore you, O Christ, and we bless you. *R. Because by your holy Cross you have redeemed the world.*  Then the whole assembly arose and brought Jesus before Pilate. They brought charges against him, saying, "We found this man misleading our people; he opposes the payment of taxes to Caesar, and maintains that he is the Christ, a king." Pilate asked him, "Are you the king of the Jews?" He said to him in reply, "You say so." Pilate then addressed the chief priests and the crowds, "I find this man no guilty." But they were adamant and said, "He is inciting the people with his teaching throughout all Judea, from Galilee where he began even there."

# Let us pray:

Father in heaven, because they feared the power of Jesus, they took him to Pilate to be condemned to death. Innocent, Jesus stood silent, not even defending himself against their false testimony. The world stands in judgment of your ways, O Lord. The values of our society conflict with the values Jesus taught. Strengthen our resolve to follow you, O Lord, so that our lives may always give testimony to the faith we have in you. We ask this in the name of Jesus. Amen.

# Glory...

Have mercy on us, O Lord, - Have mercy on us.

Christ she saw with life-blood failing, All her anguish uavailing, Saw him breathe his very last.

# SEVENTH STATION Jesus is scourged and crowned

Y. We adore you, O Christ, and we bless you. *R. Because by your holy Cross you have redeemed the world.* 

Then Pilate took Jesus and had him scourged. And the soldiers wove a crown out of thorns and placed it on his head, and clothed him in a purple cloak, and they came to him and said, "Hail, King of the Jews!" And they struck him repeatedly. John 19:1-3

# Let us pray:

Merciful God, though guilty of no crime, Jesus was scourged and crowned with thorns. Our king was whipped and mocked. It was to free us from sin and death that Jesus suffered the cruelties of his passion.

Heavenly Father, through our baptism you have ch sen us as your people and have made ua a royal nation. Through the sufferings of our Lord Jesus, give us the courage to face the hardships and pains of our lives. Help us to see the effect of our sins and grant us your forgiveness. We ask this in the name of Jeus. Amen.

# Glory...

Have mercy on us, O Lord, - Have mercy on us.

Christ she saw, for our salvation, scourged with cruel acclamation, Bruised and beaten by the rod.

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# EIGHTH STATION Jesus is condemned to death

Y. We adore you, O Christ, and we bless you. *R. Because by your holy Cross you have redeemed the world.* 

Pilate tried to release him; but the Jews cried out, "If you release him, you are not a friend of Caesar. Everyone who makes himself a king opposes Caesar." When Pilate heard these words he brought Jesus out and seated him on the judge's bench in the place called Stone Pavement, in Hebrew, Gabbatha. It was preparation day for Passover, and it was about noon. And he said to the Jews, "Behold your king!" They cried out, "Take him away, take him away! Crucify him!" Pilate said to them, "Shall I crucify your king The chief priests answered, "We have no king but Caesar." Then he handed him over to them to be crucified. John19:12-16

# Let us pray:

Almighty God, Pilate, bowing to the pressures of the crowd, condemned Jesus to death and released Barabbas to them. Forgive us, Lord, when we bow to the pressures of others rather than follow the way of Jesus. Forgive us when we become more concerned with what people think of us than with what we know is right. Open our eyes and ears to the cries of those who suffer injustice because of our words, deeds or silence. We ask this in the name of Jesus. Amen. Luke 23:26-28

Glory...

Have mercy on us, O Lord, - Have mercy on us.

Virgin, ever interceding, Hear me in my fervent pleading: Fire me with your love of Christ.

# NINTH STATION Jesus meet Simon and the women of Jerusalem

Y. We adore you, O Christ, and we bless you. *R. Because by your holy Cross you have redeemed the world*.

As they led Jesus away they took hold of a certain Simon, a Cyrenian, who was coming in from the country; and after laying the cross on him, they made him carry it behind Jesus. A large crowd of people followed Jesus, including many women who mourned and lamented him. Jesus turned to them and said, "Daughters of Jerusalem, do not weep fro me; weep instead for yourselves and for your children."

# Let us pray:

Heavenly Father, how heavy the cross must have been, especially for someone who had been scourged and maltreated. Not wishing to have Jesus die under the weight of his cross, the soldiers forced Simon to shoulder this burden.

Father, sometimes the burdens of our lives seem to be too heavy for us to carry alone. Give us strength and courage to shoulder our cross. And how many times we do encounter others who need assistance in carrying the burdens of their lives? Enable us to respond eagerly to the fullest of our ability. We ask this in the name of Jesus. Amen.

Glory...

Have mercy on us, O Lord, - Have mercy on us.

Mother, may this prayer be granted: That Christ's love may be implanted In the depths of my poor soul.

# TENTH STATION Jesus is crucified

Y. We adore you, O Christ, and we bless you. *R. Because by your holy Cross you have redeemed the world.* 

They brought him to the place of Golgotha - which is translated Place of the Skull -. They gave him wine drugged with myrrh, but he did not take it. Then they crucified him and divided his garments by casting lots for them to see what each should take. It was nine o'clock in the morning when they crucified him. The inscription of the charge against him read, "The King of the Jews. "With him they crucified two revolutionaries, one on his right and one on his left.

# Let us pray:

t was for our sins that

Mark 15:22-27

Merciful and mighty God, it was for our sins that Jesus was nailed to the cross. It was for our sins that Jesus endured the agonies of his passion that we might be free from slavery of sin and eternal death. Be with us now. From the depths of our sinfulness and hatred, rescue us. Forgive us our sins, heal our broken hearts, and restore us to new life. We ask this in the name of Jesus. Amen

# Glory...

Have mercy on us, O Lord, - Have mercy on us.

At the cross your sorrow sharing, All your grief and torment bearing, Let me stand and mourn with you.

# ELEVENTH STATION Jesus speaks from the Cross

Y. We adore you, O Christ, and we bless you. *R. Because by your holy Cross you have redeemed the world.* 

Now one of the criminals hanging there reviled Jesus, saying, "Are you not the Christ? Save yourself and us." The other, however, rebuking him, said in reply, "Have you no fear of God, for you are subject to the same condemnation? And indeed, we have been condemned justly, for the sentence we received corresponds to our crimes, but this man has done nothing criminal." Then he said, "Jesus, remember me when you come into your kingdom." He replied to him, "Amen, I say to you, today you will be with me in Paradise."

# Let us pray:

Eternal Father, even in the midst of his pain and agony, Jesus spoke a word of comfort to the Good Thief, for-

Luke 23:39-43

giving his sins, and welcoming him to the Kingdom. Give us the strength to follow the way of Jesus. In the midst of our pains and agonies, help us continue to comfort your people, sharing with them your forgiveness, your healing, and your life. One day may we all be united with you in the Kingdom. We ask this in the name of Jesus. Amen.

# Glory...

Have mercy on us, O Lord, - Have mercy on us.

Fairest maid of creation, Queen of hope and consolation, Let me feel your grief sublime.

# TWELFTH STATION Jesus dies and his Heart is pierced

Y. We adore you, O Christ, and we bless you. *R. Because by your holy Cross you have redeemed the world.* 

When Jesus had taken the wine, he said, "It is finished." And bowing his head, he handed over the spirit. The soldiers came and broke the legs of the first and then of the other one who was crucified with Jesus. But when they came to Jesus and saw that he was already dead, they did not break his legs, but one soldier thrust his lance into his side, and immediately blood and water flowed out. John 19:30-34

# Let us pray:

Heavenly Father, in your mercy, you did not allow

Jesus to endure a long period of suffering on the cross. To rescue us from eternal darkness and despair, Jesus gave up his life. How can we ever return the love Jesus has shown us? May his Sacred Heart, out of which flowed blood and water, be our continued source of grace and love. We ask this in the name of Jesus. Amen.

# Glory...

Have mercy on us, O Lord, - Have mercy on us.

Virgin, in your love befriend me, At the Judgement day defend me. Help me by your constant prayer.

# THIRTEENTH STATION Jesus is buried

Y. We adore you, O Christ, and we bless you. *R. Because by your holy Cross you have redeemed the world.* 

There was a virtuous and righteous man named Joseph, who, though he was a member of the council, had not consented to their plan of action. He came from the Jewish town of Arimathea and was awaiting the kingdom of God. He went to Pilate and asked for the body of Jesus. After he had taken the body down, he wrapped it in a linen cloth and laid him in a rock-hewn tomb in which no one had yet been buried. The women who had come from Galilee with him followed behind, and when they had seen the tomb and the way in which his body was laid in it, they returned and prepared

spices and perfumed oils. Then they rested on the sabbath according to the commandment. Luke 23:50-56

# Let us pray:

Almighty God, it was a sad and lonely group who removed the body of Jesus from the cross.Abandoned by most of his disciples and followers, his body was laid to rest in a borrowed tomb.

Father, who would have thought that anyone could give so completely of themselves? To the foolish, his death would seem to be his destruction, but through the eyes of faith, his death and resurrection give birth to the joys of new life. Help us accept the trials and misfortunes of this life, filled with hope in the resurrection and eternal life. We ask this in the name of Jesus. Amen

Glorv...

Have mercy on us, O Lord, - Have mercy on us.

Savior, when my life shall leave me, Through your mother's prayers receive me With the fruits of victory.

# FOURTEENTH STATION The Resurrection Of Jesus

Y. We adore you, O Christ, and we bless you. R. Because by your holy Cross you have redeemed the world.

When the sabbath was over, Mary Magdalene, Mary, the mother of James, and Salome brought spices so that

they might go and anoint him. Very early when the sun had risen, on the first day of the week, they came to the tomb. They were saying to one another, "Who will roll back the stone for us from the entrance to the tomb?" When they looked up, they saw that the stone had been rolled back; it was very large. On entering the tomb they saw a young man sitting on the right side, clothed in a white robe, and they were utterly amazed. He said to them, "Do not be amazed! You seek Jesus of Nazareth, the crucified. He has been raised: he is not here. Behold the place where they laid him. But go and tell his disciples and Peter, "He is going before you to Galilee; there you will see him, as he told you".

Mark 16:1-7

# Let us pray:

Ever-living God, our experience tells us that you never cease to surprise us. When the women arrived at the tomb, they were surprised to find the stone already removed. Entering the tomb, they were frightened by the presence of your angel.

The mystery of the life, death, and resurrection of Jesus reveals to us that in the midst of darkness you give light, in the midst of sin you give forgiveness, in the midst of wounds and division you give healing, and in the midst of death you give life. Continue to surprise us with your presence and your touch in our lives and in our world. We ask this in the name of Jesus. Amen.

# Glorv...

Have mercy on us, O Lord, - Have mercy on us. 238 The salvific value of Suffering

Let me to your love be taken, Let my soul to death awaken to the joys of Paradise.

**Concluding Prayer** 

Heavenly Father,

may we who have meditated on the death and resurrection of Jesus be filled with the hope and the joy of his life.Confident of his presence among us and of his power to touch us, to teach us, to heal us, and to forgive us, may we have the strength and the power to bring his love and his peace to all the people we meet. We ask this in the name of Jesus, who is our Lord for ever and ever. Amen.

Prayers for the intention of the Holy Father are necessary to gain the indulgences attached to this devotion.

Our Father...Hail Mary...Glory...

The Sacrament of Reconciliation

Jesus Christ is a physician so knowledgable that he is able to employ even our miseries to make us progress. (Bl. Louis Guanella)

# THE SACRAMENT OF RECONCILIATION

# How to go to Confession

The person who is going to confession is called a "penitent" because he or she wishes to do penance and to turn away from his or her sin.

Before going to confession, the penitent compares his or her life with the example and commandments of Christ and then prays to God for forgiveness.

# **Going to Confession**

The priest welcomes the penitent, and then both make the sign of the cross, saying: "In the name of the Father and of the Son, and of the Holy Spirit. Amen." Next the priest briefly urges the penitent to have confidence in God.

# **Reading the Word of God**

Then the priest, or the penitent himself, may read a passage from the Bible.

# **Confession of Sins and the Act of Penance**

The penitent then confesses his sins. If necessary, the priest should help the penitent to make a complete confession and to have sincere sorrow for his sins against God. The priest then offers suitable advice to help the penitent begin a new life and, when appropriate, leads him to resolve that he will make appropriate restitution for the harm he has caused others.

Then the priest imposes an act of penance or satisfaction on the penitent. Such a "penance" serves not only to make up for the past but also to help him to begin a new life and provides the penitent with an antidote to weakness.

# The Prayer of the Penitent

After this the penitent prays a prayer showing he is sorry for his sins and his resolve not to sin again.

# Absolution by the Priest

Following this prayer, the priest extends his hands, or at least his right hand, over the head of the penitent and pronounces the formula of absolution. As he says the final words he makes the sign of the cross over the head of the penitent.

# **Dismissal of the Penitent**

Then the priest tells him to go in peace. The penitent continues his conversion and expresses it by a life renewed according to the Gospel and more and more steeped in the love of God, for "love covers over a multitude of sins." (I Peter 4:8).

# Questions and Answers about the Sacrament of Penance

# Why do we need the Sacrament of Penance?

"Because of human weakness, Christians 'leave their first love' (Rev 2:4) and even break off their friendship with God by sinning. The Lord, therefore, instituted a special Sacrament of Penance for the pardon of sins committed after Baptism (Jn 20:21-23), and the Church has faithfully celebrated the sacrament throughout the centuries - in varying ways, but retaining its essential elements".

(Sacred Congregation for Divine Worship).

# What happens in the Sacrament of Penance?

In the Sacrament of Penance, "the sinner, who by the grace of a merciful God embraces the way of penance, comes back to the Father who 'first loved us' (I Jn 4:19), to Christ who gave himself up for us, and to the Holy Spirit who has been poured out on us abundant-ly". (*Rite of Penance*)

Likewise, "those who by grave sin have withdrawn from the communion of love with God are called back in the Sacrament of Penance to the life they have lost. And those who through daily weakness fall into venial sins draw strength from a repeated celebration of Penance to gain the full freedom of the children of God."

What is the role of the priest in the Sacrament of *Penance*?

"The Church exercises the ministry of the Sacrament of Penance through bishops and priests. By preaching God's word they call the faithful to conversion; in the name of Christ and by the power of the Holy Spirit, they declare and grant the forgiveness of sins. In the exercise of this ministry, priests act in communion with the bishop and share in his power and office as the one who regulates the penitential discipline". (*Rites of Penance*)

*What is the role of the community in the Sacrament of Penance?* 

"The whole Church, as a priestly people, acts in different ways in the work of reconciliation that has been

entrusted to it by the Lord. Not only does the Church call sinners to repentance by preaching the Word of God, but it also intercedes for them and helps penitents, with a maternal care and solicitude to acknowledge and confess their sins and to obtain the mercy of God, who alone can forgive sins. Further, the Church becomes itself the instrument of the conversion and absolution of the penitent through the ministry entrusted by Christ to the apostles and their successors".

(Rite of Penance)

When should the Sacrament of Penance be scheduled?

The Sacrament should be regularly scheduled at times convenient for the faithful, but not during the celebration of Mass.

What are the different forms of the Sacrament of Penance?

There are three rites or forms of the Sacrament of Penance:

- The Rite for the Reconciliation of Individual Penitents

- The Rite for the Reconciliation of Several Penitents

- The Rite for the Reconciliation of Several Penitents with General Absolution

When the Reconciliation of Several Penitents is celebrated, is it permissible for each penitent to confess *just one sin?* 

No. In recent years the practice has grown whereby, in consideration of a large number of penitents, each penitent is asked to approach a priest and confess only one

sin. Such a practice does not allow for an integral confession as required by the Rite of Penance. In order for a valid confession to take place, a full and integral confession must be provided for in every instance. Canon 988 (par. 1) refers to the obligation to confess all serious sins in "kind and in number."

When the Reconciliation of Several Penitents is celebrated, can a "common penance" be given?

No. The Rite of Penance makes clear that "after the Lord's Prayer the priests go to their places assigned for confession. The penitents who desire to confess their sins go to the priest of their choice. After receiving a suitable act of penance, they are absolved by him with the form for the reconciliation of an individual penitent". (*Rite of Penance*)

When the Reconciliation of Several Penitents is celebrated, can a "common absolution" be given?

No. "Each penitent who makes an individual confession during such services is to receive absolution individually from the confessor involved". (Sacred Congregation for the Doctrine of Faith)

What is "General Absolution"?

The third form of the Sacrament of Penance, General Absolution, is designed for extreme situations when individuals would be deprived of access to a confessor for a lengthy period of time and would, therefore, be deprived of the grace of the Sacrament of Penance or Holy Communion. The National Conference of Catholic Bishops has interpreted a lengthy period of time as one month. Individual confession and absolution remains the "sole ordinary means by which one of the faithful who is conscious of grave sin is reconciled with God and with the church."

May General Absolution be given simply because an insufficient number of confessors show up for confession?

No. The Code of Canon Law specifically addresses this point: "A sufficient necessity is not... considered to exist when confessors cannot be available merely because of the great number of penitents, such as can occur on some major feast day or pilgrimage".

(Canon 961;1: subsection no. 2)

Does a penitent have to confess the sin forgiven in General Absolution again?

According to canon law, "a person who has had serious sins remitted by a general absolution is to approach individual confession as soon as there is an opportunity to do so before receiving another general absolution unless a just cause intervenes" (*canon 963*). Through individual confession, the penitent experiences the healing power of Christ through a personal encounter not made present in the anonymity of the third rite.

What authority does the bishop exercise in relationship to General Absolution?

The diocesan bishop is the sole competent authority for determining the appropriateness and conditions which must be met for the celebration of General Absolution in a particular diocese (*Canon 961; 2*).

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# An Examination of Conscience for Those Who Are Not Sure What Sin Is

- Do I love God above everything and everyone else?

- Do I live as a child of God, confident in the Father's mercy?
- Am I humble? Do I depend on God as I should?
- Am I prideful? Do I try to make the world revolve around me? Do I live out of a sense of self-sufficiency... imposing my will on others... acting as if I were the cause of the good in my life?
- Am I presumptuous? Do I think I can do whatever I want and that it will not matter to God?
- Do I yearn to know God's will and do I abandon myself to divine Providence moment by moment?
- Do I pray every day?
- Do I go to Mass every Sunday and Holy Day?
- Do I devote myself to growing in faith?
- Am I thankful? Do I express my gratitude sincerely and outwardly, especially in works of mercy?
- Do I make excuses for my faults, blame others, rationalize, or relativize? Am I self-righteous?
- Am I forgiving? Do I harbor grudges, resentments.... Do I take delight in the misfortunes of others?
- Do I judge others, label others, exclude others, condemn others?
- Is my life in any way ruled by anger, jealousy, envy, or impatience?

- Do I make gods of money, power, prestige, accomplishment, materialism, sensuality, vanity, pleasure, comfort, leisure, complacency, apathy, or anything else?
- Do I put myself first through self-centeredness, egoism, selfishness, vanity, self-aggrandizing, etc.?
- If married, do I engage in extra-marital sex? Do I use sex recreationally?
- Do I dedicate myself to knowing, loving, and living the Truth as it is taught by the Catholic Church?
- Do I live in the Truth and do I tell the truth, always and without compromise? Do I misuse speech through cheating, gossiping, back-biting, profanity, blasphemy, complaining, being silent when I should speak, etc.? Am I true to my vows, my commitments, my contracts, my word?
- Is my mind filled with thoughts that are lustful, vicious, carnal, mean-spirited, prejudicial, venal, worldly, etc.?
- Do I waste time? Am I generous with my time? Am I lazy?
- Do the priorities in my life reflect and serve the precious gift of faith God has given me? Do I ever live more for myself than for God and others?
- Do I live by faith or by emotions, by worldly philosophy, by current trends, by popular ideologies, by the pressures and deceptions of media and culture?
- What important things do I omit to do?

- Do I recognize how God is present and active in every moment of my life?
- Do I live by any standard other than the way of love revealed by Jesus Christ?

# A Penitential Reflection on the Lord's Prayer

Our Father, who art in heaven, hallowed be thy name...

A father is one who gives life, who nurtures and sustains. Do I look to God to give me life, or have I turned to other things or people, thinking that they can sustain me? Do I keep God's name holy through prayer, reading of the Scripture, and receiving the Eucharist?

...thy kingdom come, thy will be done, on earth as it is in heaven.

Often I insist that I do not know what God wants. Yet Scripture is very clear. God wants me to serve others, to show compassion, to forgive, to admit my guilt, to listen. All around me there are signs of the presence of Jesus. What prevents me from seeing the kingdom; where has God's will not been embraced by me?

# Give us this day our daily bread...

Am I grateful for what I have? Do I sometimes base my self-worth on how much I have in the bank or in my garage? Daily, someone will be hungry for bread, for love, for attention. Who are the hungry that I have neglected to feed?

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And forgive us our trespasses as we forgive those who trespass against us

Who in my life is waiting for me to forgive them? What problems have I created because I refuse to see another point of view or give up being stubborn? To whom must I address the words, I am sorry or please forgive me?

And lead us not into temptation, but deliver us from *Evil*.

What temptations confront me each day? Am I tempted to doubt the love of Jesus? Perhaps there are days when I am tempted to lie, to hurt someone, to be unfaithful to a promise that I made. What part of my day is for prayer to be strengthened against that which is evil?

# The Lord's Prayer as an Examination of Conscience for Children

Our Father who art in heaven hallowed be thy name

Do I think about God each day?

Do I remember to say my prayers?

Do I pay attention and participate at Mass?

Do I speak nicely to other people, and about other people?

Do I respect my parents and what they ask me to do?

Thy kingdom come; thy will be done on earth as it is in heaven

Jesus says that we are to be kind to others.

- Do I share with others?
- Do I try to help my family?

Jesus says we are all brothers and sisters. - Do I respect my teachers and classmates?

Give us this day our daily Bread

Do I remember to say thank you?

Am I sometimes greedy?

Do I forget that some people have no food?

Do I take what does not belong to me?

Forgive us our trespasses as we forgive those who trespass against us

Do I say "I am sorry" when I have been wrong? Am I a peacemaker with my brothers or sisters? Do I say bad things about someone who has hurt me? Do I try to solve problems and not make problems?

Lead us not into temptation but deliver us from evil In sports, do I play fairly with others? Do I cheat in school? Do I tell the truth? Do I show Jesus to others by my kindness?

# Form of examination of conscience

What is my attitude to the sacrament of penance? Do I sincerely want to be set free from sin, to turn again to God, to begin a new life, and to enter into a deeper friendship with God? Or do I look on it as a burden, to be undertaken as seldom as possible?

Did I forget to mention, or deliberately conceal, any grave sins in past confessions?

Did I perform the penance I was given? Did I make reparation for any injury to others? Have I tried to put into practice my resolution to lead a better life in keeping with the Gospel?

# The Lord says: "You shall love the Lord your God with vour whole heart."

1. Is my heart set on God, so that I really love him above all things and am faithful to his commandments. as a son/daughter loves hsi/her father? Or am I more concerned about the things of this world? Have I a right intention in what I do?

2. God spoke to us in his Son. Is my faith in God firm and secure? Am I wholehearted in accepting the Church's teaching? Have I been careful to grow in my understanding of the faith, to hear God's word, to listen to instructions on the faith, to avoid dangers to faith? Have I been always strong and fearless in professing my faith in God and the Church? Have I been willing to be known as a Christian in private and public life?

3. Have I prayed morning and evening? When I pray, do I really raise my mind and heart to God or is it a matter of words only? Do I offer God my difficulties, my joys, and my sorrows? Do I turn to God in time of temptation?

4. Have I love and reverence for God's name? Have I offended him in blasphemy, swearing falsely, or taking his name in vain? Have I shown disrespect for the Blessed Virgin Mary and the saints?

5. Do I keep Sundays and feast days holy by taking a full part, with attention and devotion, in the liturgy,

and especially in the Mass? Have I fulfilled the precept of annual confession and of communion during the Easter season?

6. Are there false gods that I worship by giving them greater attention and deeper trust than I give to God: money, superstition, spiritism, or other occult practices?

# The Lord says: "Love one another as I have loved *vou.*"

1. Have I a genuine love for my neighbors? Or do I use them for my own ends, or do to them what I would not want done to myself? Have I given grave scandal by my words or actions?

2. In my family life, have I contributed to the wellbeing and happiness of the rest of the family by patience and genuine love? Have I been obedient to parents, showing them proper respect and giving them help in their spiritual and material needs? Have I been careful to give a Christian upbringing to my children, and to help them by good example and by exercising authority as a parent. Have I been faithful to my husband or wife in my heart and in my relations with others?

3. Do I share my possessions with the less fortunate? Do I do my best to help the victims of oppression, misfortune, and poverty? Or do I look down on my neighbor, especially the poor, the sick, the handicapped, the elderly, strangers, and people of other races?

4. Does my life reflect the mission I received in confirmation? Do I share in the apostolic and charitable works of the Church and in the life of my parish? Have I helped to meet the needs of the Church and of the world and prayed for them, for unity in the Church, for the spread of the Gospel among the nations, for peace and justice, etc.?

5. Am I concerned for the good and prosperity of the human community in which I live, or do I spend my life caring only for myself? Do I share to the best of my ability in the work of promoting justice, morality, harmony, and love in human relations? Have I done my duty as a citizen? Have I paid my taxes?

6. In my work or profession am I just, hard-working, honest, serving society out of love for others? Have I paid a fair wage to my employees? Have I been faithful to my promises and contracts?

7. Have I obeyed legitimate authority and given it due respect?

8. If I am in a position of responsibility or authority, do I use this for my own advantage or for the good of others, in a spirit of service?

9. Have I been truthful and fair, or have I injured others by deceit, calumny, detraction, rash judgment, or violation of a secret?

10. Have I done violence to others by damage to life or limb, reputation, honor, or material possessions? Have I involved them in loss? Have I been responsible for MANUAL OF PRAYER 255

advising an abortion or procuring one? Have I kept up hatred for others? Am I estranged from others through quarrels, enmity, insults, anger? Have I been guilty of refusing to testify to the innocence of another because of selfishness?

11. Have I stolen the property of others? Have I desired it unjustly and inordinately? Have I damaged it? Have I made restitution of other people's property and made good their loss?

12. If I have been injured, have I been ready to make peace for the love of Christ and to forgive, or do I harbor hatred and the desire for revenge?

Christ our Lord says: "Be perfect as your Father is perfect."

1. Where is my life really leading me? Is the hope of eternal life my inspiration? Have I tried to grow in the life of the Spirit through prayer, reading the word of God and meditating on it, receiving the sacraments, self-denial? Have I been anxious to control my vices, my bad inclinations and passions, e.g., envy, love of food and drink? Have I been proud and boastful, thinking myself better in the sight of God and despising others as less important than myself? Have I imposed my own will on others, without respecting their freedom and rights?

2. What use have I made of time, of health and strength, of the gifts God has given me to be used like the talents in the Gospel? Do I use them to become

more perfect every day? Or have I been lazy and too much given to leisure?

*3.* Have I been patient in accepting the sorrows and disappointments of life? How have I performed mortification so as to "fill up what is wanting to the sufferings of Christ"? Have I kept the precept of fasting and abstinence?

4. Have I kept my senses and my whole body pure and chaste as a temple of the Holy Spirit consecrated for resurrection and glory, and as a sign of God's faithful love for men and women, a sign that is seen most perfectly in the sacrament of matrimony? Have I dishonored my body by fornication, impurity, unworthy conversation or thoughts, evil desires, or actions? Have I given in to sensuality? Have I indulged in reading, conversation, shows, and entertainments that offend against Christian and human decency? Have I encouraged others to sin by my own failure to maintain these standards? Have I been faithful to the moral law in my married life? Have I been faithful to my vow of chastity?

5. Have I gone against my conscience out of fear or hypocrisy?

6. Have I always tried to act in the true freedom of the sons of God according to the law of the Spirit or am I the slave of forces within me?

# **Rite for Reconciliation of individual penitents**

The penitent makes the sign of the cross which the priest may make also.

The priest invites the penitent to have trust in God, in these or similar words:

May God, who has enlightened every heart, help you to know your sins and trust in his mercy.

The penitent answers: Amen.

or: May the Lord Jesus welcome you. He came to call sinners, not the just. Have confidence in him. (Luke 5:32)

# or:

May the grace of the Holy Spirit fill your heart with light, that you may confess your sins with loving trust and come to know that God is merciful.

# or:

If you have sinned do not lose heart.

We have Jesus Christ to plead for us with the Father: He is the holy One, the atonement for our sins and for the sins of the whole world. (1 John 2:-)

Then the priest may read or say from memory a text of Scripture which proclaims God's mercy and calls man to conversion.

Let us listen to the Lord as he speaks to us:

Ezekiel 11: 19-20

I will give them a new heart and put a new spirit within them; I will remove the stony heart from their bodies, and replace it with a natural heart, so that they will live according to my statutes, and observe and carry out my ordinances; thus they shall be my people and I will be their God.

# Matthew 6:14-15

If you forgive the faults of others, your heavenly Father will forgive you yours. If you do not forgive others, neither will your Father forgive you.

#### Mark 1:14-15

After John's arrest, Jesus appeared in Galilee proclaiming the good news of God: "This is the time of fulfillment. The reign of God is at hand! Reform your lives and believe in the gospel!"

# Romans 5:-9

It is precisely in this that God proves his love for us: that while we were still sinners, Christ died for us. Now that we have been justified by his blood, it is all the more certain that we shall be saved by him from God's wrath.

#### Ephesians 5:1-2

Be imitators of God as his dear children. Follow the way of love, even as Christ loved you. He gave himself for us as an offering to God, a gift of pleasing fragrance.

If necessary, the priest helps the penitent to make an integral confession and gives him suitable counsel. The priest proposes an act of penance which the penitent accepts to make satisfaction for sin and to amend his life, and asks the penitent to express his sorrow, which the penitent may do in these or similar words:

My God, I am sorry for my sins with all my heart. In choosing to do wrong and failing to do good, I have sinned against you whom I should love above all things.

I firmly intend, with your help, to do penance, to sin no more, and to avoid whatever leads me to sin. Our Savior Jesus Christ suffered and died for us. In his name, my God, have mercy.

# or:

Remember, Lord, your compassion and mercy which you showed long ago.

Do not recall the sins and failings of my youth. In your mercy remember me, Lord, because of your goodness. Psalm 24:6-7

# or:

Wash me from my guilt and cleanse me of my sin. I acknowledge my offense; my sin is before me always. Psalm 50:4-5

# or:

Father, I have sinned against you and am not worthy to be called your son.

Be merciful to me, a sinner. (Luke 15 18; 18:13)

Father of mercy, like the prodigal son I return to you and say: "I have sinned against you and am no longer worthy to be called your son."

Christ Jesus, Savior of the world, I pray with the repentant thief to whom you promised Paradise: "Lord, remember me in your kingdom."

Holy Spirit, fountain of love, I call on you with trust: "Purify my heart, and help me to walk as a child of light."

# or:

Lord Jesus, you opened the eyes of the blind, healed

the sick, forgave the sinful woman, and after Peter's denial confirmed him in your love.

Listen to my prayer: forgive all my sins, renew your love in my heart, help me to live in perfect unity with my fellow Christians that I may proclaim your saving power to all the world.

# or:

Lord Jesus Christ, you are the Lamb of God; you take away the sins of the world.

Through the grace of the Holy Spirit restore me to friendship with your Father, cleanse me from every stain of sin in the blood you shed for me, and raise me to new life for the glory of your name.

Then the priest extends his hands over the penitent's head (or at least extends his right hand) and says:

# God, the Father of mercies,

through the death and resurrection of his Son has reconciled the world to himself and sent the Holy Spirit among us for the forgiveness of sins; through the ministry of the Church may God give you pardon and peace, and I absolve you from your sins + in the name of the Father, and of the Son, and of the Holy Spirit.

The penitent answers: Amen.

After the absolution, the priest continues:

Give thanks to the Lord, for he is good. The penitent concludes: His mercy endures for ever. Then the priest dismisses the penitent who has been reconciled, saying:

The Lord has freed you from your sins. Go in peace.

or:

May the Passion of our Lord Jesus Christ, the intercession of the Blessed Virgin and of all the saints, whatever good you do and suffering you endure, heal your sins, help you to grow in holiness, and reward you with eternal life. Go in peace.

r:

The Lord has freed you from sin.

May he bring you savely to his kingdom in heaven. Glory to him for ever. Amen.

#### or:

Blessed are those whose sins have been forgiven, whose evil deeds have been forgotten. Rejoice in the Lord, and go in peace.

# Sacrament of Anointing the Sick

The Servants of Charity are sons of Divine Providence, and it is indeed in times of illness and difficulties that they must show their trust in our common heavenly Father. (Bl. Louis Guanella)

# **ANOINTING OUTSIDE MASS**

# INTRODUCTORY RITES GREETING

The priest greets the sick person and the others present. One of the following may be used:

- The peace of the Lord be with you always.
- And also with you.

- Peace be with you (this house) and with all who live here.

- And also with you.

If communion is to take place during the rite, the priest then places the blessed sacrament on the table, and all join in adoration.

SPRINKLING WITH HOLY WATER

The Lord is our shepherd and leads us to streams of living water.

Like a stream in parched land, may the grace of the Lord refresh our lives.

Let this water call to mind our baptism into Christ, who by his death and resurrection has redeemed us.

#### INSTRUCTION

My dear friends, we are gathered here in the name of our Lord Jesus Christ who is present among us. As the gospels relate, the sick came to him for healing; moreover, he loves us so much that he died for our sake. Through the apostle James, he has commanded us: "Are there any who are sick among you? Let them send for the priests of the Church, and let the priests pray over them, anointing them with oil in the name of the Lord; and the prayer of faith will save the sick persons, and the Lord will raise them up; and if they have committed any sins, their sins will be forgiven them." Let us therefore commend our sick brother/ sister N. to the grace and power of Christ, that he may save him/her and raise him/her up.

If the sacrament of penance is now celebrated, the penitential rite is omitted.

# PENITENTIAL RITE

The priest invites the sick person and all present to join in the penitential rite, using these or similar words:

a) My brothers and sisters, to prepare ourselves for this holy anointing, let us call to mind our sins.

b) My brothers and sisters, as we prepare to celebrate this holy sacrament, let us acknowledge our failings and ask the Lord for pardon and strength.

After a brief period of silence, the penitential rite continues, using one of the following:

I confess to almighty God, and to you, my brothers and sisters, that I have sinned through my own fault in my thoughts and in my words, in what I have done, and in what I have failed to do; and I ask blessed Mary, ever virgin, all the angels and saints, and you, my brothers and sisters, to pray for me to the Lord our God. Lord Jesus, you healed the sick: Lord, have mercy. *Lord, have mercy.* 

Lord Jesus, you forgave sinners: Christ, have mercy. *Christ, have mercy.* 

Lord Jesus, you give us yourself to heal us and bring us strength: Lord, have mercy. *Lord, have mercy.* 

The priest concludes the penitential rite with the following:

May almighty God have mercy on us, forgive us our sins, and bring us to everlasting life. Amen.

LITURGY OF THE WORD

The word of God is proclaimed by one of those present or by the priest.

A reading from the holy gospel according to Matthew (11:25-30).

On one occasion Jesus spoke thus: "Father, Lord of heaven and earth, to you I offer praise; for what you have hidden from the learned and the clever you have revealed to the merest children. Father, it is true. You have graciously willed it so. Everything has been given over to me by my Father. No one knows the Son but the Father, and no one knows the Father but the Son and anyone to whom the Son wishes to reveal him.

"Come to me, all you who are weary and find life burdensome, and I will refresh you. Take my yoke upon your shoulders and learn from me, for I am gentle and

or:

humble of heart. Your souls will find rest, for my yoke is easy and my burden light." The Gospel of the Lord.

# A reading from the holy gospel according to Mark (2:1-12).

Jesus came back to Capernaum after a lapse of several days and word got around that he was at home. At that they began to gather in great numbers. There was no longer any room for them, even around the door.

While he was delivering God's word to them, some people arrived bringing a paralyzed man to him. The four who carried him were unable to bring him to Jesus because of the crowd, so they began to open up the roof over the spot where Jesus was. When they had made a hole, they let down the mat on which the paralytic was lying. When Jesus saw their faith, he said to the paralyzed man, "My son, your sins are forgiven." Now some of the scribes were sitting there asking themselves: "Why does the man talk in that way? He commits blasphemy! Who can forgive sins except God alone?" Jesus was immediately aware of their reasoning, though they kept it to themselves, and he said to them: "Why do you harbor these thoughts? Which is easier, to say to the paralytic, 'Your sins are forgiven,' or to say, 'Stand up, pick up your mat, and walk again'? That you may know that the Son of Man has authority on earth to forgive sins" (he said to the paralyzed man), "I command you: Stand up! Pick up your mat and go home."

The man stood and picked up his mat and went outside in the sight of everyone. They were awestruck; all gave praise to God, saying, "We have never seen anything like this!" The Gospel of the Lord.

A reading from the holy gospel according to Luke (7:19-23).

Summoning two of his disciples, John sent them to ask the Lord, "Are you 'He who is to come' or are we to expect someone else?" When the men came to him they said, "John the Baptizer sends us to you with this question: 'Are you "He who is to come" or do we look for someone else?"' At that time he was curing many of their diseases, afflictions, and evil spirits; he also restored sight to many who were blind.

Jesus gave this response: "Go and report to John what you have seen and heard. The blind recover their sight, cripples walk, lepers are cured, the deaf hear, dead men are raised to life, and the poor have the good news preached to them. Blest is that man who finds no stumbling-block in me." The Gospel of the Lord.

The priest may then give a brief explanation of the reading, applying it to the needs of the sick person and those who are looking after him or her.

# LITURGY OF ANOINTING

The priest may adapt or shorten the litany according to the condition of the sick person.

My brothers and sisters, in our prayer of faith let us appeal to God for our brother/sister N.

Come and strengthen him/her through this holy anointing: Lord, have mercy.

# - Lord, have mercy.

Free him / her from all harm: Lord have mercy. - *Lord, have mercy.* 

Free him/her from sin and all temptation: Lord, have mercy.

- Lord, have mercy.

Relieve the sufferings of all the sick here present: Lord, have mercy.

- Lord, have mercy.

Assist all those dedicated to the care of the sick: Lord, have mercy.

Lord, have mercy.

Give life and health to our brother / sister N., on whom we lay our hands in your name: Lord, have mercy. *Lord, have mercy*.

# LAYING ON OF HANDS

In silence, the priest lays his hands on the head of the sick person.

PRAYER OVER THE OIL

The priest says a prayer of thanksgiving over blessed oil or he may bless the oil himself, using one of the following: If the oil is already blessed, the priest says the following prayer of thanksgiving over it:

Praise to you, God, the almighty Father.

You sent your Son to live among us and bring us salvation.

Blessed be God who heals us in Christ.

Praise to you, God, the only-begotten Son.

You humbled yourself to share in our humanity and you heal our infirnities. Blessed be God who heals us in Christ.

Praise to you, God, the Holy Spirit, the Consoler. Your unfailing power gives us strength in our bodily weakness.

Blessed be God who heals us in Christ.

God of mercy, ease the sufferings and comfort the weakness of your servant N., whom the Church anoints with this holy oil. We ask this through Christ our Lord. *Amen.* 

BLESSING OF OIL

When the priest blesses the oil during the rite, he uses the following blessing:

# Let us pray.

God of all consolation, you chose and sent your Son to heal the world. Graciously listen to our prayer of faith: send the power of your Holy Spirit, the Consoler, into this precious oil, this soothing ointment, this rich gift, this fruit of the earth.

Bless + this oil and sanctify it for our use.

Make this oil a remedy for all who are anointed with it; heal them in body, in soul, and in spirit, and deliver them from every affliction.

We ask this through our Lord Jesus Christ, your Son, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. *Amen*.

# ANOINTING

The priest anoints the sick person with the blessed oil. First he anoints the forehead, saying:

Through this holy anointing may the Lord in his love and mercy help you with the grace of the Holy Spirit. *Amen.* 

Then he anoints the hands, saying:

May the Lord who frees you from sin save you and raise you up.

Amen.

The sacramental form is said only once, for the anointing of the forehead and hands, and is not repeated. Depending upon the culture and traditions of the place, as well as the condition of the sick person, the priest may also anoint additional parts of the body, for example, the area of pain or injury. He does not repeat the sacramental form.

# PRAYER AFTER ANOINTING

The priest says one of the following prayers:

# GENERAL SITUATION

Let us pray.

Father in heaven, through this holy anointing grant N. comfort in his/her suffering. When he/she is afraid, give him/her courage, when afflicted, give him/her patience, when dejected, afford him/her hope, and when alone, assure him/her of the support of your holy people.

We ask this through Christ our Lord. *Amen.* 

# GENERAL SITUATION

Lord Jesus Christ, our Redeemer, by the grace of your Holy Spirit cure the weakness of your servant N.

Heal his/her sickness and forgive his/her sins; expel all afflictions of mind and body; mercifully restore him /her to full health, and enable him/her to resume his /her former duties, for you are Lord for ever and ever. *Amen.* 

IN EXTREME OR TERMINAL ILLNESS

Lord Jesus Christ, you chose to share our human nature, to redeem all people, and to heal the sick.

Look with compassion upon your servant N., whom we have anointed in your name with this holy oil for the healing of his/her body and spirit.

Support him/her with your power, comfort him/her with your protection, and give him/her the strength to fight against evil.

Since you have given him/her a share in your own passion, help him/her to find hope in suffering, for you are Lord for ever and ever.

Amen.

# IN ADVANCED AGE

God of mercy, look kindly on your servant N. who has grown weak under the burden of years.

In this holy anointing he/she asks for healing in body and soul.

Fill him/her with the strength of your Holy Spirit. Keep him/her firm in faith and serene in hope, so that he/she may give us all an example of patience and joyfully witness to the power of your love. We ask this through Christ our Lord. *Amen*.

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## BEFORE SURGERY

God of compassion, our human weakness lays claim to your strength.

We pray that through the skills of surgeons and nurses your healing gifts may be granted to N.

May your servant respond to your healing will and be reunited with us at your altar of praise.

Grant this through Christ our Lord. Amen.

# FOR A CHILD

God our Father, we have anointed your child N. with the oil of healing and peace.

Caress him/her, shelter him/her, and keep him/her in your tender care.

We ask this in the name of Jesus the Lord. Amen.

# FOR A YOUNG PERSON

God our healer, in this time of sickness you have come to bless N. with your grace.

Restore him/her to health and strength, make him/her joyful in spirit, and ready to embrace your will. Grant this through Christ our Lord. *Amen*.

THE LORD'S PRAYER

The priest introduces the Lord's Prayer in these or similar words:

Now let us offer together the prayer our Lord Jesus Christ taught us:

All say: Our Father . . .

If the sick person does not receive communion, the rite concludes with a blessing.

# LITURGY OF HOLY COMMUNION

The priest shows the eucharistic bread to those present, saying:

This is the Lamb of God who takes away the sins of the world. Come to me, all you that labor and are burdened, and I will refresh you.

The sick person and all who are to receive communion say:

Lord, I am not worthy to receive you, but only say the word and I shall be healed.

The sick person receives communion. Others present who wish to receive communion then do so in the usual way.

The priest says a concluding prayer. One of the following may be used:

*Let us pray.* 

**All**-powerful God, through the paschal mystery of Christ your Son you have completed the work of our redemption.

May we, who in these sacramental signs proclaim his death and resurrection, grow in the experience of your saving power.

We ask this through Christ our Lord. *Amen.* 

All-powerful God, we thank you for the nourishment you give us through your holy gift. Pour out your Spirit upon us and in the strength of this food from heaven keep us single-minded in your service. We ask this in the name of Jesus the Lord.

Amen.

#### 276 SACRAMENT OF ANOINTING THE SICK

All-powerful and ever-living God, may the body and blood of Christ your Son be for our brother/sister N. a lasting remedy for body and soul. We ask this through Christ our Lord. Amen.

# **CONCLUDING RITE**

The priest blesses the sick person and the others present, using one of the following blessings. If, however, any of the blessed sacrament remains, he may bless the sick person by making a sign of the cross with the blessed sacrament, in silence.

May God the Father bless you. Amen.

May God the Son heal you. Amen.

May God the Holy Spirit enlighten you. Amen.

May almighty God bless you, the Father, and the Son, and the Holy Spirit. Amen.

or:

May the God of all consolation bless you in every way and grant you hope all the days of your life. Amen.

May God restore you to health and grant you salvation. Amen.

May God fill your heart with peace and lead you to eternal life. Amen.

May almighty God bless you, the Father, and the Son, and the Holy Spirit. Amen.

May the blessing of almighty God, the Father, and the Son, and the Holy Spirit, come upon you and remain with you for ever. Amen.

# VIATICUM OUTSIDE MASS

# GREETING

The minister greets the sick person and the others present. One of the following may be used:

The peace of the Lord be with you always. And also with you.

Peace be with you (this house) and with all who live here.

And also with you.

The grace of our Lord Jesus Christ and the love of God and the fellowship of the Holy Spirit be with you all. And also with you.

The grace and peace of God our Father and the Lord Jesus Christ be with you. And also with you.

The minister then places the blessed sacrament on the table, and all join in adoration.

# SPRINKLING WITH HOLY WATER

If it seems desirable, the priest or deacon may sprinkle the sick person and those present with holy water. One of the following may be used:

Let this water call to mind our baptism into Christ, who by his death and resurrection has redeemed us.

The Lord is our shepherd and leads us to streams of living water.

#### 278 SACRAMENT OF ANOINTING THE SICK

# INSTRUCTION

Afterward the minister addresses those present, using the following instruction or one better suited to the sick person's condition.

My brothers and sisters, before our Lord Jesus Christ passed from this world to return to the Father, he left us the sacrament of his body and blood. When the hour comes for us to pass from this life and join him, he strengthens us with this food for our journey and comforts us by this pledge of our resurrection.

If the sacrament of penance is now celebrated, the penitential rite is omitted. In case of necessity, this may be a generic confession.

# PENITENTIAL RITE

The minister invites the sick person and all present to join in the penitential rite, using these or similar words:

My brothers and sisters, let us turn with confidence to the Lord and ask his forgiveness for all our sins.

All say: I confess to almighty God, and to you, my brothers and sisters, that I have sinned through my own fault in my thoughts and in my words, in what I have done, and in what I have failed to do; and I ask blessed Mary, ever virgin, all the angels and saints, and you, my brothers and sisters, to pray for me to the Lord our God. Or:

By your paschal mystery you have won for us salvation: Lord, have mercy.

Lord, have mercy.

You renew among us now the wonders of your passion: Christ, have mercy.

# Christ, have mercy.

When we receive your body, you share with us your paschal sacrifice: Lord, have mercy. *Lord, have mercy.* 

The minister concludes the penitential rite with the following:

May almighty God have mercy on us, forgive us our sins, and bring us to everlasting life. *Amen.* 

# APOSTOLIC PARDON

At the conclusion of the sacrament of penance or the penitential rite, the priest may give the apostolic pardon for the dying, using one of the following:

Through the holy mysteries of our redemption, may almighty God release you from all punishments in this life and in the life to come. May he open to you the gates of paradise and welcome you to everlasting joy.

Amen.

By the authority which the Apostolic See has given me, I grant you a full pardon and the remission of all your sins in the name of the Father, and of the Son, and of the Holy Spirit. *Amen.* 

LITURGY OF THE WORD

The word of God is proclaimed by one of those present or by the minister.

# John 6:54-55.

Jesus says: "He who feeds on my flesh and drinks my blood has life eternal, and I will raise him up on the last day.For my flesh is real food and my blood real drink." The Gospel of the Lord.

# John 14:23.

Jesus says: "Anyone who loves me will be true to my word, and my Father will love him; we will come to him and make our dwelling place with him." The Gospel of the Lord.

# 1Cor 11:26

Every time, then, you eat this bread and drink this cup, you proclaim the death of the Lord until he comes! The Word of the Lord.

Depending on circumstances, the minister may then give a brief explanation of the reading.

# BAPTISMAL PROFESSION OF FAITH

It is desirable that the sick person renew his or her baptismal profession of faith before receiving viaticum. The minister gives a brief introduction and then asks the following questions:

Do you believe in God, the Father almighty, Creator of heaven and earth? I do.

Do you believe in Jesus Christ, his only Son, our Lord, who was born of the Virgin Mary, was crucified, died,

and was buried, rose from the dead, and is now seated at the right hand of the Father? I do.

Do you believe in the Holy Spirit, the holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting? I do.

# LITANY

The minister may adapt or shorten the litany according to the condition of the sick person. The litany may be omitted if the sick person has made the profession of faith and appears to be tiring.

My brothers and sisters, with one heart let us call on our Savior Jesus Christ.

You loved us to the very end and gave yourself over to death in order to give us life. For our brother /sister, Lord, we pray: *R. Lord, hear our prayer.* 

You said to us: "All who eat my flesh and drink my blood will live for ever." For our brother/ sister, Lord, we pray: *R. Lord, hear our prayer.* 

You invite us to join in the banquet where pain and sorrow, sadness and separation will be no more. For our brother/sister, Lord, we pray:

# *R. Lord, hear our prayer.*

The minister introduces the Lord's Prayer in these or similar words:

Now let us offer together the prayer our Lord Jesus Christ taught us:

All say: Our Father...

# COMMUNION AS VIATICUM

The minister shows the eucharistic bread to those present saying:

Jesus Christ is the food for our journey; he calls us to the heavenly table.

All say:

Lord, I am not worthy to receive you, but only say the word and I shall be healed.

The minister goes to the sick person and says: The Body of Christ. May the Lord Jesus Christ protect you and lead you to eternal life.

Amen.

# PRAYER AFTER COMMUNION

Let us pray.

God of peace, you offer eternal healing to those who believe in you; you have refreshed your servant N. with food and drink from heaven: lead him/her safely into the kingdom of light. We ask this through Christ our Lord. Amen. OR: All-powerful and ever-living God, may the body and blood of Christ your Son be for our brother/sister N. a lasting remedy for body and soul. We ask this through Christ our Lord. .Amen.

OR: Father, your Son, Jesus Christ, is our way, our truth, and our life. Look w!th compassion on your servant N.who has trusted in your promises. You have refreshed him/her with the body and blood of your Son:may he/she enter your kingdom in peace.We ask this through Christ our Lord. Amen.

# CONCLUDING RITES

The priest or deacon blesses the sick person and the others present, using one of the following blessings. If, however, any of the blessed sacrament remains, he may bless the sick person by making a sign of the cross with the blessed sacrament in silence.

May the Lord be with you to protect you. Amen.

May the Lord guide you and give you strength. Amen.

May the Lord watch over you, keep you in his care, and bless you with his peace. Amen.

May almighty God bless you, the Father, and the Son, and the Holy Spirit. Amen. OR May God the Father bless you.Amen.May God the Son comfort you.Amen.May God the Holy Spirit enlighten you.Amen.May almighty God bless you, the Father, and the Son,Amen.and the Holy Spirit.Amen.

# **COMMENDATION OF THE DYING**

One or more of the following short texts may be recited with the dying person. If necessary, they may be softly repeated two or three times.

- Who can separate us from the love of Christ?
- Whether we live or die, we are the Lord's.
- We have an everlasting home in heaven.
- We shall be with the Lord for ever.
- We shall see God as he really is.
- We have passed from death to life because we love ach other.
- To you, Lord, I lift up my soul.
- The Lord is my light and my salvation
- I believe that I shall see the goodness of the Lord in the land of the living.
- My soul thirsts for the living God.
- Though I walk in the shadow of death, I will fear no evil, for you are with me.
- Come, blessed of my Father, says the Lord lesus, and take possession of the kingdom prepared for you.
- The Lord Jesus says, today you will be with me in paradise.

- In my Father's home there are many dwelling places, says the Lord Jesus.

- The Lord Jesus says, I go to prepare a place for you, and I will come again to take you to myself.

- I desire that where I am, they also may be with me, says the Lord Jesus.
- Everyone who believes in the Son has eternal life.
- Into your hands, Lord, I commend my spirit.
- Lord Jesus, receive my spirit.
- Holy Mary, pray for me.
- Saint Joseph, pray for me.
- Jesus, Mary, and Joseph, assist me in my last agony.

#### READINGS

The word of God is proclaimed by one of those present or by he minister.

#### Psalm 23

The Lord is my shepherd; I shall not want. In verdant pastures he gives me repose; Beside restful waters he leads me; he refreshes my soul. He guides me in right paths for his name's sake. Even though I walk in the dark valley I fear no evil; for you are at my side With your rod and your staff that give me courage. You spread the table before me in the sight of my foes; You anoint my head with oil; my cup overflows. Only goodness and kindness follow me all the days of my life; And I shall dwell in the house of the Lord for years to come.

Psalm 25

To you I lift up my soul, O Lord, my God. Your ways, O Lord, make known to me; teach me vour paths. Guide me in your truth and teach me, for you are God my savior, and for you I wait all the day. Remember that your compassion, O Lord, and your kindness are from of old. The sins of my youth and my frailties remember not; in your kindness remember me, because of your goodness. O Lord. Good and upright is the Lord; thus he shows sinners the way. He guides the humble to justice, he teaches the humble his way. All the paths of the Lord are kindness and constancy toward those who keep his covenant and his decrees. For your name's sake, O Lord, you will pardon my guilt, great as it is.

Psalm 91

You who dwell in the shelter of the Most High, who abide in the shadow of the Almighty, Say to the Lord, "My refuge and my fortress, my God, in whom I trust."

For he will rescue you from the snare of the fowler. from the destroying pestilence. With his pinions he will cover you, and under his wings you shall take refuge; his faithfulness is a buckler and a shield. You shall not fear the terror of the night nor the arrow that flies by day; Not the pestilence that roams in darkness nor the devastating plague at noon. Though a thousand tall are at your side, ten thousand at your right side, near you it shall not come. Rather with your eyes shall you behold and see the requital of the wicked. Because you have the Lord for your refuge; you have made the Most High your stronghold. No evil shall befall you, nor shall affliction come near your tent, For to his angels he has given command about you, that they guard you in all your ways. Upon their hands they shall bear you up. lest vou dash vour foot against a stone. You shall tread upon the asp and the viper; you shall trample down the lion and the dragon. Because he clings to me, I will deliver him; I will set him on high because he acknowledges my name. He shall call upon me, and I will answer him; I will be with him in distress: I will deliver him and glorify him; with length of days I will gratify him and will show him my salvation.

Psalm 121

I lift up my eyes toward the mountains; whence shall help come to me? My help is from the Lord, who made heaven and earth. May he not suffer your foot to slip; may he slumber not who guards you: Indeed he neither slumbers nor sleeps, the guardian of Israel. The Lord is your guardian; the Lord is your guardian; the Lord is your shade; he is beside you at your right hand. The Lord will guard you from all evil; he will guard your life. The Lord will guard your coming and your going, both now and forever.

Revelation 21

I, John, saw new heavens and a new earth. The former heavens and the former earth had passed away, and the sea was no longer. I also saw a new Jerusalem, the holy city, coming down out of heaven from God, beautiful as a bride prepared to meet her husband. I heard a loud voice from the throne cry out: "This is God's dwelling among men. He shall dwell with them and they shall be his people, and he shall be their God who is always with them. He shall wipe every tear from their eyes, and there shall be no more death or mourning, crying out or pain, for the former world has passed away."

The One who sat on the throne said to me, "See, I make

all things new! I am the Alpha and the Omega, the Beginning and the End. To anyone who thirsts I will give to drink without cost from the spring of life-giving water. He who wins the victory shall inherit these gifts; I will be his God and he shall be my son."

#### Luke 22 :39-46

Jesus went out and made his way, as was his custom, to the Mount of Olives; his disciples accompanied him. On reaching the place he said to them, "Pray that you may not be put to the test."

He withdrew from them about a stone's throw, then went down on his knees and prayed in these words: "Father, if it is your will, take this cup from me; yet not my will but yours be done." An angel then appeared to him from heaven to strengthen him. In his anguish he prayed with all the greater intensity, and his sweat became like drops of blood falling to the ground.

Then he rose from prayer and came to his disciples, only to find them asleep, exhausted with grief. He said to them, "Why are you sleeping? Wake up, and pray that you may not be subjected to the trial."

#### Luke 23:44-49

It was now around midday, and darkness came over the whole land until midafternoon with an eclipse of the sun. The curtain in the sanctuary was torn in two. Jesus uttered a loud cry and said,

"Father, into your hands I commend my spirit." After he said this, he expired.

The centurion, upon seeing what had happened, gave

glory to God by saying, "Surely this was an innocent man." When the crowd which had assembled for this spectacle saw what had happened, they went home beating their breasts.

All his friends and the women who had accompanied him from Galilee were standing at a distance watching everything.

#### Luke 24:1-8

On the first day of the week, at dawn, the women came to the tomb bringing the spices they had prepared. They found the stone rolled back from the tomb; but when they entered the tomb, they did not find the body of the Lord Jesus. While they were still at a loss over what to think of this, two men in dazzling garments appeared beside them. Terrified, the women bowed to the ground.

The men said to them: "Why do you search for the living One among the dead? He is not here; he has been raised up. Remember what he said to you while he was still in Galilee— that the Son of Man must be delivered into the hands of sinful men, and be crucified, and on the third day rise again." With this reminder, his words came back to them.

John 6:37-40

#### Jesus says:

"All that the Father gives me shall come to me; no one who comes will I ever reject, because it is not to do my own will that I have come down from heaven, but to do the will of him who sent me. It is the will of him who sent me that I should lose nothing of what he has given me; rather, that I should raise it up on the last day.

Indeed, this is the will of my Father, that everyone who looks upon the Son and believes in him shall have eternal life. Him I will raise up on the last day."

#### John 14:1-6, 23, 27

Jesus says: "Do not let your hearts be troubled.

Have faith in God and faith in me. In my Father's house there are many dwelling places; otherwise, how could I have told you that I was going to prepare a place for you? I am indeed going to prepare a place for you, and then I shall come back to take you with me, that where I am you also may be.

You know the way that leads where I go."

"Lord," said Thomas, "we do not know where you are going. How can we know the way?" Jesus told him:

"I am the way, and the truth, and the life; no one comes to the Father but through me. Anyone who loves me will be true to my word, and my Father will love him; we will come to him and make our dwelling place with him. 'Peace' is my farewell to you, my peace is my gift to you; I do not give it to you as the world gives peace. Do not be distressed or fearful."

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#### LITANY OF THE SAINTS

When the condition of the dying person calls for the use of brief forms of prayer, those who are present are encouraged to pray the litany of the saints.

Lord, have mercy Christ, have mercy Lord, have mercy Holy Mary, Mother of God Holy angels of God Abraham, our father in faith David, leader of God's people All holy patriarchs and prophet Saint John the Baptist Saint John the Baptist Saint Joseph Saint Peter and Saint Paul Saint Andrew Saint John Saint Mary Magdalene Saint Stephen Saint Ignatius Saint Lawrence Saint Perpetua and Saint Felicit Saint Agnes Saint Gregory Saint Augustine Saint Athanasius Saint Basil	

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Saint Francis and Saint Dominic Saint Francis Xavier Saint John Vianney Saint Catherine Saint Teresa Other saints may be included here. All holy men and women pray for him/her

Lord, be merciful Lord, save your people From all evil From every sin From Satan's power At the moment of death From everlasting death On the day of judgment By your coming as man By your suffering and cross By your death and rising to new life By your return in glory to the Father

By your gift of the Holy Spirit By your coming again in glory

Be merciful to us sinners Lord, hear our prayer Bring N. to eternal life, first promised to him/ her in baptism

Lord, hear our prayer Raise N. on the last day, for he/ she has eaten the bread Lord, hear our prayer of life Let N. share in your glory, for he/ she has shared in Lord, hear our prayer your suffering and death

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Jesus, Son of the living God Lord, hear our praver Christ, hear us Christ, hear us Lord Jesus, hear our prayer

- Lord Jesus, hear our prayer

A brief form of the litany may be prayed.

Holy Mary, Mother of God	pray for him/her
Holy angels of God	pray for him/her
Saint John the Baptist	pray for him/her
Saint Joseph	pray for him/her
Saint Peter and Saint Paul	pray for him/her
Other saints may be included here.	
All holy men and women	pray for him/her

PRAYER OF COMMENDATION

When the moment of death seems near, some of the following prayers may be said:

Go forth, Christian soul, from this world in the name of God the almighty Father, who created you, in the name of Jesus Christ, Son of the living God, who suffered for you, in the name of the Holy Spirit, who was poured out upon you, go forth, faithful Christian.

May you live in peace this day, may your home be with God in Zion, with Mary, the virgin Mother of God,

with Joseph, and all the angels and saints. I commend you, my dear brother/ sister, to almighty God, and entrust you to your Creator. May you return to him who formed you from the dust of the earth. May holy Mary, the angels, and all the saints come to meet you as you go forth from this life. May Christ who was crucified for you bring you freedom and peace. May Christ who died for you admit you into his garden of paradise. May Christ, the true Shepherd, acknowledge you as one of his flock. May he forgive all your sins, and set you among those he has chosen. May you see your Redeemer face to face, and enjoy the vision of God for ever. Amen.

Welcome your servant, Lord, into the place of salvation which because of your mercy he/she rightly hoped for. R. Amen,

Deliver your servant, Lord, from every distress. R. Amen.

Deliver your servant, Lord, as you delivered Noah from the flood.

R. Amen.

Deliver your servant, Lord, as you delivered Abraham from Ur of the Chaldees. R. Amen.

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Deliver your servant, Lord, as you delivered Noah from the flood. R. Amen.

Deliver your servant, Lord, as you delivered Moses from the hand of the Pharaoh. R. Amen.

Deliver your servant, Lord, as you delivered Daniel from the den of lions. R. Amen.

Deliver your servant, Lord, as you delivered the three young men from the fiery furnace. R. Amen.

Deliver your servant, Lord, as you delivered Susanna from her false accusers. R. Amen.

Deliver your servant, Lord, as you delivered David from the attacks of Saul and Goliath. R. Amen.

Deliver your servant, Lord, as you delivered Peter and Paul from prison. R. Amen.

Deliver your servant, Lord, through Jesus our Savior, who suffered death for us and gave us eternal life. R. Amen.

Lord Jesus Christ, Savior of the world,we pray for your servant N.,and commend him/her to your mercy. For his/her sake you came down from heaven; receive him/her now into the joy of your kingdom. For though he/she has sinned, he/she has not denied the Father, the Son,and the Holy Spirit,but has believed in God and has worshiped his/her Creator. R. Amen The following antiphon may be said or sung:

Hail, holy Queen, Mother of mercy, hail, our life, our sweetness, and our hope. To you we cry, the children of Eve; to you we send up our sighs, mourning and weeping in this land of exile. Turn, then, most gracious advocate, your eyes of mercy toward us; lead us home at last and show us the blessed fruit of your womb, Jesus: O clement, O loving, O sweet Virgin Mary.

#### PRAYER AFTER DEATH

When death has occurred, one or more of the following prayers may be said:

Saints of God, come to his/ her aid! Come to meet him/ her, angels of the Lord!

R. Receive his/ her soul and present him/ her to God the Most High.

May Christ, who called you, take you to himself; may angels lead you to Abraham's side. R. Receive his/her soul and present him/ her to God the Most High.

Give him/her eternal rest, O Lord, and may your light shine on him/her for ever.

R. Receive his/her soul and present him/ her to God the Most High.

#### The following prayer is added:

Let us pray.

All-powerful and merciful God, we commend to you N., your servant. In your mercy and love, blot out the sins he/she has committed through human weakness. In this world he/she has died: let him/her live with you for ever. We ask this through Christ our Lord. Amen.

Psalm 130

R. My soul hopes in the Lord.

Out of the depths I cry to you, O Lord; Lord, hear my voice! Let your ears be attentive to my voice in supplication. R. My soul hopes in the Lord.

I trust in the Lord; my soul trusts in his word. My soul waits for the Lord more than sentinels wait for the dawn.

R. My soul hopes in the Lord.

For with the Lord is kindness and with him is plenteous redemption; And he will redeem Israel from all their iniquities.

R. My soul hopes in the Lord.

The following prayer is added:

Let us pray.

God of love, welcome into your presence your son/ daughter N., whom you have called from this life. Release him/her from all his/ her sins, bless him/ her with eternal light and peace, raise him/ her up to live for ever with all your saints in the glory of the resurrection. We ask this through Christ our Lord. R. Amen.

#### Psalm 23

R. Lord, remember me in your kingdom.

The Lord is my shepherd; I shall not want. In verdant pastures he gives me repose; Beside restful waters he leads me; he refreshes my soul. R. Lord, remember me in your kingdom.

He guides me in right paths for his name's sake. Even though I walk in the dark valley I fear no evil; for you are at my side. With your rod and your staff that give me courage. R. Lord, remember me in your kingdom.

You spread the table before me in the sight of my foes; You anoint my head with oil; my cup overflows. R. Lord, remember me in your kingdom.

Only goodness and kindness follow me all the days of my life;

And I shall dwell in the house of the Lord for years to come.

R. Lord, remember me in your kingdom.

The following prayer is added:

Let us pray. God of mercy,hear our prayers and be merciful to your son/daughter N., whom you have called from this life.Welcome him/her into the company of your saints, in the kingdom of light and peace. We ask this through Christ our Lord. R. Amen.

Almighty and eternal God, hear our prayers for your son/daughter N.,

whom you have called from this life to yourself. Grant him/her light, happiness, and peace. Let him/her pass in safety through the gates of death, and live for ever with all your saints in the light you promised to Abraham and to all his descendants in faith. Guard him/her from all harm and on that great day of resurrection and reward raise him/her up with all your saints.Pardon his/her sins and give him/her eternal life in your kingdom. We ask this through Christ our Lord.

R. Amen.

Loving and merciful God,

we entrust our brother/sister to your mercy. You loved him/her greatly in this life: now that he /she is freed from all its cares, give him/her happiness and peace for ever. The old order has passed away: welcome him/her now into paradise where there will be no more sorrow, no more weeping or pain, but only peace and joy with Jesus, your Son, and the Holy Spirit for ever and ever. R. Amen. God of our destiny,

into your hands we commend our brother/sister. We are confident that with all who have died in Christ he /she will be raised to life on the last day and live with Christ for ever.

We thank you for all the blessings you gave him /her in this life to show your fatherly care for all of us and the fellowship which is ours with the saints in Jesus Christ.

Lord, hear our prayer: welcome our brother/sister to paradise and help us to comfort each other with the assurance of our faith until we all meet in Christ to be with you and with our brother/sister for ever. We ask this through Christ our Lord. **R**. Amen.

PRAYER FOR THE FAMILY AND FRIENDS

One of the following prayers may be said:

Let us pray.

For the family and friends

God of all consolation, in your unending love and mercy for us you turn the darkness of death into the dawn of new life.

Show compassion to your people in their sorrow.

Be our refuge and our strength to lift us from the darkness of this grief to the peace and light of your presence.

Your Son, our Lord Jesus Christ, by dying for us, con-

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quered death and by rising again, restored life. May we then go forward eagerly to meet him, and after our life on earth be reunited with our brothers and sisters where every tear will be wiped away. We ask this through Christ our Lord. R. Amen.

For the deceased person and for the family and friends

Lord Jesus, our Redeemer. you willingly gave yourself up to death so that all people might be saved and pass from death into a new life. Listen to our prayers, look with love on your people who mourn and pray for their brother/sister N. Lord Jesus, holy and compassionate: forgive N. his/her sins. By dying you opened the gates of life for those who believe in you: do not let our brother/sister be parted from you, but by your glorious power give him / her light, joy, and peace in heaven where you live for ever and ever. R. Amen.

For the solace of those present the minister may conclude these prayers with a simple blessing or with a symbolic gesture, for example, signing the forehead with the sign of the cross. A priest or deacon may sprinkle the body with holy water. Rites for the different stages of Religious Life

Rite of institution of Reader and Acolyte

The Religious vows are the paths of perfection that lead rapidly to the union of charity with God and with the neighbor. (Bl. Louis Guanella)

# 1. RITE OF ACCEPTANCE OF A CANDIDATE INTO POSTULANCY

To be held before the celebration of the Holy Mass or during a Community Meeting.

Celebrant: Dear N., What do you ask of God and of the Institute of the Servants of Charity?

Candidate: The love of God led me among you to experience your community life, and to learn from your example how to follow Christ crucified, poor, chaste, obedient. Teach me to persevere in prayer and penance, and to form one heart and soul with you in the service of the Church and our neighbor in need. Help me to bear witness to the Gospel in every moment of my life, to know your Religious Institute, and to follow the commandment of love.

Celebrant: May God, Father of mercy, help you in your journey, and Christ, teacher of truth, give light to your heart.

Assembly: Amen

## 2. RITE OF RELIGIOUS HABIT'S BLESSING

When not done during the celebration of the Religious Profession Mass.

The ceremony could be done during the celebration of the Eucharist right after the homily or during the celebration of Moming Prayer or Evening Prayer after the short reading.

The candidates come in front of the altar wearing their civil suit and carrying on their arms a folded cassock, sash (and surplus).

#### The Celebrant addresses them with these words.

Dear Sons in Christ: you are especially called to God's service.

Through the meaning of this ceremony, you should strive to live more fully by the Lord's sacrifice, and to be molded more perfectly in his likeness.

You should seek to understand the deep spiritual meaning of what you do, so that every time you wear this religious habit you may offer yourselves to God as a spiritual sacrifice acceptable to Him.

#### *Let us pray:*

God of mercy, through your only Son, Jesus Christ, and the intercession of the Blessed Virgin Mary, bless + these religious habits and our Brothers who have been chosen for your service.

Grant that they may be faithful to your call and they may wear their religious habit with dignity as a sign of their committment in living their Religious Life as Servants of Charity.

May they grow always in Faith, Hope and Charity. We ask this through Christ our Lord. Amen.

The Candidates take off their jacket.

The Celebrant gives them the religious habit saying:

Take and wear this religious habit with dignity and pride as a sign of your committment to God and to the Congregation.

Candidates: I will with the help of God.

#### MANUAL OF PRAYER 307

## 3. RITE OF INITIATION INTO RELIGIOUS LIFE (NOVITIATE)

To be done before the Celebration of the Eucharist. When done during Morning or Evening Prayer, the ceremony takes place after the Reading. The Rite of Entrance into Novitiate follows.

Celebrant: Dear N., what do you ask from us?

Postulant: I wish to try your life and I am willing to be tested myself, that I may follow Christ faithfully in this Community of the Servants of Charity.

Celebrant: May the Lord grant you his help. Postulant: Amen.

Celebrant: Let us pray.

Lord God, you give us the desire to hear your call. Listen favorably to the prayers of your servant N. as he asks to join our Community. Grant that our life in common may become a communion of love. We ask this in the name of Jesus the Lord.

All: Amen.

The celebrant presents the Text of the Constitutions.

Take this book which Divine Providence presents to you: it is the path which leads us to life. Welcome it with affection, faith and charity; love it, and, like the Virgin Mary in intimacy with Jesus, treasure all its words, meditating upon them within your heart. Be strong and unafraid: the Lord will not abandon you. He will not leave you alone. He himself will be your guide.

All: Amen.

## 4. RITE OF FIRST PROFESSION OF RELIGIOUS VOWS

The Eucharistic Liturgy takes place as usual.

CALLING AND REQUEST

After the Gospel the Celebrant and the people sit, but the Candidates stand.

One of the Confreres calls the novices to be professed by name:

Brother N....

Candidates: Present.

Celebrant: Dear Brothers, what do you ask of God and of his holy Church?

Candidates: We ask for God's merciful love and for the grace of serving Him more perfectly in this Religious Community.

All: Thanks be to God.

THE HOMILY FOLLOWS.

EXAMINATION

After the homily the Candidates stand and the Celebrant questions them on their readiness to dedicate themselves to God and to seek perfect charity, according to the Rule and the Constitutions of the Servants of Charity.

Celebrant: My dear brothers, by water and the Holy Spirit you have already been consecrated to God's service: are you resolved to unite yourselves more closely to Him by the new bond of religious profession?

### Candidates: I am.

Celebrant: In your desire to follow Christ perfectly, are you resolved to live in chastity for the sake of the kingdom of heaven, to choose a life of poverty, and to offer the sacrifice of obedience?

Candidates: I am.

Celebrant: May almighty God grant you his grace to fulfill what you resolve.

Candidates: Amen.

PRAYER FOR GOD'S GRACE

Celebrant: Lord, look upon these servants of yours who are resolved to dedicate their lives to You by making profession of the evangelical counsels in the presence of your Church today.

Mercifully grant that their manner of life may bring glory to your name and further your loving plan of redemption.

We ask this through Christ our Lord.

All: Amen.

PROFESSION

The candidates come one by one to the Celebrant, who is surrounded by two confreres as witnesses, and in front of him read the formula of profession.

I... in the presence of the Most Holy Trinity, the Father, Son and Holy Spirit, desiring to follow our Lord Jesus more closely and to serve Him in those brothers who are most needy,

relying on the intercession of the Immaculate Virgin, and the protection of our Blessed Founder, today, before the Church, place in the hands of the (Superior General - Provincial Superior - Superior of the Vice-Province - Delegate of...) the vows I make to God for one year to live chaste, poor and obedient in fraternal communion of life according to the Constitutions of the Servants of Charity. May the grace of the Holy Spirit and the charity of my confreres help me to respond faithfully every day to the call of the Lord and to proclaim the Gospel with my life.

Celebrant: In the name of the Church and of the Institute I accept your vows for one year. May the Lord grant you to bring your offering to fulfillment, by uniting it to the Eucharistic Sacrifice.

PRESENTATION OF THE RELIGIOUS HABIT (when never done before)

The members of the community present the religious habit to each of the newly professed to put on in the sanctuary.

#### Celebrant: *Let us pray:*

God of mercy, through your only Son, Jesus Christ, and the intercession of the Blessed Virgin Mary, bless + these religious habits and our Brothers who have been chosen for your service. Grant that they may be faithful to your call and they may wear their religious habit with dignity as a sign of their committment in living their Religious Life as Servants of Charity. May they grow always in Faith, Hope and Charity. We ask this through Christ our Lord. Amen.

Take and wear this religious habit with dignity and pride as a sign of your committment to God and to the Congregation.

Candidates: I will with the help of God.

PRESENTATION OF THE CRUCIFIX

Celebrant: Take this Crucifix, and, as a Servant of Charity, strive to conform your life to Christ, the Good Samaritan, who immolated Himself for your salvation. Newly Professed: I will. Amen.

On the altar the newly professed, celebrant and witnesses sign the Act of Profession.

#### GENERAL INTERCESSIONS

Celebrant: Dear friends, today the Community of the Servants of Charity rejoices in the Lord, because of the newly professed Brothers who desire to be more generous in the service of God and neighbor. Let us pray to God in unity of heart.

For the holy Church of God, that she may shine ever more brightly for Christ. Let us pray to the Lord. For our Holy Father, Pope N., that he may be faithful shepherd of God's people. Let us pray to the Lord.

For the peace and salvation of the world, that all Religious may be messengers and servants of the peace of Christ. Let us pray to the Lord.

For Brother N. and N. who have today bound themselves more closely to God's service, that their hearts may be filled with generous love for all. Let us pray to the Lord.

For the poor and suffering, that Christ's example may always inspire Religious to care for the sick and to comfort the afflicted. Let us pray to the Lord.

For vocations to the priesthood and religious life; may the Lord send men of good will and holy zeal to serve Him among the Servants of Charity. Let us pray to the Lord.

Celebrant: Lord, hear the prayers of your people. In your goodness you called these servants of yours to follow Christ and to be perfect. Through the intercession of the Blessed Virgin Mary and of Blessed Luigi Guanella and Blessed Clare Bosatta, pour forth your Holy Spirit upon them so that they may fulfill in their whole lives the promises they have made today. We ask this through Christ our Lord. Amen.

The celebration of the Eucharist continues as usual.

### 5. **RITE OF THE RENEWAL OF TEMPORARY** VOWS

To be done during the Celebration of the Eucharist Sacrifice. After the homily the celebrant prays God's help, saying:

God our Father, gives us the grace to persevere in our resolutions.

Let us pray to Him for this servant of His who is resolved to renew his Religious vows today in the presence of the Church.

All pray for a time in silence. Then the celebrant says:

Lord, in your providence you have called this servant of yours to be perfect as the Gospel teaches.

In your mercy, grant that he may persevere to the end along the way of your love on which he has set out with such joy. We ask this through Christ our Lord.

All: Amen.

#### RENEWAL OF PROFESSION

Candidate: I.....in the presence of the Most Holy Trinity, the Father, Son and Holy Spirit, desiring to follow our Lord Jesus more closely and to serve Him in those brothers who are most needy, relying on the intercession of the Immaculate Virgin, and the protection of our Blessed Founder, today, before the Church, place in the hands of the Superior of the Vice-Province (Superior General or Delegate of the Superior of the Vice-Province) the vows I make to God for one year to live chaste, poor and obedient in fraternal communion of life according to the Constitutions of the Servants of Charity. May the grace of the Holy Spirit and the charity of my confreres help me to respond faithfully every day to the call of the Lord and to proclaim the Gospel with my life.

Celebrant: In the name of the Church and of the Institute I accept your vows for one year. May the Lord grant you to bring your offering to fulfillment by uniting it to the Eucharistic Sacrifice.

## 6. RITE OF PERPETUAL PROFESSION OF RELIGIOUS VOWS

To be done during the celebration of the Eucharist.

**OPENING PRAYER** 

God our Father, you have caused the grace of baptism to bear such fruit in your servant N., that he now strives to follow your Son more closely.

Let him rightly aim at truly evangelical perfection and increase the holiness and apostolic zeal of your Church.

We ask this through our Lord Jesus Christ, your Son, who lives and reigns with you and the Holy Spirit, one God, for ever and ever.

Amen.

#### CALLING OF THE CANDIDATE

After the Gospel the celebrant and the people sit, but the candidate stands. The deacon calls the candidate by name.

Deacon: Brother N.

Candidate: Present Celebrant: My dear brother, what do you ask of God and of his holy Church?

Candidate: With the help of God, I, ..., have come to know the life of religious dedication in your community. Father, I now ask to be allowed to make perpetual profession in this religious community of the Servants of Charity for the glory of God and the service of the Church.

Celebrant and all the members of the religious community reply: Thanks be to God.

HOMILY

EXAMINATION OF THE CANDIDATE

Celebrant and people sit, but the candidate stands in front of the celebrant.

Celebrant: Dear Brother N., in baptism you have already died to sin and been consecrated to God's service. Are you now resolved to unite yourself more closely to God by the bond of perpetual profession? Candidate: I am.

Celebrant: Are you resolved, with the help of God, to undertake that life of perfect chastity, obedience, and poverty chosen for themselves by Christ our Lord and his Virgin Mother, and to persevere in it for ever? Candidate: I am. Celebrant: Are you resolved to strive steadfastly for perfection in the love of God and of your neighbor by living the Gospel with all your heart and keeping the Rule of this religious community?

Candidate: I am.

Celebrant: Are you resolved, with the help of the Holy Spirit, to spend your whole life in the generous service of God's people?

Candidate: I am.

Celebrant: Are you resolved to live for God alone, in silence, in persevering prayer, in willing penance, in humble work and in holiness of life?

Candidate: I am.

Celebrant: May God who has begun the good work in you bring it to fulfillment before the day of Christ Jesus.

All: Amen.

LITANY OF THE SAINTS

All then rise. The celebrant stands, with hands joined, and says, facing the people:

Dear friends in Christ, let us pray to God the almighty Father for this servant of his whom he has called to follow Christ in the religious life; in his love may he bless him with his grace and strengthen him in his holy purpose.

All kneel.

The candidate prostrates himself on the floor.

Lord, have mercy	Lord, have mercy
Christ, have mercy	Christ, have mercy
Lord, have mercy	Lord, have mercy
Holy Mary, Mother of God	pray for us
Saint Michael	
Holy angels of God	
Saint John the Baptist	
Saint Joseph	
Saint Peter and Saint Paul	
Saint John	
Saint Mary Magdalene	
Saint Stephen and Saint Lawrence	
Saint Agnes	
Saint Basil	
Saint Augustine	
Saint Benedict	
Saint Bernard	
Saint Francis and Saint Dominic	
Saint Ignatius of Loyola	
Saint Vincent de Paul	
Saint Cajetan	
Saint Joseph Cottolengo	
Saint John Bosco	
Saint Pius X	
Saint Catherine of Siena	
Saint Teresa of Jesus	
(patron Saints)	
Blessed Louis Guanella	
Blessed Clare Bosatta	

#### All holy men and women

Lord, be merciful	Lord, save your people
From all evil	
From every sin	
From everlasting death	
By your coming as man	
By your death and rising to ne	w life
By your gift of the Holy Spirit	
Be merciful to us sinners	Lord, hear our prayer

By the self-offering of your servants and their apostolic work, make the life of your Church ever more fruitful *Lord, hear our prayer* 

Give in ever greater abundance the gifts of the Holy Spirit to your servant, Pope N., and to all his brother bishops. *Lord, hear our prayer* 

By the life and labor of all religious promote the welfare of all people *Lord, hear our prayer* 

Grant that all religious communities may live and grow in the love of Christ and the spirit of their founders. *Lord, hear our prayer* 

Give to all who profess the Gospel counsels a fuller share in the work of redemption. *Lord, hear our prayer* 

Reward a hundredfold the parents of your servant(s) for the sacrifice they have made. *Lord, hear our prayer* 

Make this servant of yours more and more like Christ, the firstborn among many. Lord, hear our prayer

Give this servant of yours the grace of perseverance. Lord, hear our prayer

Bless this brother of ours, your servant, make him holy, and consecrate him to your service.

Lord, hear our prayer

Jesus, Son of the living God	Lord, hear our prayer
Christ, hear us	Christ, hear us
Lord Jesus, hear our prayer	Lord Jesus, hear us

The celebrant says:

Lord, grant the prayers of your people.

Prepare the heart of your servant for consecration to your service.

By the grace of the Holy Spirit purify him from all sin and set him on fire with your love.

We ask this through Christ our Lord. Amen.

The candidate rises and kneels or stands in front of his Major Superior.

I, .... ,

in the presence of the Most Holy Trinity, the Father, Son, and Holy Spirit, desiring to follow our Lord Jesus more closely and serve Him in those brothers who are most needy, relying on the intercession of the Immaculate Virgin, and the protection of our Blessed Founder, today, before the Church, place in the hands of the (Superior General - Provincial Superior -Superior of the Vice-Province - Delegate of the...) the vows I make to God for the rest of my life to live chaste, poor and obedient in fraternal communion of life according to the Constitutions of the Servants of Charity. May the grace of the Holy Spirit and the charity of my confreres help me to respond faithfully every day to the call of the Lord and to proclaim the Gospel with my life.

The Superior answers:

In the name of the Church and of the Institute I accept your vows for the rest of your life.

May the Lord grant you to bring your offering to fulfillment, by uniting it to the Eucharistic Sacrifice.

The newly professed goes to the altar to place on it the formula of profession and to sign the document of profession upon the altar itself.

SOLEMN BLESSING OR CONSEGRATION OF THE PROFESSED

The newly professed kneels; the celebrant with hands extended over him says the prayer of blessing:

Father in heaven, source of all holiness, creator of the human race, your love for us was so great that you gave us a share in your own divine life.

Neither the sin of Adam nor even the sins of the whole world could alter your loving purpose.

In the dawn of history you gave us Abel as an example of holiness.

Later, from your beloved Hebrew people you raised up men and women graced with every virtue.

Foremost among them all stands Mary, the ever-virgin daughter of Zion. From her pure womb was born Jesus Christ, your eternal Word, the Savior of the world. You sent him, Father, as our pattern of holiness.

He became poor to make us rich, a slave to set us free. With love no words can tell he redeemed the world by his paschal mystery and won from you the gifts of the Spirit to sanctify his Church.

The voice of the Spirit has drawn countless numbers of your children to follow in the footsteps of your Son. They leave all things to be one with you in the bonds of love and give themselves wholly to your service and the service of all your people.

Look with favor, then, on N. who has heard your call. Send him the Spirit of holiness; help him to fulfill in faith what you have enabled him to promise in joy.

Keep always before his eyes Christ, the divine teacher.

Give him perfect chastity, ungrudging poverty, and wholehearted obedience.

May he glorify you by his humility, serve you with docility, and be one with you in fervent love.

May he build up the Church by the holiness of his life, advance the salvation of the world, and stand as a sign of the blessings that are to come.

Lord, protect and guide this servant of yours. At the judgment seat of your Son be yourself his great reward. Give him the joy of vows fulfilled.

Made perfect in your love, may he rejoice in the communion of your saints and praise you for ever in their company.

We ask this through Christ our Lord.

All: Amen.

PRESENTATION OF THE INSIGNIA OF PROFESSION (where customary)

Celebrant and all sit. The newly professed kneels in front of the Superior.

Dear Brother, receive this (ring, crucifix, icon...) as a sign of your consecration.

May you be as closely united to the Lord in your heart as it proclaims you to be.

The professed replies: Amen.

STATEMENT OF ADMISSION AND SIGN OF PEACE

Celebrant: We confirm that you are now one with us as a member of this religious community of the Servants of Charity, sharing all things in common with us now and in the future.

Be faithful to the ministry the Church entrusts to you to be carried out in its name.

(The members of the community) Amen.

Dear N., the peace of Christ, the risen Lord, be with you.

The Celebrant and all the Confreres give a sign of peace to the newly professed.

The General Intercessions are not to be said. The Rite of the Offertort follows.

PRAYER OVER THE GIFTS

Lord, accept the gifts and the vows of your servant N. Strengthen him by your love as he professes the evangelical counsels. We ask this through Christ our Lord. Amen.

PREFACE OF RELIGIOUS PROFESSION

The Lord be with you. *And also with you.* 

Lift up your hearts. *We lift them up to the Lord.* 

Let us give thanks to the Lord our God. *It is right to give him thanks and praise.* 

Father, all-powerful and ever-living God, we do well always and everywhere to give you thanks through Jesus Christ our Lord.

He came, the son of a virgin mother, named those blessed who were pure of heart, and taught by his whole life the perfection of chastity.

He chose always to fulfill your holy will, and became obedient even to dying for us, offering himself to you as a perfect oblation.

He consecrated more closely to your service those who leave all things for your sake, and promised that they would find a heavenly treasure. And so, with all the angels and saints we proclaim your glory and join in their unending hymn of praise:

Holy, Holy, Holy...

PRAYER AFTER COMMUNION

#### Let us pray.

Lord, as we share these sacred mysteries, we pray for vour servant N. who is bound to you by his holy offering.Increase in him the fire of your Holy Spirit and unite him in eternal fellowship with your Son, who is Lord for ever and ever. Amen.

The Lord be with you.

- And also with you.

The newly consecrated religious stands before the altar.

Deacon: Bow your heads and pray for God's blessing.

Celebrant: May God who is the source of all good intentions enlighten your mind and strenghten your heart.May he help you to fulfill with steadfast faith all you have promised. Amen.

May the Lord enable you to travel in the joy of Christ as you follow along his way, and may you gladly share each other's burdens. Amen.

May the love of God unite you, and make you a true family praising his name and showing forth Christ's love. Amen.

May almighty God, the Father, and the Son, and the Holy Spirit, bless all of you who have taken part in these sacred celebrations. Amen.

Deacon: The Mass is ended, go in peace, to love and serve the Lord.

All. Thanks be to God

#### 7. SOLEMNITY OF THE SACRED HEART OF JESUS

RENEWAL OF RELIGIOUS VOWS

We.

Servants of Charity, in the presence of the Most Holy Trinity, the Father, Son and Holy Spirit, desiring to follow our Lord Jesus Christ more closely and to serve Him in those brothers who are most in need, relying on the intercession of the Immaculate Virgin Mary and the protection of our Blessed Founder. on the solemnity of the Sacred Heart of Jesus, before the Church, renew to God the vows to live chaste, poor and obedient in fraternal communion of life according to the Constitutions of the Servants of Charity. May the grace of the Holy Spirit and the charity of our confreres help us to respond faithfully every day to the call of the Lord and to proclaim the Gospel with our life.

The Superior answers saying:

May the Lord grant us to bring our offering to fulfillment,by uniting it to the Eucharistic Sacrifice. All: Amen.

### 8. PROFESSION AND OATH OF FAITH TO BE MADE BY NEW SUPERIORS AND THEIR VICAR

I believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is seen and unseen. I believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us men and for our salvation, he came down from heaven: by the power of the Holy Spirit he became incarnate of the Virgin Mary, and became man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshipped and glorified. He has spoken through the Prophets.

I believe in one holy catholic and apostolic Church. I acknowledge one baptism for the forgiveness of sins. I look for the resurrection of the dead, and the life of the

world to come. Amen.

With firm faith, I also believe everything contained in the Word of God, whether written or handed down in Tradition, which the Church, either by a solemn judgement or by the ordinary and universal Magisterium, sets forth to be believed as divinely revealed.

I also firmly accept and hold each and everything definitively proposed by the Church regarding teaching on faith and morals.

Moreover, I adhere with religious submission of will and intellect to the teachings which either the Roman Pontiff or the College of Bishops enunciate when they exercise their authentic Magisterium, even if they do not intend to proclaim these teachings by a definitive act.

# Oath of fidelity on assuming an offce to be exercised in the name of the Church

The right hand has to be placed on the Bible.

I, N., in assuming the office of..., promise that in my words and in my actions I shall always preserve communion with the Catholic Church.

With great care and fidelity I shall carry out the duties incumbent on me toward the Church, both universal and particular, in which, according to the provisions of the law, I have been called to exercise my service.

In fulfilling the charge entrusted to me in the name of the Church, I shall hold fast to the deposit of faith in its entirety; I shall faithfully hand it on and explain it, and I shall avoid any teachings contrary to it.

I shall foster the common discipline of the entire Church and I shall insist on the observance of all ecclesiastical laws, especially those contained in the Code of Canon Law.

With Christian obedience I shall follow what the Bishops, as authentic doctors and teachers of the faith, declare, or what they, as those who govern the Church, establish. I shall also - with due regard for the character and purpose of my Institute - faithfully assist the diocesan Bishops, so that the apostolic activity, exercised in the name and by mandate of the Church, may be carried out in communion with the Church.

So help me God, and God's Holy Gospels on which I place my hand.

## INSTITUTIONS OF THE MINISTRIES OF READER AND ACOLYTE

## The Institution of Reader

INTRODUCTION

 Readers are instituted by the Bishop or the Major Superior of a clerical Religious Institute. The rite takes place during Mass or during a celebration of the Word of God.
 The readings are taken in whole or in part from the liturgy of the day.

THE INSTITUTION OF READERS

3. After the gospel, the celebrant sits, and the appointed deacon or priest calls the candidates:

Those to be instituted in the ministry of reader please come forward.

The candidates are called by name, and each one answers:

Candidates: Present

and go to the celebrant, before whom they make a sign of reverence.

#### INSTRUCTION

4. Then all sit, and the celebrant gives the homily, which he concludes by speaking to the candidates in these or similar words:

Dear sons in Christ: Through his Son, who became man for us, God the Father has revealed the mystery of salvation and brought it to fulfillment.

Jesus Christ made all things known to us and then

entrusted his Church with the mission of preaching the Gospel to the whole world.

As readers and bearers of God's Word, you will assist in this mission, and so take on a special office within the Christian community; you will be given a responsability in the service of the faith, which is rooted in the Word of God.

You will proclaim that word in the liturgical assembly, instruct children and adults in the faith, and prepare them to receive the sacraments worthily.

You will bring the message of salvation to those who have not yet received it.

Thus with your help, men and women will come to know God our Father and his Son Jesus Christ, whom He sent, and so be able to reach eternal life.

In proclaiming God's word to others, accept it yourselves in obedience to the Holy Spirit.

Medidate on it constantly, so that each day you will have a deeper love of the Scriptures, and in all you say and do show forth to the world our Savior, Jesus Christ.

INVITATION TO PRAYER

5. Then all stand, and the celebrant invites the faithful to pray:

Brothers and sisters, let us ask God our Father to bless these servants who have been chosen for the ministry of reader.

Let us pray that they may be faithful to the work entrusted to them, proclaim Christ to the world, and so give glory to our Father in heaven. All pray in silence for a brief period.

Prayer

Lord God, source of all goodness and light, you sent your only Son, the Word of life, to reveal to mankind the mystery of your love.

Bless + our brothers who have been chosen for the ministry of reader.

Grant them as they medidate constantly on your Word they may grow in its wisdom and faithfully proclaim it to our people.

We ask this through Christ our Lord. Amen.

INSTITUTION

7. Each candidate goes to the celebrant, who gives him the Bible, saying:

Take this book of holy Scripture and be faithful in handing on the Word of God, so that it may grow strong in the hearts of his people.

The reader answers: Amen

8. If the institution of readers takes place during Mass, the Mass continues as usual.

If the institution takes place during a celebration of the word, the celebrant blesses the assembly and dismisses it in the usual manner.

### The Institution of Acolyte

#### INTRODUCTION

1. Acolytes are instituted by the Bishop or the Major Superior of a clerical Religious Institute. The rite takes place during Mass.

2. The readings are taken in whole or in part from the liturgy of the day.

#### THE INSTITUTION OF ACOLYTES

3. After the gospel, the celebrant sits, and the appointed deacon or priest calls the candidates:

Those to be instituted in the ministry of acolyte please come forward.

The candidates are called by name, and each one answers:

Candidates: Present,

and go to the celebrant, before whom they make a sign of reverence.

#### INSTRUCTION

4. Then all sit, and the celebrant gives the homily, which he concludes by speaking to the candidates in these or similar words:

Dear sons in Christ: As people chosen for the ministry of acolyte, you will have a special role in the Church's ministry.

The summit and source of the Church's life is the Eucharist, which builds up the Christian community and makes it grow.

It is your responsability to assist priests and deacons in carrying out their ministry, and, as extraordinary ministers, to give Holy Communion to the faithful at the liturgy and to the sick.

Because you are especially called to this ministry, you should strive to live more fully by the Lord's sacrifice and to be molded more perfectly in its likeness.

You should seek to understand the deep spiritual meaning of what you do, so that you may offer yourselves daily to God as spiritual sacrifices acceptable to him through Jesus Christ.

In performing your ministry bear in mind that, as you share the one bread with your brothers and sisters, so you form one body with them.

Show sincere love for Christ's Mystical Body, God's holy people, and especially for the weak and the sick. Be obedient to the commandment which the Lord gave to his apostles at the Last Supper "Love one another as I also have loved you."

#### INVITATION TO PRAYER

5. Then all stand, and the celebrant invites the faithful to pray:

Brothers and sisters, let us pray to the Lord for those chosen by him to serve in the ministry of acolyte. Let us ask him to fill them with his blessing and strengthen them for faithful service in his Church.

#### PRAYER

God of mercy, through your only Son you entrusted the

334 RITES FOR RELIGIOUS LIFE - READER, ACOLYTE

Bread of Life to your Church.

Bless + our brothers who have been chosen for the ministry of acolyte.

Grant that they may be faithful in the service of your altar and in giving to others the Bread of Life; may they grow always in faith and love, and so build up your Church.

We ask this through Christ our Lord. Amen.

#### INSTITUTION

7. Each candidate goes to the celebrant, who gives him the vessels with the bread and wine to be consecrated, saying:

Take these vessels with the bread and wine for the celebration of the Eucharist. Make your life worthy of your service at the table of the Lord and of his Church.

The acolyte answers: Amen.

8. At the preparation of the gifts, the acolytes present the paten with the bread and the chalice with the wine.

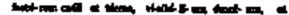
9. The acolytes receive communion immediately after the deacons.

10. In the Mass of institution, the Bishop or the Major Superior may direct the acolyte as an extraordinary minister to help in giving communion to the faithful. **Gregorian Chants** 

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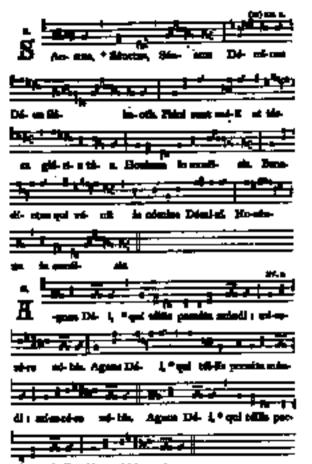




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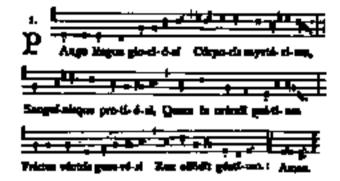
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## Pange, lingua



- 2. Nobis datus, nobis natus ex intacta Virgine, et in mundo conversatus, sparso verbi semine, sui moras incolatus miro clausit ordine.
  - 3. In supremae nocte cenae recumbens cum fratribus, observata lege plene cibis in legalibus cibum turbae duodenae se dat suis manibus.
  - 4. Verbum caro panem verum verbo carnem efficit, fitque sanguis Christi merum, et, si sensus deficit, ad firmandum cor sincerum sola fides sufficit. Amen





<sup>2.</sup> Visus, tactus, gustus in te fallitur, Sed auditu solo tuto creditur; credo quidquid dixit Dei Filius: nil hoc verbo veritatis verius.

3. In cruce latebat sola Deitas, at hic latet simul et humanitas: ambo tamen credens atque confitens, peto quod petivit latro paenitens.

4. Plagas, sicut Thomas, non intueor, deum tamen meum te confiteor: fac me tibi semper magis credere, in te spem habere, te diligere.

5. O memoriale mortis Domini, panis vivus vitam praestans homini: praesta meae menti de te vivere, et te illi semper dulce sapere.

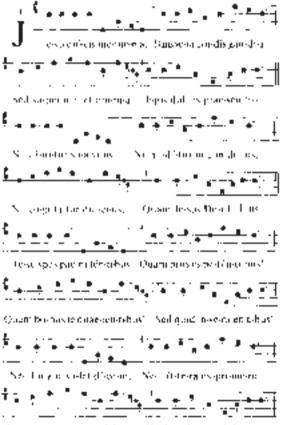
6. Pie pellicane, Jesu Domine, me immundum munda tuo sanguine, cujus una stilla salvum facere totum mundum quit ab omni scelere.

7. Jesu, quem velatum nunc aspicio, oro fiat illud quod tam sitio, ut te revelata cernens facie, visu sim beatus tuae gloriae. Amen.



## Jesu dulcis memoria

MANUAL OF PRAYER



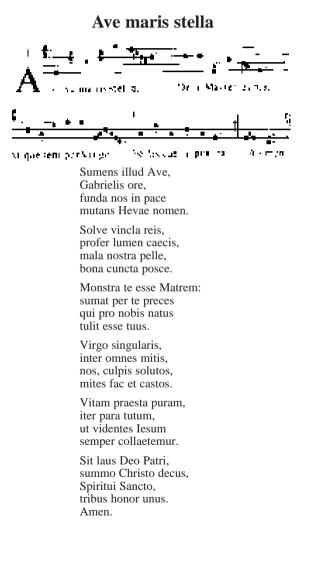
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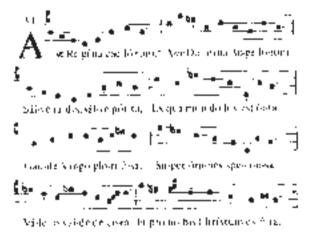
## Homo quidam



347

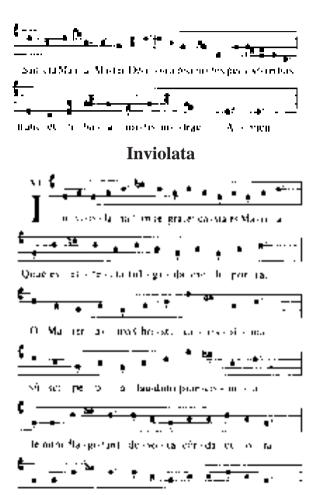


## Ave Regina Caelorum



## Ave Maria





Norsharing paring independent of acceptions



## **Salve Regina**

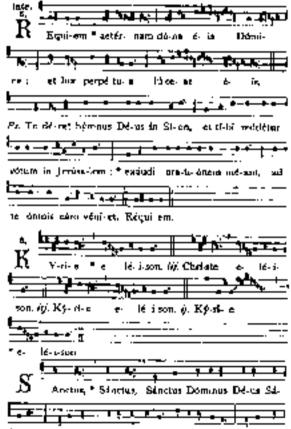


## Ubi caritas





## Missa pro defunctis



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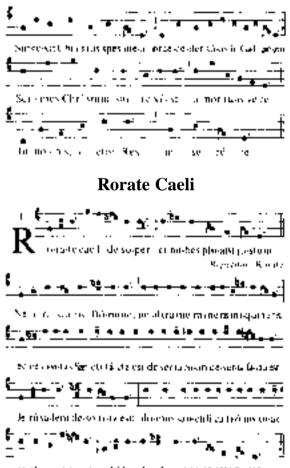


edinetās tā- is in aetēmum, iga - a pieus es.

## **In Paradisum**







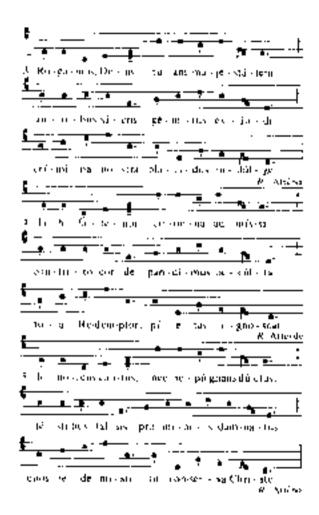
intights more thanks in a data and a second the particle monitor



of mit - le quem mis - su - cas - esc













<sup>2.</sup> Qui duceris Paracletus, donum Dei stussimi. Fons vivas, ignis, caritas et spiritalis unctio.

3. To septiformis monere. doctine Der to digitas. tu rite promissum Paaris, sermone ditans puttera.

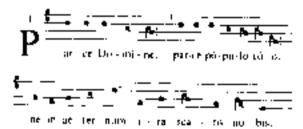
4. Accende Jumen sensibus, intundo amorem cordibus.

informa neisori corporisvirtule femore perpeti-

5. Hosteni repellas longius pacemque dones protatius; ductore siche proeven vitence conce notion.

6. Per te sciamus da Patremness and state Filteria. se utnusque Spiritum credamus emmitempore.

## **Pro Pace**



## **Parce Domine**



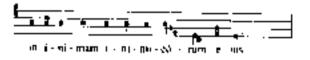


**Pro Summo Pontifice** 

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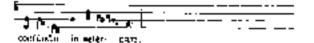




en-frestant. Te ver auten terra-ban sanzta coné télat -



na fué com salectos tos os in gill-ris a pametrás na Salvon ----tae pópu-lum testars Démine. - et déno dir hesto data-ti to set. Et renge en de l'et diet Ante dilles avque as actée-num. Per kingu-Na d., es de ne-di-timuk te. - Et lac-dâmes nomen cullum în spéculium, et lin spéculium saéculi. <u>....</u> Degná-re Dúmi ne ili- e natu si-ne percá-tu pos custodi-so. Mi-ac-ré-re quatri Déma-ad, ma-ad-co-re quatra \*\*\* \*\* \*\* \*\* \* Front mistavisientode a sur a Dátorone super nos, quemádmo-. dum spectrummes in the life to Domine specific will can



## **Pater noster**

